

## 711 - Illinois Relay Service

Sprint TRS Customer Service  
PO Box 29230  
Shawnee Mission, KS 66201-9230

Call 7-1-1 National TRS  
(800) 526-0844 TTY Users  
(800) 526-0857 Voice Users  
(800) 501-0864 TTY Users (Spanish)  
(800) 501-0865 Voice Users (Spanish)  
(877) 826-1130 VCO (Voice Carryover)  
(877) 526-6690 Speech to Speech  
(877) 526-6680 ASCII  
(877) 526-6670 Telebraille Users  
(800) 676-3777 Sprint Relay Customer Service

www.illinoisrelay711.com  
sprint.trscustserv@mail.sprint.com

*Emma Danielson, Manager/Illinois Rep*

**Area Served:** Illinois

**Other Languages:** Spanish.

### Services

#### **Telecommunication Relay Services**

**Description:** Assists in conversations between text telephone users and hearing individuals who use a standard phone. Trained operators relay conversations by typing spoken words into a text telephone unit and speaking the typed words received from the text telephone caller. Also handles Telebraille calls for deaf and blind users and Speech to Speech calls for individuals whose speech is unintelligible (e.g., someone who has Lou Gehrig's disease).

**Fees:** No fees, except long distance call charges.

## ABC Counseling and Family Service

705 E. Lincoln, Suite 303  
Normal, IL 61761

(309) 451-9495 Voice  
(309) 451-9404 FAX

www.abccounseling.org

*Lynn Willard, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** Central Illinois. Adoption Program serves all of Illinois.

**Other Languages:** Spanish

**Accessibility:** Full wheelchair access.

### Services

#### **Adolescent/Youth Counseling \* Child/Adolescent Sex Offenders**

**Description:** Juvenile Sex Offender Assessment/Treatment Program (JSO A/TP) is available for adolescent sex offenders who meet certain criteria and may be served in a community-based treatment program. JSO A/TP provides a comprehensive assessment and testing process to assist in determining placement and treatment need. JSO specific treatment includes individual and group counseling for the offender and their parents or caretakers. Eligibility requires waiver of confidentiality.

**Area Served:** Central Illinois.

**Fees:** Insurance accepted; otherwise, sliding fee scale.

#### **Adoption Services**

**Description:** 1) Adoption Program Services identifies infant adoptions. Provides adoption home studies for domestic and international adoptions and facilitates foster licensing in a timely manner. Direct hospital placements are done whenever possible. Adoption seminars and support groups provided during the waiting period. ABC helps with Interstate Compact adoptive placements. They have flexible requirements for adoptive parents, e.g., age, length of marriage.

2) Birth Parents Program Services offers a full range of social supports, e.g., housing, finances, medical, etc. Counseling is available for unplanned pregnancies. Adoption planning is offered, which may include meetings between birth parents and adoptive parents. Facilitates networking of birth parents who can talk to clients considering adoption.

**Area Served:** State of Illinois.

**Fees:** Fee for service.

**Referral Procedures:** By phone.

<continued...>

### **Child Abuse Counseling**

**Description:** Child Victims of Sexual Abuse and Sexually Reactive Children - Assessment, treatment, and comprehensive risk assessment to determine treatment need of child. Psycho-educational classes are available for parents of children affected by sexual abuse. Also offers individual and group counseling.

**Area Served:** Central Illinois.

**Documents Needed:** Proof of income.

**Fees:** Insurance accepted; otherwise, sliding fee scale.

### **Air Care Alliance, The**

2060 State Highway 595  
Lindrith, NM 87029

(888) 260-9707 Toll-free

(815) 572-9192 FAX

[www.aircareall.org](http://www.aircareall.org)

[inquiries@aircareall.org](mailto:inquiries@aircareall.org)

*Rol Murrow, Chairman & President*

**Area Served:** Nationwide Service.

#### **Services**

#### ***Air Transportation \* Information Clearinghouses \* Mercy Flights***

**Description:** The Air Care Alliance is a nationwide league of humanitarian flying organizations whose volunteer pilots are dedicated to community service. The ACA site describes their mission and lists all the groups whose volunteers perform public benefit flying for health care, patient transport, disaster relief, environmental support, and other missions of public service.

ACA is a "one-stop" central listing for FREE air transportation services provided by volunteer pilots and charitable aviation groups.

To find a group serving your area, go to the website and click the "listings" button on the left of the screen. If you do not have Internet access, call the toll-free

number listed.

Please note that the groups listed DO NOT fly patients or supplies when insurance or other funds can provide commercial transport via air ambulance, charter, or airline. The public benefit flying volunteers fly only when financial need or other special circumstances mean a compelling human need would go unfulfilled.

### **All Kids & FamilyCare**

P.O. Box 19122

Springfield, IL 62794-9122

(866) 255-5437 Toll-free

(877) 204-1012 TTY

[www.allkidscovered.com](http://www.allkidscovered.com)

**Area Served:** Illinois.

#### **Services**

#### ***Health Insurance***

**Description:** All Kids is complete health insurance for Illinois children. All Kids covers doctor visits, hospital stays, prescription drugs, vision care, dental care and eyeglasses. All Kids covers regular check-ups and immunization shots. All Kids also covers special services like medical equipment, speech therapy and physical therapy for children who need them. The All Kids Bridge provides coverage for children with pre-existing conditions who become too old for All Kids and have no access to insurance. These young adults, who suffer from cancer, diabetes, and other pre-existing conditions, will be able to continue coverage until the age of 21 at the same cost they paid for All Kids. The Moms & Babies Program covers pregnant women and their babies. Some families can choose to get help to pay for private health insurance for their children through a rebate option. The All Kids rebate is a monthly amount for families that already pay for private or employer-sponsored health care for their children.

<continued...>

FamilyCare covers parents living with their children 18 years old or younger. FamilyCare also covers grandparents or other relatives who are raising children in place of their parents. Like All Kids, FamilyCare covers doctor visits, dental care, specialty medical services, hospital care, emergency services, prescription drugs and more. For more details, see the All Kids web site for a link to the FamilyCare web site or go to [www.familycareillinois.com](http://www.familycareillinois.com). For information on all health insurance options through the State of Illinois, see the Illinois Health Care Portal web site [www.health.illinois.gov](http://www.health.illinois.gov).

**Eligibility:** Children can get All Kids health insurance if they live in Illinois; are age 18 or younger; and they meet the insurance requirements (that children must be uninsured for 12 months to get All Kids).

**Maximum Income Guidelines:** There are no income limits; children can qualify for All Kids no matter how much money their parents earn. For detailed information about FamilyCare costs, see the web site or call to request the "Income Standards and Cost Sharing Chart."

**Additional Information:** How do parents find doctors that accept All Kids? Illinois Health Connect is a new program that works with All Kids to manage enrollees' healthcare by helping them pick a doctor or clinic for their medical home. Most enrollees have to pick a medical home. Illinois Health Connect or the Illinois Client Enrollment Broker helps enrollees choose a medical home.

**Fees:** Some families get All Kids for free and some families have to pay premiums and co-payments; it depends on their income.

**Referral Procedures:** The easiest way to apply for All Kids is using the Internet. Parents can fill in and submit an All Kids application online or they can download and print a copy of the All Kids application from the website, then send it in. They may also request to be sent an application in the mail, by calling the All-Kids phone line. Parents and children can apply on the same application.

## Alzheimer's Association-Greater Illinois Chapter

303 N. Hershey, Suite 2A  
Bloomington, IL 61704

(309) 662-8392 Voice  
(309) 664-0495 FAX  
(800) 272-3900 24-hour Helpline - All languages  
(888) 572-8566 Safe Return Hotline

[www.alz.org/illinois](http://www.alz.org/illinois)  
[robert.baker@alz.org](mailto:robert.baker@alz.org)

*Robert Baker, Program Manager*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Livingston, McLean, Moultrie, Piatt, Shelby, Vermilion, Woodford.

**Other Languages:** The Alzheimer's 24-hour Helpline can accommodate Spanish, as well as 140 different languages.

### Services

#### ***Disease/Disability Information \* Alzheimer's Disease***

**Description:** Pamphlets, books, and videos designed to help families and professionals deal with and understand Alzheimer's disease and related disorders.

#### ***Legislation Information \* Alzheimer's Disease***

**Description:** Keeps abreast of all state and federal legislation and lobbies for changes in the law to better support victim, spouse, and families.

#### ***Safe Return***

#### ***Missing Persons Location Assistance***

**Description:** Safe Return is a nationwide program that helps identify, locate, and safely return individuals who are memory impaired due to Alzheimer's or related disorders. Call the hotline to report a wandering incident or call to register an individual.

**Fees:** One-time fee of \$40. In return, will receive I.D. bracelet, iron-on patches, key tags, phone stickers, wallet I.D.

<continued...>

### **Mutual Support Groups \* Families/Friends of People with Alzheimer's Disease**

**Description:** Support groups are available for families/caregivers of people with Alzheimer's disease and other dementias in McLean and surrounding counties. Please call the Association office or 24/7 Helpline for meeting information.

**Fees:** No fee.

### **Care Navigation Specialized Information and Referral \* Dementia**

**Description:** Care Consultations are available to clients by care navigators who are licensed professionals within the field of Social Work or Counseling. Care Navigators provide a group of services to assist the person with Alzheimer's disease or other types of dementia and/or their families for dealing with all aspects of the illness. The series of interactions consist of: assessment of needs; assistance with planning & problem solving; the development of an action plan; and provision of support. Other services include providing information and making referrals, as appropriate, and supportive listening and follow up. Care Navigators are knowledgeable about information pertaining to the disease and referral resources in the community.

**Fees:** Fees based on a sliding scale.

### **Memory Loss Program Support Groups \* Alzheimer's Disease**

**Description:** This program is presented in a supportive group seminar format for individuals with early symptoms of memory loss or dementia, who are aware of their memory loss and are concerned about their symptoms. During the seminar sessions, participants will exchange information, share feelings, and gain support in an informal, group discussion setting. Trained group facilitators will offer information and assistance. Experts from the community will provide information on specific

topics relating to dementia. There is a concurrent group offered at the same time for the care-partner of the participant. A Graduate Group will meet once a month for six months at the conclusion of the seminar sessions.

**Meetings:** Please contact the Association office for seminar start dates, times, and location.

**Fees:** No fee.

### **American Cancer Society - West Central Region**

4234 N. Knoxville, Ste B  
Peoria, IL 61614

(800) 227-2345 Toll-free/24 hrs

(800) 322-4577 Toll-free

(309) 688-3488 Voice-Peoria

(309) 688-9493 FAX

[www.cancer.org](http://www.cancer.org)

*Courtney Heiser, Patient Services  
Representative*

**Area Served:** DeWitt, Fulton, Livingston, Macon, Marshall, Mason, McDonough, McLean, Peoria, Putnam, Tazewell, Woodford Counties.

### **Services**

#### ***Disease/Disability Information \* Cancer Medical Transportation \* Cancer***

**Description:** 1) Cancer information and referral: 24 hours a day, 365 days a year, including every holiday, we answer your questions about cancer. By calling the 800 number above or visiting [www.cancer.org](http://www.cancer.org), you will find:

-Information about the nature of a patient's cancer and treatment options.

-Facts about a cancer patient's rights.

-Assistance in locating financial aid resources.

-Direction in locating a second opinion through facilities with cancer programs approved by the American College of Surgeons.

-Assistance in securing free or low-cost lodging for patients receiving treatment away from home.

-Information on a variety of ACS programs

<continued...>

and services.

- 2) Reach to Recovery: This program is for any person undergoing treatment for breast cancer. When a person is referred to us, they receive a kit of useful information and are contacted by a Reach to Recovery volunteer that has been specially trained to provide support and empathy to the patient. For further information, see separate listing.
- 3) Road to Recovery Program: This program provides free rides to cancer treatment appointments for any cancer patient.
- 4) Look Good...Feel Better: This is a program for any woman undergoing treatment for cancer. Sessions given by trained cosmetologists teach patients about skin care, nail care, and wig care or hair wraps. Each participant will receive a free cosmetic kit to take home. This program is offered the first Monday of the month at the Community Cancer Center in Normal.
- 5) Community and work site education and wellness programs.

**Fees:** No fees.

## American Lung Association

3000 Kelly Lane  
Springfield, IL 62701

(800) 548-8252 Call Center  
(866) 784-8937 Tobacco Quit Line  
(800) 586-4872 Toll-free  
(217) 787-5916 FAX  
(217) 787-5864 Office

www.lungil.org  
info@lungil.org

*Harold Wimmer, CEO*

**Hours:** Office: M-F, 8:00 am - 4:30 pm  
Call Ctr & Quit Line: M-F, 7:00 am - 7:00 pm

### Services

#### ***Disease/Disability Information***

**Description:** A variety of educational programs and materials offered for all age groups on topics including Smoking Prevention and Cessation, Asthma, Pediatric and Adult Lung Diseases, Chronic Obstructive Lung Disease, Tuberculosis, and Air Pollution. Following are some of the special

programs sponsored and supported by the American Lung Association:

- 1) The Call Center staffs RN's and RTT's (Registered Respiratory Therapists) to answer questions on a wide variety of breathing-related issues. Questions can be submitted by e-mail, as well, when visiting the ALA web site.
- 2) "Smoke Free That's Me" for second, fourth, and sixth grade students.
- 3) Asthma 101 is an informational school program for teachers, caregivers, parents, churches, etc. to understand how to deal with asthmatic children at school.
- 4) Family Asthma Program.
- 5) Freedom From Smoking.
- 6) N-O-T (Not On Tobacco) school-based smoking prevention for teens.
- 7) TATU (Teens Against Tobacco Use) uses teenagers, 14 to 17, to mentor younger children about the dangers of smoking.

**Fees:** No fee

## American Red Cross - Mid Illinois Chapter

Chapter Headquarters  
2674 N. Main Street  
Decatur, IL 62526

(217) 428-7758 Voice  
(217) 423-8260 FAX

www.midillinoisredcross.org

*Dennis Eller, Executive Director*

**Area Served:** DeWitt, Macon, Moultrie, Shelby Counties.

### Sites

#### **1. ARC - DeWitt County Office**

201 W. Washington  
Clinton, IL 61727

(217) 935-3922 Voice  
(217) 935-4733 FAX

*Maureen Kuchy, DeWitt Co Outreach Coordinator*

<continued...>

## Services

### **Disaster Response Services**

**Sites:** 1

### **Autism Program of Illinois**

928 South Spring Street  
Springfield, IL 62704-2725

(217) 525-8332 Voice

(217) 789-1420 FAX

www.theautismprogram.org  
theautismprogram@thehopeinstitute.us

*Georgia Winson, M.S., LCPC, Director of Operations*

**Area Served:** State of Illinois

## Services

### **Disease/Disability Specific Screening/Diagnosis \* Autism**

**Description:** The Autism Program is a network of services and supports for children with Autism Spectrum Disorders and their families. The Autism Program's three centers and two affiliates (one is located at Illinois State University) offer unique services and supports in each region of Illinois. All of the services and supports model best practice standards for diagnosis, treatment and support for children with Autism Spectrum Disorders (ASD), based on current leading research and expert consensus. Programs include:

**Diagnostic Screening Services:** Two levels of assessment are available – Level One screening and Level Two assessment. Level One screening is designed to provide an initial screen for autism spectrum disorders as well as other developmental and neurodevelopmental disorders, leading to recommendations for appropriate assessment and intervention. In Level Two, a team of clinical experts conducts a comprehensive assessment including measuring psychosocial, developmental, behavioral, language, cognitive and

adaptive functioning.

**New Diagnosis Family Orientation Program:** Assists parents, extended family and friends. It is the first step in the family's journey to create optimum growth, independence and joy for their child with an Autism Spectrum Disorder. The program includes three sessions, offered in a multi-family group format.

**Family Focused Consultation:** Focuses on increasing parent empowerment, recognizing the family as the agent of change and connecting the family with community resources and support.

**"Getting Along With Others" Social Skills Group:** Focuses on the development and enhancement of adaptive social skills in a peer-focused, professional-mediated format. The program offers monthly alumni club meetings after graduation from the group.

**ABA Crisis Clinic:** Supports families with a child who is having behavior difficulties. The clinic is intended for families who are in crisis and is lead by a behavior analyst. The clinic includes four to six sessions.

**Takoda Summer Camp:** Creates a comfortable and motivating environment in a week long day camp that will help each camper develop their individual abilities. The emphasis is on building self confidence, gaining independence and developing social skills in a fun setting. The camp is co-sponsored with the Autism Society of McLean County and Easter Seals.

**The Hope School in Springfield:** A private, not-for-profit educational and residential center that provides specialized care to more than 100 children with developmental disabilities and their families. Hope is a leader in the education and treatment of children and families profoundly affected by autism,

<continued...>

mental retardation and other disabilities.

### **Web Sites \* Autism**

**Description:** The Autism Program's web site has a wealth of information developed and designed to offer resources related to Autism Spectrum Disorders (ASD) in the form of research, training, special events, tips and techniques and other information intended for use and application by families affected by autism and professionals in the field.

### **AVERT - Collaborative Solutions Institute**

200 W. Front, Suite 400A  
Bloomington, IL 61701

(309) 828-2860 Voice  
(309) 827-2637 FAX

www.collaborativesolutions.org  
admin@collaborativesolutions.org

*Jim Strauss, MA, LCPC, Director of AVERT  
Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm; other times available, by appointment.

**Area Served:** McLean, Livingston, DeWitt, Woodford Counties, and within 50 miles of B/N.

**Other Languages:** Can make arrangement for interpreters.

**Accessibility:** Full wheelchair access.

### **Services**

#### **Anger Management \* Adults**

**Description:** Assessment, counseling, and case management for men and women who have anger, violence, or control issues in family, work, and/or other relationships. Provides assessments for the court as well as a certified treatment program.

**Fees:** Sliding scale for both assessment and treatment; some insurance may cover costs.

**Referral Procedures:** By phone or walk-in. Individuals may self-refer or be referred by a social or mental health

service, attorney, doctor, court, or family member.

### **Baby Fold, The**

108 E. Willow Street  
Normal, IL 61761

(309) 452-1170 Voice  
Admin/Hammitt Elementary  
(309) 452-0115 FAX  
(309) 454-1770 Voice  
Foster Care, Family Support, Residential Trtmt  
(309) 452-1790 Voice - Hammitt High School

www.thebabyfold.org

*Dale Strassheim, CEO*

*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm

**Area Served:** Primarily McLean County, but may extend further, depending on the program.

**Other Languages:** Spanish.

### **Sites**

#### **1. Baby Fold - Family Center**

612 Oglesby Avenue  
Normal, IL 61761

(309) 454-1770 Voice  
Foster Care, Family Support, Residential Trtmt  
(309) 454-9257 FAX

www.thebabyfold.org

*Public transportation accessible.*

### **Services**

#### **Healthy Start Program**

##### **Doulas**

##### **Family Based Services**

**Description:** The Healthy Start Program is a voluntary home visiting program for first-time parents and teenage parents. Provides support, child development information, parenting information, and referrals to community resources if needed. Services continue up to the child's fifth birthday.

Doula Services are available through this program at both The Baby Fold and The Children's Foundation. The Doula Program provides prenatal information and emotional

<continued...>

support, labor coaching, and breastfeeding support and assistance in the early days after childbirth.

**Area Served:** McLean, DeWitt, Woodford, and Piatt Counties.

**Referral Procedures:** Parents can self-refer; call the Oglesby Avenue number and ask for Healthy Start.

**Sites:** 1

### **Bariatric Buddies Support Group**

(309) 828-7502 Voice

(309) 212-2683 Cell

bariatricbuddies@aol.com

*Karen Heinrich, Contact*

#### **Services**

### ***Mutual Support Groups \* Weight Loss Surgery Patients***

**Description:** Bariatric Buddies is a support group for people who have had the weight loss surgery (WLS) or who are interested in learning more about this surgery.

**Meetings:** First Tuesday of every month at 7:00-9:00 pm, BroMenn Medical Conference Center (located east of the Emergency Room at the back of the hospital), Virginia & Franklin Avenue, Normal.

**Fees:** No fee.

### **Bloomington Area Career Center (BACC)**

1202 E. Locust Street  
Bloomington, IL 61701

(309) 829-8671 Voice

(309) 828-3546 FAX

www.bloomingtonavc.org

*Tom Frazier, Director*

**Area Served:** Serves high schools in and near McLean County. Participating schools include Bloomington, Blue Ridge, Calvary Baptist, Central Catholic, Clinton, El Paso/Gridley, Fieldcrest, Heyworth, LeRoy,

Lexington, Normal Community, Normal Community West, Olympia, Ridgeview, Tri-Valley, and University High.

#### **Services**

### ***Vocational Education***

**Description:** Through the programs offered at the BACC, students are learning a marketable career skill and gaining work experience which has helped students from participating schools to acquire entry level jobs after graduation or prepare for further education and training. Programs include (but not limited to) Automotive Technology, Computer Systems, Culinary Arts, Cosmetology, Metalworking, Graphic Arts, Health Occupations, and more.

**Agency Mission:** The mission of the Bloomington Area Career Center is to help educate students to acquire the knowledge, attitudes, and skills necessary to become healthy, happy, and productive adults in their chosen career; become enthusiastic life long learners who are able to manage change; and perpetuate and improve the democratic process which have an impact on their communities, their country and their world.

**Additional Information:** The majority of school districts served by BACC provide student transportation. Parochial schools and the university lab school expect students to provide their own transportation. BACC does not provide lunch to participating students. Students access lunch either at their home high school or on their own as they transport themselves to BACC.

**Referral Procedures:** Students apply for enrollment in BACC by contacting their home high school guidance counselor.



## **Boy Scouts of America, Bloomington Service Center**

203 E. Locust Street, Suite C  
Bloomington, IL 61701

(309) 828-6983 Voice  
(309) 828-6935 FAX  
(800) 369-5069 Toll-free/Peoria Hdqtrts

[www.wdboyce.org](http://www.wdboyce.org)

*Scott Thiessen, Senior  
Executive/Crossroads District  
Public transportation accessible.*

**Hours:** Office & Scout Shop: M-F, 9:00 am  
- 5:00 pm

**Area Served:** Serves 14 counties including  
McLean, Livingston and DeWitt.

**Other Languages:** Spanish.

### **Services**

#### ***Leisure Activities \* Soccer***

**Description:** The Boy Scouts of America has developed its Soccer and Scouting program as an outreach for Hispanic American/Latino youth and their families, but is not limited to them. All boys, ages 7 to 10, who want to learn to play soccer and at the same time be Cub Scouts are eligible to join. Program highlights include:

- A year-round program divided into four seasons.
- All Soccer and Scouting program materials for coaches and parent helpers are published in both English and Spanish.
- Boys in Soccer and Scouting will work on the same achievements and requirements as all other boys in Cub Scouting.
- Training is offered for head coaches, assistance coaches, and parent helpers.

## **BroMenn Adult Day Services**

202 E. Locust Street  
Bloomington, IL 61701

(309) 829-0782 Voice  
(309) 829-0723 FAX

[www.bromenn.org](http://www.bromenn.org)  
dhoefs@bromenn.org

*Rebecca Wheat, ADS Coordinator  
Public transportation accessible.*

**Hours:** M-F, 7:30 am - 5:30 pm

**Area Served:** McLean and Woodford  
Counties; transportation for Blm/Nor area only.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Caregiver Support Groups***

**Description:** The Caregiver Support Network is a support group designed to provide understanding, support, and education to caregivers of aging or disabled relatives and friends. Anyone who is providing care for a loved one, no matter what the situation, is welcome to attend meetings.

If a caregiver is unable to leave their loved one home alone while attending a meeting, the support facilitators may be able to arrange assistance. Funds may be available to provide a respite worker in-home or at BroMenn's Adult Day Center. Call for more information.

**Meetings:** Third Monday each month, 12:00 pm, BroMenn Adult Day Center, 202 E. Locust, Bloomington. Please feel free to bring your lunch. Call the office for further inquiries.

## **BroMenn Healthcare Diabetes Services**

P.O. Box 2850  
Bloomington, IL 61702-2850

(309) 268-5952 Voice  
(309) 268-5451 FAX

[www.bromenn.org](http://www.bromenn.org)

*Linda Avery, MS, RN, CDE, Administrator  
Public transportation accessible.*

<continued...>

**Hours:** By appointment.

**Area Served:** McLean County and surrounding areas.

**Accessibility:** Full wheelchair access.

### Services

#### ***Disease/Disability Information \* Diabetes***

**Description:** Diabetes Services provides diabetes education with a nurse and dietitian for patients with a referral from a physician.

**Fees:** Set fees.

**Referral Procedures:** Physician referral required.

#### ***Mutual Support Groups \* Diabetes***

**Description:** Support for people diagnosed with diabetes and their significant others. Special programs are offered throughout the year on various topics at locations within the community. Call for location and details.

**Fees:** Free or minimal.

**Referral Procedures:** By phone; sign-up may be required.

### **BroMenn Regional Medical Center**

1304 Franklin Avenue  
Normal, IL 61761

(309) 454-1400 Voice

(877) 270-4968 Physician Referral Line

www.bromenn.org

webmaster@bromenn.org

*Roger Hunt, President and CEO*

*Public transportation accessible.*

**Hours:** 24-hour service.

**Area Served:** McLean, Livingston, DeWitt, Woodford, Marshall, Logan, Ford, Tazewell Counties.

**Other Languages:** Spanish, various others can be accommodated.

**Accessibility:** Full wheelchair access.

### Services

#### ***Hospitals***

**Description:** This is a 224-bed acute facility. Services include emergency department; adult mental health services; psychiatric mental health unit offering 24-hour care with inpatient and outpatient services; partial hospitalization (day treatment); illness-related and self-help classes; community education services; women's and children's services; home care; chronic pain treatment; diabetes services; community wellness services; and open-heart surgery. Designated as a Primary Stroke Center and Spirit of Women hospital.

**Fees:** Fees vary according to service. Private pay, insurance, Medicare, and Medicaid accepted.

**Referral Procedures:** Self or physician-referral; phone or walk-in.

#### ***Physician Referrals***

**Description:** BroMenn Physician Referral Line refers individuals to a physician according to the needs of the patient.

### **Cabrini Homes - Catholic Charities**

413 N. E. Monroe  
Peoria, IL 61603

(309) 671-5720 Voice

(309) 671-0257 FAX

www.ccdop.org

*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** 26 counties throughout Central Illinois.

**Other Languages:** Provides translators upon request.

**Accessibility:** Full wheelchair access.

**Documents Needed:** Social Security number, assessment and interview.

<continued...>

## Services

### **Maternity Homes**

**Description:** A voluntary program licensed through DCFS providing shelter, support, education, counseling, and casework throughout a pregnancy. Offers an after-care program allowing eligible residents time to work on parenting skills and achieving goals while in a safe and stable environment. A variety of services are provided including referral to medical and educational services, pregnancy planning services, family counseling regarding pregnancy, parent education, and adoption planning. The intent is to provide each young woman with the care and skills necessary to reach her and her baby's goals. Specific services include:

- 1) Counseling - Individual therapy as needed to help deal with basic issues and decisions.
- 2) Adoption - Assist client in preparing an adoption plan, if that is her choice. Ongoing network of support provided for birth parents that have chosen adoption for their children.
- 3) Referrals - Linkage to medical care, WIC/Public Aid, single parent support groups, housing, and any other services not provided by the program.

**Eligibility:** For young women up to age 18. For those older than 18, assistance will be given to procure housing. Must not be actively psychotic, suicidal, homicidal, drug or alcohol addicted, or display aggressive behavior.

**Fees:** Sliding fee scale.

**Referral Procedures:** Phone for appointment and assessment for services.

## **CancerCare**

275 Seventh Avenue  
New York, NY 10001

(800) 813-4673 National Toll-free  
(212) 712-8400 Administrative  
(212) 712-8495 FAX

www.cancercare.org  
info@cancercare.org

*Diane Blum, MSW, Executive Director*

**Hours:** Office:

M-Th, 9:00 am - 7:00 pm EST

F, 9:00 am - 5:00 pm EST

**Area Served:** Nationwide Service.

## Services

### **Information Services \* Cancer**

**Description:** CancerCare offers practical help including educational materials and information and referrals to other sources of help.

CancerCare's Telephone Education Workshops provide cancer patients and caregivers with the opportunity to listen to and ask questions of top cancer experts from around the country.

### **Medical Expense Assistance \* Cancer**

**Description:** CancerCare offers assistance with obtaining funds for treatment-related costs, such as pain medication, transportation, home care, and child care. There are several different financial aid programs, depending on the individual's type of cancer and the primary funding source for that particular program. Please note that CancerCare grants are not for basic living expenses such as rent, mortgages, utility payments, or food.

### **Mutual Support Groups \* Cancer**

**Description:** CancerCare is a national non-profit organization that provides free professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs -- including counseling, education, financial assistance and practical help -- are provided by trained

oncology social workers and are completely free of charge. Founded in 1944, CancerCare now provides individual help to more than 90,000 people each year, in addition to the more than one million people who gain information and resources from its website.

Telephone and On-line Support Groups: CancerCare offers free, professionally facilitated telephone and online support groups for people living with cancer and their loved ones. To join a group, call the tollfree number or register online through their website.

### **Web Sites \* Cancer**

**Description:** CancerCare's website, [www.cancer.org](http://www.cancer.org), is a comprehensive resource where visitors can communicate with a social worker, join a support group, listen to an archived Telephone Education Workshop, and learn about topics ranging from managing careers to talking to your family during a time of crisis.

### **CARE Pet Loss Helpline**

University of Illinois  
2001 S. Lincoln Avenue  
Urbana, IL 61802

(217) 244-2273 Champaign/Voice  
(877) 394-2273 Toll-free voice

[www.cvm.uiuc.edu/CARE/](http://www.cvm.uiuc.edu/CARE/)  
[griefhelp@cvm.uiuc.edu](mailto:griefhelp@cvm.uiuc.edu)

*Elizabeth Kennedy, Administrator*

**Hours:** T, Th, Sun, 7:00 - 9:00 pm

**Area Served:** Nationwide service.

### **Services**

### ***Helplines/Warmlines \* People Who Have Lost a Pet***

**Description:** Provides compassionate, confidential, one-on-one phone support for pet owners who are experiencing grief upon the death of their companion animal. Help is given for issues such as anticipatory grief, decisions regarding euthanasia, and helping children cope

with grief and loss. CARE Helpline will also provide printed information upon request (CARE Grief Package/pamphlets) regarding grief, anticipatory grief, helping children cope with a loss, and memorialization ideas.

**Fees:** No fee.

### **Caregiver Connections**

c/o CCRRN - Illinois House Building  
207 W. Jefferson Street, Suite 301  
(309) 828-1892 Voice  
(800) 437-8256 Toll-free

[www.caregiverconnections.org](http://www.caregiverconnections.org)

*Cris Stanek, Mental Health Consultant*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 4:30 pm

**Area Served:** McLean, DeWitt, Ford, Livingston Counties

### **Services**

### ***Individual and Family Support Services***

**Description:** Caregiver Connections offers a unique free support program that helps child care providers recognize, understand and respond to the social emotional needs of the children, birth through age five, in their care. A mental health consultant can assist providers either in person or over the phone with new ideas that can help children develop appropriate social and emotional skills. Caregiver Connections can offer support and training that equips the provider to deal confidently with difficult situations when working with staff and/or families. The consultant will make referrals to screening resources that can identify developmental problems early, as well as referrals for evaluation and family services.

**Eligibility:** Support and consultation is available to any child care provider that has questions or concerns about challenging childhood behaviors such as biting, hitting, head banging, over-activity, overly shy/withdrawn, fearful, hard to comfort, aggressiveness, anxiety, excessive tantrums or crying, talking to parents about tough issues, concerns about family problems, etc.

<continued...>

**Fees:** No fee.

**Referral Procedures:** By phone or walk-in.

## **Catholic Charities**

603 N. Center Street  
Bloomington, IL 61701

(309) 829-6307 Voice - Center St  
(309) 820-7616 Voice - Morris St  
(800) 345-9049 Voice - SASS Program

www.ccdop.org

*Tim Glancy, Director*

**Hours:** Business: M-F, 9:00 am - 5:00 pm  
Family Counseling Program: M & T, 9:00 am - 8:00 pm; W-F, 9:00 am - 5:00 pm

**Area Served:** McLean, Livingston, DeWitt Counties.

### Sites

#### **1. Catholic Charities**

603 N. Center Street  
Bloomington, IL 61701

(309) 829-6307 Voice - Center St  
(309) 820-7616 Voice - Morris St  
(309) 829-3254 FAX  
(800) 345-9049 Voice - SASS Program

www.ccdop.org

*Tim Glancy, Director*

*Public transportation accessible.*

**Accessibility:** No wheelchair access.

**NOTE:** Programs housed at the Center Street Site include: Adoption, Bloomington-Normal Area Project (BNAP), Sexual Abstinence Education, Youth Intervention, Pregnancy Support Services.

#### **2. Catholic Charities Morris Site**

502 S. Morris Avenue  
Bloomington, IL 61701

(309) 820-7616 Voice - Morris St  
(309) 820-7657 FAX  
(800) 345-9049 Voice - SASS Program

*Julie Meints, Site Supervisor*

*Public transportation accessible.*

**Accessibility:** Full wheelchair access.

**NOTE:** Programs housed at the Morris Site include: Family Counseling, Family First, Family Habilitation, Family Solutions, Foster Care, Parenting Classes, SASS.

## Services

### **SASS (Screening Assessment/Support Services)**

#### **Adolescent/Youth Counseling \* At Risk Youth Crisis Intervention \* At Risk Youth**

**Description:** SASS (Screening Assessment and Support Services) provides crisis intervention and counseling services for high-risk youth in psychiatric crisis.

**Area Served:** Serves McLean County youth only.

**Eligibility:** SASS services are provided to high-risk youth using the following guidelines:

- 1) All DCFS wards up to age 21.
- 2) All children and young adults up to age 21 who receive any type of Medicaid assistance.
- 3) Children and adolescents up to age 19 who have no health insurance coverage at all.

**Sites:** 2

### **Adoption Services**

**Description:** The Adoption Program serves families interested in adopting a legally free child. The Domestic Infant Adoption Program and Pregnancy Support Services Program are committed to allowing birth parents and adoptive parents design an adoption plan that is in the best interest of the child. The Adoption Program recognizes the importance of the adoptive parents and birth parents developing an on-going relationship. Adoption Program services include counseling young women who are pregnant, adoption orientations, adoption home studies for domestic and international adoptions, post-placement supervision, on-going support groups and adoption searches.

**Fees:** Sliding fee scale.

**Sites:** 1

### **Youth Intervention Programs Alternative Sentencing/Supervision**

**Description:** Currently, there are five youth intervention programs at the Bloomington Center Street office.

1) Unified Delinquency Intervention Services: Provides intensive, community-based services to youth who would otherwise be incarcerated. Case managers create an individualized program to address the needs of both the family and the clients.

2) McLean County Advocacy: Advocates meet with these youth for six hours per week to deflect further involvement in the court system. Advocacy services are intended to provide a positive role model, tutorial assistance, and provide linkages to community support services.

3) Local Area Network Program: Advocates work to reduce further involvement in the child welfare and juvenile justice systems. Services are developed for the child/family by a diverse team of local social service providers in an effort to design a complete "wrap around" program for the child/family.

4) Home Confinement Program: This program is an alternative to secure detention. The youth is confined to their home and must remain with their parents at all times. The advocate meets with the youth on Saturdays, Sundays, and all legal holidays.

5) System of Care: This program provides assessment, case coordination, linkage, and responsive direct services to children in foster care with DCFS or a private agency, who have a critical need for more intensive services.

**Sites:** 1

### **Family Counseling Outpatient Mental Health Care**

**Description:** The Family Counseling Program offers services to individuals, couples, and families with the overall goal of aiding clients to find more constructive, satisfying ways of living. A combination of family therapy and brief

therapy modalities are used, motivated by: a) the understanding that human problems are intimately bound within the network of family and community relationships; and b) that all people have strengths and can access their own unique solutions to problems.

Workshops are presented both through the Education for Living Series and on request.

Mental Health Care Counseling provides individual, marital, and family therapy to everyone, regardless of race or denomination and provides court-ordered custody evaluations on a sliding fee scale. Services are designed to accomplish both intervention and prevention to improve coping abilities, teach more effective living skills, and obtain problem resolution. Both in-office and community-based counseling is offered using an integrated brief systems therapy model of treatment.

**Documents Needed:** Proof of income, residence, and Social Security number.

**Fees:** Sliding fee scale.

**Referral Procedures:** Phone for appointment.

**Sites:** 2

### **Family First Family Preservation Programs**

**Description:** The Family First program is an intensive, home-based family preservation program covering three counties in Central Illinois. Families are referred by DCFS and must be at risk of having a child placed out of the home. Family First works by having a caseworker and a case assistant deliver services in the home to the family during a three-month intervention period where the family may be seen several times a week. Services which may be utilized include (but are not limited to) counseling, parent skills education, budgeting, obtaining concrete needs such as food, clothing and bedding, medical supervision, networking with internal and external agencies, or whatever is needed to keep the family intact.

Twenty-four hour availability of services is a key component of this program.

**Area Served:** McLean, DeWitt, Livingston Counties.

**Referral Procedures:** Families must be referred by DCFS.

**Sites:** 2

***Pregnancy Support Services  
Formula/Baby Food***

**Description:** This program continues to meet the needs of its clientele by providing regular and specialized baby formula, baby items, and counseling for women in need.

**Sites:** 1

***Foster Home Placement***

**Description:** Catholic Charities' Family Preservation and Foster Care programs serve over 1,000 children and their families each year. CC is committed to helping children live and grow up in families where they know they are loved, cared for, safe, and won't have to leave.

Catholic Charities provides intensive in-home services to families who need casework or counseling intervention in order to strengthen and preserve the family, prevent abuse or neglect, and avoid unnecessary out-of-home placement for children. All decisions are made in the best interest of the child, and sometimes foster home placement is necessary to protect children from abuse or neglect. CC's professional child welfare staff license and provide support services to relative foster parents. They also recruit, license, and train caring and compassionate families in order to provide safe, loving families for children of all ages who cannot live safely at home.

Catholic Charities provides comprehensive services to the parents of children who are placed in foster care due to abuse or neglect. Counseling, casework, educational and support services are available to assist families in making the necessary changes to address the issues that led to abuse,

neglect, and foster care placement.

Frequently, children are able to return back home safely to their parents after a temporary foster care placement. When this happens, CC provides intensive in-home services to assist the family, monitor the children's safety, and prevent subsequent abuse or neglect of the children. Sometimes, a safe reunification is not an option for a child or sibling group. In those situations, CC facilitates adoptions or permanent guardianship in order to provide each child a lasting, safe, and loving family.

**Referral Procedures:** Families are referred by DCFS.

**Sites:** 2

***Bloomington-Normal Area Project  
Juvenile Delinquency Prevention***

**Description:** This program works within low-income areas in Bloomington-Normal. The program develops committees of volunteers in targeted neighborhoods and works to strengthen the community by providing positive activities for youth and their families. The overall goal of this program is the prevention of juvenile delinquency. Some of the committees currently operating in the BNAP Program are: Amanda-Brooke, Lancaster Heights, The Arbors at Eastland, Turnberry Village 1 & 2. The program sponsors a Summer Camp, After-School Programs, an International Family Fest, and a Community Halloween Fair.

**Sites:** 1

***Family Habilitation  
Parental Visitation Facilitation***

**Description:** The Family Habilitation Program provides supervised visitation for child welfare cases referred by DCFS and local child welfare agencies. This program also provides in-home habilitation services including budgeting, parenting, environmental assistance, and assistance with gaining employment.

**Referral Procedures:** Families must be referred by DCFS or other child welfare

<continued...>

agency.  
**Sites:** 1 2

### ***Nurturing Parenting Program Parenting Education***

**Description:** The Nurturing Parenting Program is used with all classes. Classes rotate between day and evening hours and are open to the public.

**Fees:** A fee does apply; call for information.

**Referral Procedures:** Participation can be referred through community agencies or by calling the office directly.

**Sites:** 2

### ***SAVE IT (Self Awareness Values Empower Independent Teens) Sexual Abstinence Education Programs***

**Description:** A program aimed at educating pre-teens, teens, and young adults on healthy decision making. This program is funded through a Title V Grant that originated with abstinence education. The curriculums used range from 1 to 8 sessions and can be used individually or as a unit. The curriculum uses discussion and hands-on learning (demonstrations) to present messages on peer pressure, drugs and alcohol, abstinence, and cultural influences. This can be presented in a school health class or a community after-school program.

**Sites:** 1

### **Center for Healthy Lifestyles**

2200 E. Washington Street  
Bloomington, IL 61701

(309) 661-5151 Voice  
(888) 627-5673 Class Registration

www.osfstjoseph.org  
Sharon.gatto@osfhealthcare.org

*Sharon Gatto, Health and Wellness Manager  
Public transportation accessible.*

**Hours:** M-Th, 8:00 am - 8:00 pm; F, 8:00 am - 5:00 pm; Sat, 10:00 am - 2:00 pm.

Extended weekday evenings by appointment only.

**Area Served:** Central Illinois.  
**Accessibility:** Full wheelchair access.  
**Referral Procedures:** By phone.

### **Services**

#### ***Health Education Nutrition Education***

**Description:** Offers a seminar series on a variety of current health topics presented by physicians and other health care professionals. Seminars typically focus on heart health, stress management, women's health, exercise and fitness, and men's health. For information on the upcoming seminars call the number listed or visit the website.

Also features information through classes and seminars on a broad range of health topics: adolescent health, parenting, women's health, spirituality, medical reference books, self-care, nutrition/cooking, Yoga, Pilates, and more. This information is available via the website or at the Center. Website features a Health Risk Assessment which can help identify health risk factors and ideas on how to reduce those risks and two women's health letters: Health Words for Women and HealthSteps magazine. Rents breast pumps. Offers Internet access at no charge.

**Fees:** Fees for seminars, classes, speakers and some counseling services. Library use is free.

**Referral Procedures:** By phone; website; Diabetic Education by appointment.

#### ***Health Screening/Diagnostic Services***

**Description:** Offers cardiac screenings, including a full cholesterol test (total cholesterol plus HDL and LDL), triglycerides, blood glucose, blood pressure check, and healthy lifestyles counseling. Screenings are offered at OSF St. Joseph and appointments are available for individuals and for groups, organizations, and businesses.

OSF Heart Card is a wallet-sized card containing a personal health history and a

<continued...>



copy of the patient's EKG. It is recommended that the card be carried in a wallet or a purse at all times so that in the event of an emergency, health care providers can reference that baseline EKG. Card includes an EKG and cardiac risk assessment.

**Fees:** Cardiac screenings \$23; OSF Heart Card \$40.

**Referral Procedures:** Call for appointment.

### **Smoking Cessation**

**Description:** Offers a seven-week smoking cessation program called Freedom from Smoking. Developed by the American Lung Association and led by a trained professional, this program offers group support from others who are kicking the habit and deals with the emotional, psychological, and physical effects of giving up cigarettes. Participants will discuss barriers to quitting, learn to understand their own personal smoking habit, learn to cope with triggers to smoke, sign a contract to quit, learn to deal with social settings as a non-smoker, and learn relaxation exercises as well as fitness and lifestyle changes.

**Fees:** \$99 (\$25 refunded to those who attend all seven weeks).

**Referral Procedures:** Call to register.

### **Central Illinois Mended Hearts, Chapter 250**

423 Priscilla Lane  
Bloomington, IL 61704-4603

(309) 663-2203 Voice

[elpaso.net/~herb/mhearts.html](http://elpaso.net/~herb/mhearts.html)  
nonee4@verizon.net

*Jerry Kukuck, President*

**Area Served:** Central Illinois.

### **Services**

#### ***Mutual Support Groups \* Heart Disease***

**Description:** A volunteer organization consisting of people who have heart disease, their families, medical professionals, and other interested individuals. The Mended Hearts, Inc., carefully trains members to visit recovering heart disease patients. All accredited visitors themselves have been heart patients. They strive to answer troubling questions and work with medical professionals to give support to patients and their families. Mended Hearts is affiliated with the American Heart Association.

**Meetings:** Third Thursday each month, 7:00 pm, rotating between OSF St. Joseph Medical Center and BroMenn Medical Center. Please call for schedule.

**Fees:** Memberships per year: Individual - National \$17 + Chapter Dues \$5; Family - National \$24 + Chapter Dues \$10.

### **Central Illinois Organizing Project**

PO Box 5611  
Bloomington, IL 61702-5611

(309) 827-9627 Voice - CIOP Regional Office  
(866) 525-6942 Toll-free Housing Hotline  
(309) 671-9741 CIOP Peoria  
(217) 525-6942 CIOP Springfield

[www.ciop.org](http://www.ciop.org)  
[ciop@comcast.net](mailto:ciop@comcast.net)

*Don Carlson, Executive Director*

**Area Served:** Central Illinois

### **Services**

#### ***Community Action/Social Advocacy Groups \* Housing Issues***

**Description:** The Central Illinois Organizing Project (CIOP) is an ecumenical, multi-issue, faith-based community organization. It encompasses 12 counties in central Illinois and includes the communities of Springfield, Bloomington-Normal, Decatur, Champaign-Urbana, Danville, Peoria, and rural Logan County. CIOP, in partnership

<continued...>

with Fannie Mae and National City Bank, have announced a new, low down payment, no credit score home loan program. With as little as \$500, low and moderate-income families in Central Illinois can own their own single-family home, including a home that needs renovation, an energy-efficient home, or a home that needs energy-efficiency improvements.

CIOF is now also offering mortgage foreclosure intervention assistance, if that mortgage or second mortgage is considered a predatory loan. To help determine a predatory mortgage, ask:

- 1) Did the lender fail to consider customer's ability to make monthly payments when the loan was made? Have payments increased with new, higher, and unaffordable interest rates?
- 2) Was the customer led into a high-interest rate mortgage (or adjustable ARM) when they could have qualified for a mortgage at a lower and fixed-interest rate?
- 3) Did the lender stop being responsive after the loan was made?

If just one of the above characteristics is part of a person's home loan, and there are others, it may be predatory and there may be programs that can help. Call the Housing Hotline for assistance.

**Eligibility:** There are two ways to be eligible for the home loan program:

- 1) Have a income that is considered low or moderate in the community you live in.
- 2) Live in a low or moderate income level neighborhood or census track.

### Central Illinois Small Animal Rescue (CISAR) and Equine Sanctuary

29738 E 1400 North Road  
Colfax, IL 61728

(309) 724-8241 Voice  
(309) 287-3608 Cell

www.cisarshelter.com  
cisarshelter@yahoo.com

Pat Cosenza, Director

**Hours:** No set hours; please call.

**Note:** Travel Directions: Located 13 miles east on Route 9 (west of nearby gun club). It is a big white dairy barn with a purple roof.

**Fees:** Adoption fees: Dogs, \$125; Cats, \$95.

### Services

#### **Animal Adoption**

**Description:** CISAR is a no-kill facility and sanctuary for ALL animals, including horses and donkeys. When accepting animals, they do not discriminate against breed, disposition, color, temperament, or age. They take in abused, abandoned, mistreated, unwanted animals and rehabilitate them so that they can become a beloved member of someone's home. All animals get vet care when they arrive, are given necessary shots, then neutered or spayed before being available for adoption.

**Referral Procedures:** Adoption application forms are available on their website. Potential adopters are screened through the application process so that CISAR knows each animal they place will be given a loving home for life.

### **CHELP - Community Home Environmental Learning Project**

1429 N. Jasper Street  
Decatur, IL 62526-4936

(217) 422-9888 Voice  
(217) 422-9650 FAX  
(888) 243-5701 Toll-free

chelpinc@mcleodusa.net

*Diane Drew, Executive Director*

**Area Served:** Macon County

**Accessibility:** Full wheelchair access

### Services

#### **Companionship \* Older Adults**

**Description:** Assigns well senior volunteers to provide in-home companionship and assistance to frail seniors so as to avoid institutionalization of the frail senior.

What does it do?

It provides:

- Companionship and supervision for the client.
- a supplemental source of income and meaningful activity for low-income well seniors.

### ***Elder Abuse Reporting***

**Description:** This program offers 24 hour intakes by phone at the local number. A caseworker will make a home visit to investigate any allegations of abuse and assist the victim.

Interventions will be offered to the victim and referrals made to the appropriate organizations. Interventions can include but are not limited to in-home services, legal, medical, relocation, and counseling.

**Fees:** No fee.

### ***Homemaker Assistance***

**Description:** Designed to provide housekeeping and personal care to persons 60 years of age and older and persons who are disabled of any age who are not able to do the necessary household work to remain living independently in their own home.

What does this program do?

- Help establish household routines
- Help plan and prepare nutritious meals and special diets, and teach proper food storage
- Provide routine housekeeping such as making and changing beds, dusting, washing dishes, vacuuming, laundry, kitchen and bathroom cleaning, and other homemaking tasks
- Teach budgeting and consumer skills, help prepare shopping lists, encourage good buying practices and do actual shopping as necessary
- Give non-medical personal care
- Transport and accompany the client to the doctor's office and other places as outlined in the care plan
- Act as an advocate for the client in

obtaining service

**Eligibility:** For Illinois Department of Aging (IDOA) Homemaker Service, persons must meet four requirements to be eligible.

- 1) be 60 years of age or older;
- 2) have some physical disability;
- 3) live in Macon County;
- 4) have less than \$10,000 in assets beyond their home, car and possessions
- 5) Must be a client of ORS referred to CHELP for Homemaker services.

Disabled adults who live in Macon County are eligible to receive this service if they are under 60 and the degree of disability and income level meet the DORS eligibility guidelines.

### ***Outreach Programs \* Older Adults***

**Description:** Designed to reach out to persons 60 years of age and older to assist them in many ways:

- 1) to insure that each senior is aware of the services available to him or her;
- 2) to help seniors apply for needed services;
- 3) to monitor service delivery to ensure that service begins promptly and continues satisfactorily; and
- 4) to sponsor Benefits and Preventative Health programs each month to educate the senior community on topics that interest them.

What does this service do?

To accomplish the above goals, CHELP's Outreach Caseworkers visit seniors in their homes to learn what their needs are and then link them to services available.

**Eligibility:** All seniors 60 years of age or older who live in Macon County are eligible. The program is especially designed to contact seniors who live in rural areas, who live alone, or who are low income. Although there is no charge for this help, for those who appreciate services and would like to contribute something towards the cost of maintaining it, we would very much appreciate a donation.

## **Chestnut Health Systems Substance Abuse Treatment**

702 W. Chestnut Street  
Bloomington, IL 61701

(309) 827-6026 Voice

www.chestnut.org

*Glenn Covert, Director of Adult Program  
Public transportation accessible.*

**Hours:** 24-hour service.

Office hours: M-F, 8:00 am - 5:00 pm

**Area Served:** McLean, Livingston, DeWitt,  
Peoria Counties.

**Other Languages:** Spanish (limited).

**Accessibility:** All facilities ADA accessible.

### Sites

#### **1. Chestnut Health Systems Substance Abuse Treatment**

702 W. Chestnut Street  
Bloomington, IL 61701

(309) 827-6026 Voice

www.chestnut.org

*Glenn Covert, Director of Adult Program*

#### **2. Adolescent Chemical Dependency Program**

1003 Martin Luther King Drive  
Bloomington, IL 61701

(309) 827-6026 Voice

*Mychele Kenney, Director Youth Services*

### Services

#### **Speakers/Speakers Bureaus**

**Description:** The Speakers Bureau was developed for the purpose of improving the quality of life through education and awareness regarding issues related to mental health, substance abuse (risk factors, prevention strategies, and treatment methods), wellness, consumer credit, and family issues (child development, relationships, and parenting).

It is a free resource for businesses, civic groups, service clubs, community organizations and coalitions, societies, parent groups, youth organizations,

senior citizen groups, women's groups, men's groups, professional associations, faith-based organizations, and other groups. Presentations can be customized to meet your organizations needs and are typically limited to 15-60 minutes.

**Fees:** No fee.

**Referral Procedures:** By phone or e-mail. Please place your request for a presentation at least 2 weeks prior to the date of your event.

**Sites:** 1

#### **Substance Abuse Intervention Programs \* Youth**

**Description:** Early Intervention Program - School-based, behavioral health programs including student assistance (alcohol/other drug prevention and early intervention), conflict resolution, and HIV prevention.

**Referral Procedures:** Referrals accepted from school personnel, students, parents, and other agencies.

**Sites:** 2

#### **Adult Chemical Dependency Program Substance Abuse Services \* Adults**

**Description:** Comprehensive non-hospital alcohol and drug rehabilitation center. Provides the following services for adults (18 and over):

- 1) Clinically Managed Detoxification - Assistance for the management of substance use withdrawal.
- 2) Inpatient Treatment - Residential program for adults (men's and women's units) and adolescents.
- 3) Outpatient Counseling - A full range of individual and group counseling services in both traditional and intensive modes. The intensive outpatient and day treatment counseling programs are designed for those who need more intensive treatment than traditional outpatient care but for whom residential treatment would be inappropriate.

**Documents Needed:** Proof of income and Social Security number.

**Fees:** State funded assistance, payment plans, and insurance payments accepted.

<continued...>

Services provided regardless of ability to pay.

**Referral Procedures:** Request intake by phone.

**Sites:** 1

**Adolescent Chemical Dependency Program**

**Substance Abuse Services \* Youth**

**Description:** For youth, ages 12 through 18:

- 1) Inpatient
- 2) Intensive Outpatient
- 3) Outpatient

**Sites:** 2

**Child Care Resource and Referral Network (CCRRN)**

Illinois House Building  
207 W. Jefferson Street, Suite 301  
Bloomington, IL 61701

(309) 828-1892 Voice  
(309) 828-0526 FAX  
(800) 437-8256 Toll-free

www.ccrn.com  
info@ccrrn.com

*Pamela Womack, Executive Director*  
*Public transportation accessible.*

**Hours:** Office: M-F, 8:30 am - 4:30 pm  
Resource Center/Lending Library Hours:  
T, 10:00 am - 6:00 pm; Th, 12:00 - 8:00 pm;  
First Sat/mth, 10:00 am - 12:00 pm

**Area Served:** McLean, Livingston, DeWitt, Ford Counties.

**Accessibility:** Full wheelchair access.

**Referral Procedures:** By phone or walk-in.

**Services**

**Child Care Resource and Referral  
Child Care Subsidies**

**Description:** 1) Child Care Assistance Program - Administers the Department of Human Services (DHS) child care program for working parents with children under the age of 13 who income-qualify. Will pay for parent's choice of child care, full or part-time, as well as before- and after-school care.

2) Child Care Referral Program - Provides referrals to parents in need of child care. Parents are counseled on how to select quality child care that best meets the needs of their individual child. Parents are educated on indicators of quality care, provided educational materials, and encouraged to visit programs.

3) Employer Contracted Services - Enhanced referral services as well as presentations and parenting seminars on child care issues. Employer services are fee-based; please call for specific information.

4) Training Program - Resource directory is mailed annually. Training handbook is distributed twice a year. Mini-grants, training scholarships, conferences, CPR and First Aid training, workshops, and other early childhood professional development opportunities.

5) Health Services - Health Services' mission is to link child care with health care. Health Services achieves this goal by providing training, information, and resources to child care providers, parents, and the community. Through a partnership with the McLean County Health Department and CCRRN, the Health Services Department has a Nurse Consultant on staff to assist child care providers, parents, and the community. CCRRN sponsors community-wide events as well as workshops and information for those providers listed with CCRRN.

6) Child Care Provider Services - Lists legally-operating programs to provide available child care options to parents in the four-county service area. Resources and workshops on opening and operating a child care program are available to interested individuals. Other services available for providers listed include: Resource Center/Lending Library of toys, books, videos, freebies, and resource information.

**Child Passenger Safety Seats**

**Description:** Safe Kids Coalition McLean County - Agencies working with families in McLean County can refer parents who are in need of a child safety seat. Referring agencies must fill out an application. Car seat check events are scheduled on the fourth Wednesday of every month; call for an appointment. Car seat technician training is scheduled once a year.

**Area Served:** Families residing in McLean County.

**Eligibility:** Families will need to meet income guidelines with verification.

**Child Find of America, Inc.**

P.O. Box 277  
New Paltz, NY 12561-0277

(800) 426-5678 1-800-I-AM-LOST  
(800) 292-9688 1-800-A-WAY-OUT

www.childfindofamerica.org  
information@childfindofamerica.org

*Tracy Martin, Location Coordinator*

**Area Served:** Nationwide service.

**Referral Procedures:** By phone.

Services

**Parental Kidnapping Legal Assistance**

**Description:** Child Find of America attempts to locate and return children who have been abducted by a parent (typically related to divorce/separation), children who have been abducted by a stranger, or children who have run away.

A searching parent can register a missing child with Child Find by calling the I-AM-LOST number listed. An investigator may counsel the searching parent, disseminate photos of a missing child, and otherwise try to locate the missing child.

An in-flight parent who has abducted his or her children can contact a Child Find mediator by calling the A-WAY-OUT number for assistance. The mediator will

attempt to contact the searching parent and any law enforcement entities who may have issued warrants for the arrest of the in-flight parent. The mediator will attempt to mediate the return of the children.

**Documents Needed:** Proof of legal rights to the child.

**Children's Advocacy Center**

200 W. Front Street, 500B  
Bloomington, IL 61701

(309) 888-5656 Voice  
(309) 888-4969 FAX

www.co.mclean.il.us/ChildAdvocacy

*Judith Renner, Executive Director*  
*Public transportation accessible.*

**Hours:** 24-hour service to respond to physical & sexual abuse of children.

Business Hours: M-F, 8:00 am - 4:30 pm.

**Area Served:** McLean, Livingston, DeWitt Counties.

**Other Languages:** Can make arrangement for interpreters.

**Accessibility:** Full wheelchair access.

**Fees:** No fees.

Sites

**1. Children's Advocacy Center**

200 W. Front Street, 500B  
Bloomington, IL 61701

(309) 888-5656 Voice  
(309) 888-4969 FAX

www.co.mclean.il.us/ChildAdvocacy

*Judith Renner, Executive Director*  
*Public transportation accessible.*

**2. DeWitt County Children's Advocacy Center**

100 S. Center, Suite 202  
Clinton, IL 61727

(309) 888-5656 Voice  
(309) 888-4969 FAX

**Site Hours:** This DeWitt County site is monitored by the McLean County CAC. Staff will travel to DeWitt County when needed.

## Services

### **Advocacy \* Abused Children**

**Description:** The Children's Advocacy Center is dedicated to serving the best interests of abused and neglected children. The CAC has satellite offices in Livingston and DeWitt Counties.

Services provided are:

- 1) A safe and comfortable environment for the child and family to feel at ease while talking about the abuse during the investigation process.
- 2) Linkage and coordination between police investigators, child welfare workers, prosecutors, and treatment providers so that the number of victim interviews can be reduced.
- 3) An interdisciplinary review process for decision-making, problem-solving, and information sharing. The network will monitor all cases of sexual abuse victims under 18 years of age in McLean County.
- 4) A comprehensive tracking system shared by all appropriate agencies for those children who have been sexually abused.
- 5) Specialized training for professionals involved with victims and families in child sexual abuse cases.
- 6) Education and prevention in dealing with issues of sexual abuse.
- 7) CASA (Court Appointed Special Advocate) is a program that provides trained community volunteers to serve as advocates for children who have been abused or neglected. CASA volunteers help insure that the child's best interests are represented in court. Adults, age 25 and older, may contact the CAC for training information and further details about this program.
- 8) Sexual Abuse Colposcopic - Provides sexual abuse medical evaluation in conjunction with the Pediatric Resource Center, University of Illinois, with an on-site medical satellite every Wednesday.

**Referral Procedures:** Referrals through DCFS and law enforcement only.

**Sites:** 2

### **Child Abuse Counseling**

**Description:** Counseling is available for children who have been victims of child abuse. Call for additional information.

**Sites:** 1 2

### **CASA - Court Appointed Special Advocate Volunteer Opportunities**

**Description:** Purpose: The program is committed and dedicated to the intervention and prevention of child abuse. Functions as a Children's Advocacy Center and provides the CASA program.

**Opportunities:** Court Appointed Special Advocate (CASA) is a trained volunteer who is appointed by a judge to speak for abused and neglected children via the court. Court Appointed Special Advocates speak up for abused or neglected children in court.

**Eligibility:** Volunteer must be 25 years of age.

**Sites:** 2

### **Children's Home + Aid / The Children's Foundation**

403 S. State Street  
Bloomington, IL 61701

- (309) 827-0374 Voice
- (309) 834-5260 Crisis Nursery
- (309) 834-5273 Family Visitation Center
- (309) 834-5210 Scott Early Learning Center
- (309) 828-0745 FAX

[www.childrenshomeandaid.org](http://www.childrenshomeandaid.org)

*Lisa Pieper, Regional Vice-President*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm

**Area Served:** Primarily McLean County, but may extend further, depending on the program.

**Accessibility:** Full wheelchair access.

<continued...>

**Services**

**Early Start & Healthy Start Programs  
Doulas  
Family Based Services**

**Description:** Early Start is a community-based program designed to help low-income families with infants better raise their children by educating parents on child development, positive discipline techniques and parenting skills.

Healthy Start is a voluntary home visiting program providing parent support and education to at-risk parents until their child reaches the age of five. Parents learn about positive play, child development, nutrition, wellness and community resources. This program is offered in partnership with The Baby Fold and serves McLean, DeWitt, Piatt, and Woodford counties.

Doula Program provides prenatal information and emotional support, labor coaching, and breastfeeding support and assistance in the early days after childbirth.

**Children's Hospital of Illinois - Pediatric Specialty Center**

Easter Seals Building  
2404 E. Empire Street  
Bloomington, IL 61704

(877) 655-2464 Toll-free

www.childrenshospitalofil.org

*Paula Vallianatos, Practice Manager*

**Hours:** Vary.

**Services**

***Pediatrics***

**Description:** The Pediatric Specialty Center was opened here to help families of some McLean County children with life-threatening illnesses make fewer trips to Peoria. The clinic will handle pediatric cardiology and pediatric

general surgery outpatient services and follow-up. While doctors continue to perform surgeries at Children's Hospital in Peoria, they are doing assessments, consultations, diagnostic work and post-surgery visits with McLean County-area patients at the Bloomington center.

**Referral Procedures:** By phone.

**Circuit Breaker Program (IL Cares Rx)**

Illinois Department of Revenue  
PO Box 19003  
Springfield, IL 62794-9003

(800) 252-8966 IDOA Helpline  
(800) 226-0768 Health Benefits Hotline  
(800) 624-2459 24-hour automated information  
(800) 544-5304 TTY

www.cbrx.il.gov

*Kevin Conner, Administrator*

**Hours:** M-F, 8:00 am - 5:00 pm

**Area Served:** State of Illinois.

**Other Languages:** Spanish can be accommodated; must contact the Illinois Department of Aging Hotline and ask for assistance.

**Eligibility:** Circuit Breaker is for Illinois residents who are:

- age 65 or older; or
- age 16 to 65 and totally disabled; and
- meet set income limits (see program descriptions for specifics).

**Documents Needed:** Applicants need to provide their Social Security number and may need to provide proof of age, income, residency, and disability.

**Services**

**Illinois Cares Rx  
Prescription Expense Assistance**

**Description:** IL Cares Rx provides wrap-around prescription drug coverage to fill in the gaps created by Medicare Part D. Illinois Cares Rx also offers drug coverage for people who do not have Medicare. To get benefits faster, apply on-line at www.cbrx.il.gov.

**Eligibility:** Income Limit for Illinois Cares Rx BASIC:

<continued...>



Total income in 2007 must be less than  
- \$24,808 if filing an application for yourself only; or  
- \$32,916 if filing an application for yourself and you spouse\*, or yourself and one qualified additional resident; or  
- \$41,023 if filing an application for yourself, your spouse\* and at least one qualified additional resident, or yourself and at least two qualified additional residents.

Income Limit for Illinois Cares Rx PLUS:  
Total income in 2007 must be less than  
- \$22,800 if filing an application for yourself only; or  
- \$30,572 if filing an application for yourself and you spouse\*, or yourself and one qualified additional resident.

\*If your spouse lived with you.

### ***Property Tax Rebate Information***

**Description:** Circuit Breaker Grant - Eligible recipients can get back some of the money they paid in property taxes, mobile home taxes, rent, or nursing home charges.

**Eligibility:** Income limits for Circuit Breaker grant and license plate discount:  
Total income in 2007 must be less than  
- \$22,218 if filing an application for yourself only; or  
- \$29,480 if filing an application for yourself and you spouse, or yourself and one qualified additional resident; or  
- \$36,740 if filing an application for yourself, your spouse and at least one qualified additional resident, or yourself and at least two qualified additional residents.

### ***Reduced Cost Motor Vehicle Registration***

**Description:** Those who qualify for the Circuit Breaker program receive a notice from the Secretary of State that they have qualified for a license plate discount which they take with them when renewing their plates. Only one vehicle per household can receive the discount.

**Fees:** License plate renewals are \$24 under the Circuit Breaker program for

qualifying individuals.

## **Clinton Area Chamber of Commerce & Tourism Bureau**

100 S. Center Street, Suite 101  
Clinton, IL 61727

(217) 871-3364 Voice  
(866) 433-9488 Toll-free  
(217) 935-0064 FAX

www.clintonilchamber.com  
info@clintonilchamber.com

*Marian Brisard, Office Manager*  
*Public transportation accessible.*

**Hours:** M, T, W, F, 9:00 am - 4:30pm; Th, 9:00 am - 12:00 pm.

**Area Served:** DeWitt County.

### **Services**

#### ***Business Associations***

**Description:** The main functions of the Clinton Area Chamber of Commerce are to:

- Promote their business members and Clinton/DeWitt County;
- Provide tourism information to the public;
- Manage community access channel (Cable Channel 13).

**Meetings:** Board meetings are the fourth Monday of each month. Call the office manager for more information.

**Fees:** Call for membership information.

## **Clinton Area Ministerial Association**

Clinton Presbyterian Church  
402 N. Center  
Clinton, IL 61727

(217) 935-6178 Voice

**Hours:** Office Hours: M-F, 8:30 am - 12:30 pm.

### **Services**

#### ***Food***

**Description:** Food vouchers; gas vouchers; Warm Neighbors energy assistance.

## Clinton Police Department

118 W. Washington Street  
Clinton, IL 61727

(217) 935-9441 Voice  
(217) 935-4219 FAX

www.clintonillinois.com  
mreidy@clintonillinois.com

*Michael J. Reidy, Chief of Police*

**Hours:** 24 hours

**Area Served:** City of Clinton

### Services

#### **Municipal Police**

**Description:** Provides a full spectrum of law enforcement programs. The department has a Uniform Patrol Division, Investigations, Bike patrol, K-9, Task Force 6, D.A.R.E. and School Resource Officer. Currently serves a population of 7500 people and patrols a community 4.8 square miles in size.

## Clinton United Methodist Church

308 E. Main  
Clinton, IL 61727

(217) 935-5869 Voice

### Services

#### **Food Pantries**

**Description:** Food Pantry.

Hours:

M, 1-3 pm

T, 9-11 am and 1-3 pm

W & Th, 9-11 am

## Clintonia Township Assistance

RR 1, Box 103R  
Clinton, IL 61727

(217) 935-2506 Voice

*Beverly Glenn, Township Supervisor*

**Hours:** M-F, 9:00 am - 12:00 pm, except closed at noon on Thursdays.

## Services

### **General Assistance**

#### **Rent Payment Assistance**

#### **Utility Assistance**

**Description:** Emergency medical care, financial assistance available for persons without resources who are in need.

**Eligibility:** Residents of Clintonia Township in need of emergency services that do not qualify for Public Aid.

## Collaborative Solutions Institute

200 W. Front, Suite 400A  
Bloomington, IL 61701

(309) 828-2860 Voice

(309) 827-2637 FAX

www.collaborativesolutions.org  
admin@collaborativesolutions.org

*Cheryl Gaines, MS, LCPC, President/CEO*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm; evening hours by appointment.

**Area Served:** McLean, Livingston, DeWitt, Woodford Counties and within 50 miles of Bloomington-Normal.

**Other Languages:** Can make arrangements for interpreters.

**Accessibility:** Full wheelchair access.

**Referral Procedures:** By phone.

### Services

#### **Outpatient Mental Health Care**

**Description:** CSI exists to provide building blocks for civility through improved human relationships, conflict resolution, abuse/violence prevention, mental health counseling, and education/coaching for area professionals on collaborative strategy, planning, and future visioning.

Specific programs offered through CSI include:

- 1) AVERT (adult program addressing anger management and domestic violence).
- 2) OPTIONS (youth program addressing

<continued...>

anger management, ADHD, eating disorders, and other mental health issues specific to adolescents and teens).

3) RESOLVE (mediation program for victims and offenders).

4) SOLUTIONS (mental health counseling for individuals, couples, and families).

**Fees:** Sliding fee scale and insurance accepted for counseling. Fees are negotiable for consulting and speaking.

### Community Action Partnership of Central Illinois

1800 Fifth Street  
Lincoln, IL 62656

(217) 732-2159 Voice  
(217) 735-1753 FAX

www.capcil.org

*Angela Stoltzenburg, Director*

**Hours:** M-F, 8:00 am-4:30 pm; closed noon - 1:00 pm.

**Area Served:** DeWitt, Logan, Mason, Menard, Piatt, Fulton Counties.

**Maximum Income Guidelines:** Varies by program.

#### Sites

#### 1. Community Action Partnership of Central Illinois

1800 Fifth Street  
Lincoln, IL 62656

(217) 732-2159 Voice  
(217) 735-1753 FAX

www.capcil.org

*Angela Stoltzenburg, Director*

#### 2. Community Action Partnership, DeWitt County Office

1700 E. Main Street, #105  
Clinton, IL 61727

(217) 935-2455 Voice  
(217) 935-0039 FAX

www.capcil.org

*Anita Russell, DeWitt Co. Resource Specialist*

*Public transportation accessible.*

**Site Hours:** M-F, 8:00 am - 12:00 pm &

1:00 - 4:30 pm.

**Area Served:** DeWitt County.

**Description:** Community Action is a private, non-profit organization funded with federal, state, and local dollars in order to provide necessary services to the low-income, elderly and disabled in DeWitt County. CA does this through a variety of programs to meet the varying needs of these populations. Low-income clients are assisted through the weatherization, community services, and utility assistance (LIHEAP) programs. Children of low-income families are provided educational and health services through the Head Start program that serves 3- and 4-year-old children throughout their service area. The Foster Grandparent Program provides volunteer opportunities (with a stipend) to seniors aged 60 and older as they assist in the local schools and child care centers throughout central Illinois. It is the mission of Community Action Partnership of Central Illinois to work toward the reduction and eventual elimination of the causes and effects of poverty.

#### Services

#### **Homeless Prevention Program Case/Care Management \* Homeless People Homeless Financial Assistance Programs**

**Description:** This program helps keep a person or family from becoming homeless or to assist a homeless person into some form of housing. Staff works with clients and landlords to help a person from becoming homeless, whether it is assisting with rent, utilities or a security deposit.

**Eligibility:** Clients must be 18 years old to apply, show an economic crisis situation and sufficient income to support the ability to make a rent payment after being assisted.

#### **Maximum Income Guidelines:**

Applications are reviewed on a case by case basis depending on the economic crisis. Those helped must have enough income to continually support a rent payment.

**Documents Needed:** Social Security cards and proof of income for all household members, and an eviction notice. A Landlord Form must be filled out by applicant and their landlord and returned to the office.

**Referral Procedures:** By appointment.

**Sites:** 2

<continued...>

### **Food Pantries**

**Description:** Provides food and commodities on an emergency basis.

**Documents Needed:** Proof of income and Social Security cards.

**Sites:** 2

### **Foster Grandparent Program**

**Description:** Community Action matches low-income seniors with children having special needs. The Foster Grandparent receives a small stipend, hot meals, yearly physical exams, sick leave, annual leave, paid holidays, transportation, and a variety of personal services for a 20-40 hour week. Foster Grandparents provide love and attention to children in sites ranging from the Head Start Centers, Child Care facilities, to public and private schools.

**Eligibility:** To become a volunteer, one must be 60 years of age, in good health, and within the income guidelines.

**Maximum Income Guidelines:** A one person household can earn up to \$1020 per month; two person households can earn up to \$1375 per month and still qualify for the program.

**Documents Needed:** Proof of income and three references (with names and addresses).

**Sites:** 1

### **Information and Referral**

**Description:** County Resource Specialists will refer clients to the various services they may be eligible for.

**Sites:** 2

### **Head Start Preschools**

**Description:** Head Start is a child and family development program that helps children and families grow socially, intellectually, emotionally, and physically through health, nutrition, classroom, and community education. All children must be three or four years old by September first of the current year and families must

meet income guidelines.

**Sites:** 2

### **Community Services Rent Payment Assistance**

**Description:** When funds are available, emergency rental assistance may be provided for those who are homeless or at risk of becoming homeless.

**Maximum Income Guidelines:** 125% of the Federal Poverty Level or below.

**Documents Needed:** Proof of income, Social Security cards for everyone in the household, eviction notice or lease, and proof of a crisis.

**Referral Procedures:** By phone, walk-in, appointment.

**Sites:** 2

### **Utility Assistance**

**Description:** Low Income Home Energy Assistance Program (LIHEAP) - Payment assistance for winter utility bills. Emergency furnace repair or replacement from September until April 30th. Emergency payments for shut-offs may be available.

**Eligibility:** Eligibility is based on the past thirty day's income, and will depend on the number of people in the household and the income of the household.

**Documents Needed:** Social Security cards for everyone in the household, proof of last 30 days of income for anyone 18 and over living in the home and the most recent energy/utility bills.

**Referral Procedures:** Call and ask to speak to a LIHEAP intake specialist.

**Sites:** 2

### **Weatherization Programs**

**Description:** Weatherizing of family and individual residences to increase energy efficiency, furnace repairs or replacement, and water heater repairs or replacement.

**Eligibility:** Eligibility is determined by family size and household income in accordance with federal guidelines. Priority is given to homes with seniors and infants. Households that already qualify for LIHEAP or who have an occupant receiving SSI, AABD, or TANF automatically qualify for free

weatherization services.

**Documents Needed:** Proof of income for everyone in household 18 years or older for past one year; Social Security cards for everyone in household; proof of home ownership (mortgage statement, property taxes, contract for deed); and most recent gas & electric bill.

**Sites:** 2

## Community Cancer Center

407 E. Vernon Avenue  
Normal, IL 61761

(309) 451-8500 Voice  
(309) 451-2200 FAX

www.cancercenter.org

*Barbara J. Nathan, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am-5:00 pm

**Accessibility:** Full wheelchair access.

### Services

#### ***Mutual Support Groups \* Cancer***

**Description:** The following are the Community Cancer Center Patient and Family Education & Support Programs, offered free and at various times throughout the year. If anyone is interested in attending any of these programs, or would like to receive a program schedule, please call the Community Cancer Center.

I Can Cope® - Weekly Educational classes for the newly diagnosed person with cancer, family members, and friends.

Living With Cancer - A Cancer Networking Group providing individuals experiencing any type of cancer an opportunity to gather with others for support, education and information. Monthly groups typically include a speaker and covers a variety of topics related to living with cancer and its treatment.

Breast Cancer Support Group - A group designed to address the needs of women at different stages in the treatment and recovery process.

Advanced Breast Cancer Support Group - A group designed to address the unique issues of women who are diagnosed with metastatic breast cancer.

Leukemia, Lymphoma, Myeloma & Hodgkin's Diseases - A group offering education and support for persons with a blood-related cancer and their family.

Look Good...Feel Better® - A single session class to help women undergoing cancer treatment learn more about appearance-related side effects of their treatment. Volunteer cosmetologists teach women how to enhance their appearance using make-up techniques. This class is offered in partnership with the American Cancer Society and takes place the first Monday of every month at 6:00 p.m. To register, please call the Community Cancer Center.

Reach to Recovery - This program provides information and support for women newly diagnosed with breast cancer. Reach to Recovery® volunteers are breast cancer survivors who have been carefully selected and trained to visit or call patients after diagnosis. If you were recently diagnosed with breast cancer or have a family member or friend who would appreciate a call from a Reach to Recovery® volunteer, please contact the Community Cancer Center. This program is offered in partnership with the American Cancer Society.

Strength For Caring - An educational and support program for caregivers of a loved one with cancer.

Cool Club - A support group for children (ages 5-12) who have a loved one with cancer.

<continued...>

Courageous Kids - A support group for children (ages 5-12) who have experienced the death of a loved one to cancer.

Teen's Support Groups - A support group for teenagers (ages 13-18) who have a loved one with cancer & a support group for teens who have experienced the death of a loved one to cancer.

Men Supporting Men - A support group for men who have experienced the death of a loved one.

### Compassion & Choices

PO Box 101810  
Denver, CO 80250-1810

(800) 247-7421 Toll-free  
(303) 639-1224 FAX

www.compassionandchoices.org

**Hours:** M-F, 9:00 am - 5:00 pm, Pacific Time. Counselors are busy, so if you have to leave a message they will make every effort to get back to you within 24 hours.

#### Services

#### **Advance Medical Directives Death and Dying**

**Description:** Compassion & Choices brings peace of mind to terminally ill clients seeking support in making decisions to prepare for a peaceful death. Whether you need help completing your advance directive, referrals to local services, guidance on effective pain and symptom control, legal counsel when care is not adequate, or information on options for humane, self-determined dying, a C&C Client Support counselor is just a phone call away. Their team of professional staff and trained volunteers will hear your concerns and honor your choices.

**Referral Procedures:** To access their free, confidential program, simply call.

### Cumberland Associates

304 N. Maple Street  
Urbana, IL 61802

(217) 384-3360 Voice  
(217) 384-3380 FAX

#### Services

#### **Activities of Daily Living Assessment**

### Department of Children and Family Services (DCFS)

401 Brown Street  
Bloomington, IL 61701

(309) 828-0022 Voice  
(800) 252-2873 24-hour Abuse/Neglect Reporting Hotline  
(309) 829-1952 TTY  
(866) 503-0184 Missing Child Helpline  
(800) 232-3798 Youth Hotline

www.state.il.us/DCFS

*Jamie Ralph, Site Administrator*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm  
**Area Served:** McLean and DeWitt Counties.  
**Accessibility:** Full wheelchair access.

#### Sites

#### **1. Dewitt County Department of Children and Family Services**

1150 Route 54 West  
Clinton, IL 61727

(217) 935-8432 Voice  
(217) 935-5354 TTY

#### Services

#### **Child Abuse Reporting/Emergency Response**

**Description:** The Illinois Department of Children and Family Services is committed to offering the best possible services to children and families in Illinois who need them. These services are aimed at protecting children and strengthening family life. They may include: homemaker services, day care and child development services, parent education services, counseling and

<continued...>

advocacy services, emergency caretaker services, adoption services, family planning services, foster family home care, relative home care, and residential care.

DCFS is also mandated by state law to investigate all situations of suspected child abuse or neglect, license all child care and child placement facilities, and provide child welfare services when not available through public or private child care programs.

**Fees:** No fee.

**Referral Procedures:** By phone.

**Sites:** 1

## Department of Human Services (DHS)

501 W. Washington Street  
Bloomington, IL 61702

(309) 451-6000 Voice

(800) 447-4278 Toll-free Child Support Helpline

(309) 862-2830 TTY

(309) 451-6012 FAX

www.dhs.state.il.us

*Terry Rice, Administrator*

*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm

**Area Served:** McLean County.

**Other Languages:** Spanish, Sign Language.

**Accessibility:** Full wheelchair access.

### Sites

#### 1. Dewitt County DHS Office

1275 Route 54 East  
P.O. Box 438  
Clinton, IL 61727

(217) 935-2166 Voice

(217) 935-4684 FAX

*Renee Kirby, Acting Administrator*

**Area Served:** Dewitt County.

## Services

### **Food Stamps**

**Description:** Provides a supplement to the food budgets of low-income households. Recipients receive a "link" card to purchase groceries.

**Referral Procedures:** Walk-in to apply.

**Sites:** 1

### **All Kids & Family Care Health Insurance**

**Description:** 1) All Kids covers children who need health insurance. Some families can choose instead to get help to pay for private health insurance for their children through a rebate option.

2) FamilyCare covers parents living with their children 18 years old or younger. FamilyCare also covers grandparents or other relatives who are raising children in place of their parents. Some parents or other relatives can choose instead to get help to pay for private insurance through a rebate option.

3) Moms & Babies covers pregnant women and their babies.

**Referral Procedures:** Parents can apply at the Department of Human Services office.

**Sites:** 1

### **Medicaid**

**Description:** Medicaid provides medical care to TANF recipients and persons who receive SSI under the Aged, Blind or Disabled Program. Also provides some coverage of medical expenses for those who do not receive financial aid but need help paying medical bills.

**Referral Procedures:** By phone, walk-ins accepted.

**Sites:** 1

## **TANF**

**Description:** Assists Illinois residents in achieving self-sufficiency, independence, and good health to the maximum extent possible by providing integrated family-oriented services, promoting prevention, and establishing measurable outcomes in partnership with the community.

The following programs may be available:

- 1) Temporary Assistance to Needy Families (TANF) - Provides financial aid, medical care, self-support services to clients needing temporary assistance to become self-sufficient, information, and referrals. Serves families with children deprived of support because of the continued absence, incapacity, or death of one or both parents, or due to unemployment.
- 2) Front Door Program - Provides financial assistance to working clients (or just returning from a temporary absence) who are TANF eligible, but not currently receiving TANF. Front Door approves assistance in the following areas: Child care (1 month only); Car repairs less than \$300; Car insurance (liability only; less than \$150); License renewal stickers; Uniform clothing (can be black pants and white shirts); Physical required for employment.
- 3) The Child Only Grant - Provides financial assistance to grandparents raising grandchildren. Eligibility is based on the income of the child not the grandparent.
- 4) Teen Parent Services - Provides comprehensive services to young parents. All young parents, age 19 and under receiving TANF and who do not have a high school diploma or GED, are required to attend classes as a condition of continued eligibility for TANF.
- 5) Employment and Training - Work experience, employment, job search, and some educational assistance for TANF recipients. Support services include child care, specified initial employment expenses, transportation, and some

school books/supplies/fees.

6) Disaster Relief - In the event of a residentially-declared disaster, DHS administers the Individual and Family Grant Program which provides financial aid and other appropriate assistance to victims of disaster.

7) Refugee/Repatriate Programs - Administers federal programs which provide assistance to refugees, Cuban and Haitian entrants, and United States citizens who have been returned to this country by foreign governments.

**Referral Procedures:** Phone, walk-in, or make an appointment.

**Sites:** 1

## **DeWitt County Dove, Inc.**

803 W. Leander  
Clinton, IL 61727

(217) 935-6072 Voice  
(217) 935-8388 FAX  
(217) 428-6616 Voice - AIM  
(217) 428-7256 FAX - AIM  
(217) 428-6559 TTY

www.doveinc.org  
dove@doveinc.org

*Ray Batman, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 4:30 pm  
Calls transfer to 24-hour hotline after hours/weekends.

**Area Served:** DeWitt County

**Note:** DeWitt County Dove in Clinton does not have a shelter facility (Dove's actual shelter is in Decatur). If shelter is needed, the DeWitt Co DV Coordinator has the ability to arrange for it.

## **Services**

### ***Domestic Violence Hotlines*** ***Domestic Violence Support Groups*** ***Protective/Restraining Orders***

**Description:** DeWitt County Dove Domestic Violence Program exists to help victims of domestic violence regain control of their lives. This may include, but is not limited to, helping them obtain an order of protection, providing group or individual counseling, legal advocacy, and other advocacies as

<continued...>



needed.

**Documents Needed:** None.

**Meetings:** The Domestic Violence Support Group for women and children meets Mondays, 5:30-7:00 pm.

**Fees:** No fees.

**Referral Procedures:** Phone, walk-ins and appointments accepted.

### ***Dove DeWitt County Food Bank Food Pantries***

**Description:** Food and toiletries can be accessed once every 30 days; diapers once every 2 weeks.

**Eligibility:** Residents of DeWitt County.

**Documents Needed:** None.

**Fees:** No fee.

### ***Alternative Interventions for Men (AIM) Spouse/Domestic Partner Abuse Counseling \* Male Spouse/Domestic Partner Abusers***

**Description:** AIM is a partner abuse intervention program for men who have abused their female partners. Participants must successfully complete a two-hour intake assessment and 26 weekly two-hour sessions to fulfill the program requirements. The purpose of AIM is to teach men to identify abusive behaviors, recognize the effects of violence on family members, and develop respect for partners and children. The AIM program is in compliance with the Illinois Department of Human Services' Protocol for Partner Abuse Intervention Programs.

**Eligibility:** AIM is a program for male perpetrators of violence against women. Participants are referred through court mandate (probation, parole, etc.) and agency mandate (DCFS, Baby Fold, etc.). Some participants enter the program voluntarily.

**Meetings:** DeWitt County group hours: Tues, 6:00-8:00 pm, at the Clinton office.

**Fees:** \$50 intake fee; weekly fees are sliding scale based on income.

**Referral Procedures:** Phone to set up intake appointment.

### ***DeWitt Assistance Exchange (DAX) Temporary Financial Aid***

**Description:** One-time financial assistance for utility bills, rent, transportation, medical expenses, etc. available for eligible residents of DeWitt County, based on availability of funds. A Volunteer Advisory Board makes the decisions on a case-by-case basis.

**Eligibility:** To apply for assistance, client must have a steady income. Assistance is available only one time during a twelve-month period -- one year from the date of the initial approval of the original application.

**Maximum Income Guidelines:** One of the objectives of DAX is to help low income families and individuals who might not meet income guidelines (i.e., over income) for assistance through federally funded programs, although low income families or individuals who fit government guidelines will not be denied assistance based on this factor.

**Additional Information:** Funding is provided by the United Way and will be budgeted by dividing the total amount of funding into four (4) installments. This ensures that a level of assistance is available during each of the four quarters in the fiscal year.

**Referral Procedures:** By phone, walk-in, appointment.

### ***DeWitt County Friendship Center***

410 East Main  
Clinton, IL 61727

(217) 935-9411 Voice

(217) 935-8571 FAX

friend2seniors@yahoo.com

*Sissy Leggett, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 3:00 pm

**Area Served:** DeWitt County.

<continued...>

**Services**

**Congregate Meals/Nutrition Sites  
Health Insurance Information/Counseling  
Senior Centers**

**Description:** The Friendship Center is an Older Adult & Senior Activity Center. They are a Peace Meal congregate and home-delivery site. They offer outreach services for help with Circuit Breaker, Social Security and Medicare Part D questions and forms. Staff will help refer those in need to other agencies for help. The Center also acts as a "warming/cooling" center for the general population of DeWitt County during times of emergency or disaster.  
**Fees:** No fees.

**Prescription Expense Assistance**

**Description:** Offers emergency assistance with prescriptions for those over 60 years of age.

**DeWitt County Habitat for Humanity**

401 E. Washington Street  
Clinton, IL 61727

(217) 935-8473 Voice

*Bob Reed, President*

**Services**

**Sweat Equity Programs**

**DeWitt County Housing Authority**

100 South Railroad  
Clinton, IL 61727

(217) 935-8804 Voice

**Services**

**Public Housing**

**Description:** The primary purpose of the Housing Authority is to provide decent, safe, and sanitary housing in a suitable environment for low-income families at rents they can afford to pay.

**Section 8 Housing Choice Vouchers**

**Description:** The Housing Authority administers the Section 8 Housing Assistance Payments Program for existing housing. This program subsidizes the rent of eligible participants who live in approved, privately owned housing. This program requires a separate application.

**Fees:** Rent is based on income, not to exceed 30% of the family income.

**DeWitt County Human Resource Center (DCHRC)**

1150 Route 54 West, Box 616  
Clinton, IL 61727

(217) 935-9496 Voice - Serves DeWitt County  
(217) 935-4508 FAX

dchrc@jwbank.net

*Cheryl Lietz, Administrator*

**Hours:** M, T, Th, 8:00 am - 8:00 pm and W, F, 8:00 am - 5:00 pm

**Area Served:** DeWitt County.

**Other Languages:** English

**Accessibility:** Access without special facilities, designated parking, full wheelchair access, no stairs in service delivery areas

**Fees:** Varies by program.

**Referral Procedures:** Self or physician referral by phone.

**Services**

**Outpatient Mental Health Care  
Substance Abuse Services**

**Description:** The following are services offered at this agency:

- Individual mental health counseling/therapy
- Group mental health counseling/therapy
- Individual and family mental health counseling/therapy at home
- Individual mental health

- counseling/therapy at the county jail
- Therapy/counseling for children and youth with mental illness
- 24 hour crisis line for mental health and substance abuse issues
- Medication monitoring by a psychiatrist
- Psychological assessments by a psychologist
- Screening for delays in children ages newborn to three years in the areas of physical, learning, emotional, and family support
- Referrals for vision, hearing, psychological, nutrition, medical consultation, and social services for newborns to three years old
- Transportation for client services
- Parenting training/education
- Assistance in accessing financial assistance for people with mental illnesses and disabilities
- Assistance/training in daily living skills for people with mental illnesses and developmental disabilities
- Mentoring/advocacy for youth with mental illness
- Social skills training for youth with behavioral problems and mental illnesses
- Grief counseling
- Community education programs
- Marital counseling
- Employment skills assessment for persons with disabilities
- Employment opportunities for persons with disabilities
- Assistance in accessing housing for persons with disabilities
- Assistance in accessing other community resources needed by persons with disabilities
- EAP (Employee Assistance Programs) for employers
- Substance abuse assessment, substance abuse treatment, DUI Classes, addictive behaviors treatment such as gambling
- Business pick up and recycling services; drop off recycling services, lawn care, commercial janitorial services, snow and leaf removal
- Alcohol, tobacco and other drug prevention programs for youth
- Confidential paper shredding.

**Documents Needed:** Proof of income

**Fees:** Sliding scale

### **Dewitt County Sheriff**

101 W. Washington Street  
Clinton, IL 61727

(217) 935-3196 Voice

(217) 935-3606 FAX

www.dewittsheriff.com

*Roger W. Massey, Sheriff*

**Hours:** 24 hours.

**Area Served:** DeWitt County.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Sheriff***

**Description:** Law enforcement services aimed at the rural areas and towns in DeWitt County.

### **DeWitt-Piatt Bi-County Health Department**

910 Rte 54 East  
Clinton, IL 61727

(217) 935-3427 Voice

(217) 935-4037 FAX

*Connie Keelin*

**Hours:** M-F, 8:00 am - 4:00 pm.

**Area Served:** DeWitt, Piatt counties.

**Other Languages:** Spanish

### **Sites**

#### **1. DeWitt Health Department Office**

910 Rte 54 East  
Clinton, IL 61727

(217) 935-3427 Voice

(217) 935-4037 FAX

*Connie Keelin*

**Area Served:** DeWitt County.

<continued...>

**2. Piatt Health Department Office**

1030 S. Market  
Monticello, IL 61856

(217) 762-7911 Voice  
(217) 762-3422 FAX

**Area Served:** Piatt County.

**Services**

***Case/Care Management***

**Description:** Family Case Management provides case management services by an R.N. for income-eligible pregnant women and infants. Home visits are available as well.

**Sites:** 1

***Family Planning***

**Description:** Women's health exams, birth control, and comprehensive counseling are available for teens and WIC clients.

**Sites:** 2

***Immunizations***

**Description:** Childhood immunizations are available to any child under 18 years old. Travel and some adult immunizations are available as well.

**Sites:** 1

***Sexually Transmitted Disease Treatment***

**Description:** Testing, treatment, and follow-up is available for various STDs.

**Sites:** 1

***Tuberculosis Control***

**Description:** Reported cases of TB and other communicable diseases are investigated and followed-up on to prevent spread of the disease.

**Sites:** 1

***WIC***

**Description:** Women, Infants and Children (WIC) is a federally funded program which provides a supplemental package of food and nutrition education for income-eligible (185-200% of poverty level) women, infants, and children to promote health, growth, and development. The program encourages regular health care and promotes good nutrition through education. Special supplemental foods are provided to eligible pregnant, nursing or post-partum women, infants, and children up to five years of age.

**Documents Needed:** Birth certificate, proof of income.

**Fees:** Fees for some services based on income.

**Sites:** 1

**Division of Rehabilitation Services (DRS), State of Illinois**

207 S. Prospect Road  
Bloomington, IL 61704

(309) 662-1347 Voice/TTY  
(309) 662-7219 FAX

www.dhs.state.il.us  
dhs21111@dhs.state.il.us

*David Reed, Rehabilitation Services Supervisor*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm

**Other Languages:** Spanish, Sign Language.

**Sites**

**1. Decatur DRS Office**

1065 W. Pershing Rd.  
Decatur, IL 62526

(217) 875-4866 Voice  
(217) 875-9293 FAX

**Services**

***Bureau of Blind Services***  
***Rehabilitation/Habilitative Services \****  
***Blindness***

**Description:** 1) Vocational and Adjustment Counseling - Help for individuals requiring assistance adjusting to vision loss, both in the work and home setting.

2) Rehab Instruction and Orientation and Mobility Instructors - Available to teach independent living skills at client's home, school or work place, and other community sites. May teach use of residual vision, braille, handwriting or keyboarding skills, as well as activities of daily living. Mobility training for teaching travel skills and moving from place to place is also available.

3) Vocational Counseling - Analyze work tasks and recommend modification and assistive technology, career exploration, job matching, and advocacy. Also works with client and client's employer to adapt their work setting to accommodate their particular vision impairment. In some cases, medical restorative services can be provided to help retain or regain employment.

**Sites:** 1

### ***Vocational Rehabilitation***

**Description:** Vocational Rehabilitation provides assistance to disabled individuals with functional limitations to employment. Such limitation may include visual or hearing impairments, mobility issues, work tolerance, or work skills. Individuals can benefit from a wide range of services including:

- 1) Counseling and guidance.
- 2) Evaluation and assessment.
- 3) Job placement and retention.
- 4) Job training.
- 5) Education.
- 6) Short term medical services.
- 7) Assistive devices.

**Area Served:** McLean, Livingston, Ford, Iroquois Counties.

**Eligibility:** Vocational Rehabilitation serves all disabled individuals with barriers to employment.

**Maximum Income Guidelines:** Liberal income limits vary, beginning at \$25,683 for a single individual. Customers currently receiving any type of Social Security benefits will be financially eligible for this program.

**Referral Procedures:** McLean County residents should attend orientation on Wednesdays at 9:00 am. Residents of outer counties should contact the office

for further information.

**Sites:** 1

### **Divorce Adjustment Seminars - Life Enhancement Services**

206 W. Kelsey Street  
Bloomington, IL 61701-1619

(309) 452-8242 Kathryn Tornquist

(309) 828-2965 Ron Maier

(309) 828-2965 FAX

ronaldm55@aol.com

*Public transportation accessible.*

**Area Served:** Bloomington-Normal core, North to Pontiac, East to Champaign, South to Lincoln and West to Eureka.

### **Services**

#### ***Rebuilding Your Life After Separation or Divorce***

#### ***Workshops/Symposiums \* Divorced/Divorcing Persons***

**Description:** Psycho-educational presentations, combined with a small group process, designed to help individuals understand the dynamics of relationships, why they succeed, and how to avoid repeating old errors. Available to anyone dealing with the ending of a committed relationship (not necessarily marriage). The seminar is offered twice each year in the spring and fall (Mondays, 6:45-9:15 pm for 10 weeks).

**Fees:** \$265 for 10 week seminar. Early payment discount options include paying three weeks before the date of the seminar (cost is \$230); paying within three weeks of the start date or on the first night of the seminar (cost is \$245). Recognizing that during a separation or divorce many couples are also under significant financial stress, the counselors will try to accommodate a manageable payment schedule. Please contact for details.

**Referral Procedures:** By phone.

## **Divorce Recovery Ministry - Calvary United Methodist Church**

1700 N. Towanda Avenue  
Normal, IL 61761

(309) 452-5413 Voice/Church  
(309) 452-1057 FAX

[www.cumcnormal.org](http://www.cumcnormal.org)

*Jim, Contact Person*

*Public transportation accessible.*

**Area Served:** Bloomington-Normal and surrounding communities.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Mutual Support Groups \* Divorced/Divorcing Persons***

**Description:** Calvary UMC offers a divorce recovery group based on the book "Rebuilding When Your Relationship Ends" by Dr. Bruce Fisher and Dr. Robert Alberti. Participants meet weekly to discuss each "Rebuilding Block" in the process, share their thoughts and concerns, and receive friendship from the group. You do not need to be a member of Calvary to participate. Anyone in the community looking for a supportive environment is encouraged to come. You'll meet people working through similar issues and experiencing many stages of recovery and learning. Walk-ins are welcome at any time and we often have out-of-town participants. Even if you've just separated or just started the process, don't wait for the support and perspective you need. You are not alone!

**Additional Information:** A new session of "Rebuilding" starts Sept 17, 2008 and runs through Dec 17, 2008.

**Meetings:** Every Wednesday, 6:30 - 8:00 pm, Room L6, CUMC.

**Fees:** No fee unless participants want to buy the "Rebuilding" book which is \$10. Scholarships are available, if needed.

**Referral Procedures:** Call to make sure they are currently meeting, as there may be a few weeks break between program sessions.

## **Domestic Abuse Helpline for Men & Women**

P.O. Box 252  
Harmony, ME 04942

(888) 743-5754 Toll-free

[www.noexcuse4abuse.org](http://www.noexcuse4abuse.org)  
[help@noexcuse4abuse.org](mailto:help@noexcuse4abuse.org)

**Hours:** 24-hour Helpline.

**Area Served:** Nationwide service.

### **Services**

#### ***Domestic Violence Hotlines***

**Description:** DAHM is a national helpline, available 24/7, that supplements what is currently available for victims of domestic violence. Their specialty is in helping men who are in abusive relationships with women.

## **Dr. John Warner Hospital**

422 W. White  
Clinton, IL 61727

(217) 935-9571 Voice

<http://www.djwhospital.org/>

**Hours:** 24 hours.

**Area Served:** Serves Clinton and surrounding towns in DeWitt Co.

### **Services**

#### ***Hospitals***

**Description:** Provides full health care services to the community as well as referrals and/or transfers to appropriate agencies. For more info on hospitals and other resources in DeWitt County refer to the blue book "DeWitt County Human Service Directory."

**Fees:** Varied depending on service.

## Drivers License Examining Station

1510 W. Market  
Bloomington , IL 61701

(309) 827-3531  
(309) 827-3956 FAX

www.cyberdriveillinois.com

*Illinois Secretary of State, Administrator*  
*Public transportation accessible.*

**Hours:** T, 8:00am-6:00pm  
W-F, 8:00am-5:00pm  
Sat, 8:00am-12:00pm

### Services

#### **Driver Licenses**

#### **Motor Vehicle Registration**

**Description:** Apply for new and renewed State of Illinois Driver's Licenses, title transfers, license plates, etc.

**Fees:** Vary

**Referral Procedures:** Walk-ins accepted

## East Central Illinois Area Agency on Aging

1003 Maple Hill Road  
Bloomington, IL 61705

(309) 829-2065 Voice  
(800) 888-4456 Toll-free  
(309) 829-6021 FAX

www.eciaaa.org  
aginginfo@eciaaa.org

*Michael J. O'Donnell, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:00 pm; closed for lunch daily, 12:00-12:30 pm.

**Area Served:** McLean, Livingston, DeWitt, Champaign, Clark, Coles, Cumberland, Douglas, Edgar, Ford, Iroquois, Macon, Moultrie, Piatt, Shelby, Vermilion Counties.

**Accessibility:** Full wheelchair access

## Services

### **Area Agencies on Aging**

**Description:** The function of the Area Agency on Aging is to plan, coordinate and advocate for the development of a comprehensive service delivery system for persons age 60 and above and their caregivers. AAA provides federal (Older Americans Act) and state (General Revenue) funds through grants and contracts to community programs on aging in the 16 counties of East Central Illinois.

Funded programs in McLean County include:

- Community Care Systems, Inc.
- Case Coordination Unit
- Peace Meal Senior Nutrition Program
- Prairie State Legal Services
- SHOW Bus Transportation
- PATH Senior Services: Outreach, In-Home Counseling, Protective Services, Money Management, Family Caregiver Advisory Services, Respite Services, and Gap-Filling Services for persons 60+, family caregivers, and Grandparents Raising Grandchildren.

### **Long Term Care Ombudsman Programs**

**Description:** A Nursing Home Ombudsman is available to assist residents in long-term care facilities (and their families). The Ombudsman will attempt to investigate and resolve any questions, complaints, or concerns regarding the quality of life and care of a nursing home resident.

### **Senior Community Service Employment Programs**

**Description:** The Senior Community Service Employment Program provides part-time employment and training opportunities for low income persons age 55 and over in the 16 county area.

## Eastview Christian Church Counseling Center

1500 N. Airport Road  
Normal, IL 61761

(309) 451-5020 Voice  
(309) 888-9903 FAX

www.eastviewcommunity.com

*Sara Thompson, MA, LPC, Lead Counselor*

**Hours:** By appointment only.

**Area Served:** Central Illinois.

**Accessibility:** Full wheelchair access.

**Fees:** Sliding fee scale.

### Services

#### **Pastoral Counseling**

**Description:** Provides professional counseling from a Christian perspective. Includes marital, individual, and family therapy.

## Eastview Christian Church Food Pantry

1500 N. Airport Road  
Normal, IL 61761

(309) 451-5056 Voice

www.eastviewchurch.net  
jsmiley@eastviewcc.org

*Jim Smiley, Pastor-Community Care*

**Area Served:** McLean and surrounding counties.

**Accessibility:** Full wheelchair access.

**Note:** No public transportation available; Eastview is not served by B-N bus lines.

### Services

#### **Food Pantries**

**Description:** Available to anyone in the community needing food. Each household may visit once every six weeks.

Hours: T & Th, 10:00 am - 12:00 pm &  
1:00 - 3:00 pm

Wed evening, 5:00 - 6:30 pm

**Documents Needed:** Photo ID (drivers license or ID card) and one recent bill with current address.

**Fees:** No fee.

**Referral Procedures:** Walk-ins accepted.

## Eating Disorders Program - OSF St. Francis Medical Center

100 N. Main, Ste 201  
East Peoria, IL 61611

(309) 655-2738 Voice  
(309) 655-7392 FAX

*Laura Maushard, Secretary*

**Hours:** M-F, 8:00 am - 4:30 pm or leave message.

**Accessibility:** Full wheelchair access.

### Services

#### **Eating Disorders Treatment**

**Description:** 1) Outpatient Services - Outpatient Counseling is the cornerstone of managing eating disorders. It explores the underlying factors that maintain the eating disorder and emphasizes the development of a plan for change. Outpatient services can include family therapy, nutrition counseling with a licensed dietitian, medical management, and psychiatric management.

2) Intensive Services:

a) Partial Hospitalization - PHP provides structure and support as the patient achieves the goals of eating, cessation of purgative behaviors and stabilization of weight. The program is conducted 11 hours per day, Monday through Friday.

b) Intensive Outpatient (IOP) - The IOP is designed for patients needing less structure and support than what is provided through the Partial Hospitalization Program. The program is conducted 7½ hours per day, Monday through Friday.

**Fees:** Call for specific information. Patients often have health insurance coverage that pays a portion of the cost.

**Referral Procedures:** Phone for appointment.

<continued...>



### **Support Groups \* Eating Disorders**

**Description:** 1) Patient Support Group: Patients at various stages of recovery meet weekly with a registered nurse to share common experiences and feelings and provide support in fading and overcoming their everyday problems related to eating and living. This group meets Wednesday evening and there is no charge.

2) Family Awareness Group: Family and friends of someone struggling with an eating disorder have this forum for learning more about eating disorders and discovering that others have similar questions, feelings and concerns. This Wednesday evening group is facilitated by a psychotherapist. There is no charge.

### **Epilepsy Resource Center of Central Illinois**

232 Bruns Lane  
Springfield, IL 62702

(800) 800-6401 Toll-free  
(217) 726-1839 Springfield  
(217) 726-9957 FAX

[epilepsy@spfldsparc.org](mailto:epilepsy@spfldsparc.org)

*Linda LoBue, Program Manager*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am-4:30 pm

**Area Served:** Central Illinois

#### **Services**

### **Disease/Disability Information \* Epilepsy**

**Description:** Serves people with epilepsy and their families throughout Central Illinois. Services include information and referral, individual and family counseling, public and professional education, employment assistance/job placement program, and community support groups.

**Fees:** No fee.

**Referral Procedures:** By phone; walk-ins accepted.

### **Mutual Support Groups \* Epilepsy**

**Description:** The local Epilepsy Support Group is open to anyone with epilepsy or anyone dealing with epilepsy in some way. It is a group to discuss concerns people have, get the support needed to deal with epilepsy on a day-to-day basis, and help others in the group by sharing experiences. Support groups also meet in Springfield and Champaign; call the toll-free number for more information on those groups.

**Meetings:** 2nd Wednesday each month, 7:00-8:30 pm, St. Joseph Medical Center's Business & Conference Center, Room BCC2, 2200 E. Washington Street, Boomington.

**Fees:** No fee.

**Referral Procedures:** By phone; walk-ins accepted.

### **Experience Works**

PO Box 414  
Buffalo, MO 65622

(800) 368-7569 Toll-free/Regional Office  
(417) 345-2797 Voice  
(417) 345-2998 FAX

[www.experienceworks.org](http://www.experienceworks.org)

*Janice Bramwell, Regional Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:30 pm

**Area Served:** DeWitt, Grundy, Kendall, LaSalle, Livingston, Macon, McLean, Moultrie, Piatt, and Woodford Counties.

**Accessibility:** Full wheelchair access.

#### **Services**

### **Senior Community Service Employment Programs**

**Description:** An employment and training program for older Americans. The program develops part-time work opportunities in community service for eligible older Americans. The program enables participants to make the most effective use of their abilities, skills, and aptitudes to facilitate placement into non-subsidized job opportunities. Participants are temporarily assigned to agencies which operate

<continued...>

community service programs, contributing to the maintenance and growth of local communities while earning wages. Job development opportunities are also provided for eligible applicants through updating interviewing skills, resume writing, employer contacts, and job search assistance. Applicants should be job-ready and willing to look for work to receive these services.

**Eligibility:** To be eligible, one must be 55 years of age or older, capable of performing part-time employment duties, and reside in Illinois.

**Maximum Income Guidelines:** 125% of poverty level.

**Documents Needed:** Proof of income, proof of residence, Social Security number, and Illinois Driver's License or ID card.

**Fees:** No fee.

**Referral Procedures:** By phone.

## Eye Care America

655 Beach Street  
San Francisco, CA 94142

(800) 222-3937 - Helpline  
(800) 391-3937 Glaucoma EyeCare  
(415) 561-8567 FAX  
(877) 887-6327 Administrative

www.eyecareamerica.org  
pubserv@aao.org

*Betty Lucas, Director*

**Hours:** 24-hour service.

**Area Served:** Nationwide service.

### Services

#### **Eye Care \* Older Adults**

**Description:** The Seniors EyeCare program ensures that every older American has access to medical eye care and promotes annual, dilated eye exams. It raises awareness about age-related eye disease including cataracts and macular degeneration, provides free eye care educational materials and facilitates access to eye care - at no out-of-pocket expense for eligible seniors. People may call the toll-free helpline to request free eye care educational materials and

determine if they qualify for a referral from one of EyeCare America's 7,500 volunteer ophthalmologists nationwide. Excluded: eyeglasses, prescription drugs, hospital services, and fees of other medical professionals.

**Eligibility:** U.S. citizens or legal residents, ages 65 and older who have not seen an ophthalmologist in 3 years or more. Callers may not belong to an HMO or have VA benefits.

**Fees:** For uninsured individuals, there is no fee. If individual is insured, Medicare or private insurance is billed, balance waived.

**Referral Procedures:** Telephone. Referral letter mailed 3 weeks after call to helpline.

#### **Glaucoma EyeCare Program Glaucoma Screening**

**Description:** The Glaucoma EyeCare Program promotes early detection and treatment of glaucoma. It raises awareness of glaucoma risk factors, provides free glaucoma educational materials and facilitates access to medical eye care. Excluded: eyeglasses, prescription drugs, hospital services, fees of other medical professionals.

**Eligibility:** U.S. citizens or legal residents who have not had an eye exam in 12 months or more. Those who are at increased risk for glaucoma (family history, race, age). Those who do not have eye care insurance through HMO or VA.

**Fees:** Uninsured individuals receive free services. For insured individuals, Medicare or private insurance is billed.

**Referral Procedures:** Telephone. Referral letter mailed 3 weeks after call to helpline.

## Family Community Resource Center

509 W. Washington Street  
Bloomington, IL 61701

(309) 821-1616 Voice  
(309) 821-1717 FAX

*Belinda Kennedy, Manager*  
*Public transportation accessible.*

**Area Served:** McLean, Livingston, DeWitt Counties.

**Other Languages:** Spanish.

**Accessibility:** Full wheelchair access.

**Fees:** No fees.

### Services

#### ***Family Maintenance/Reunification***

**Description:** Advocates for families who have had their children removed from the household by DCFS.

**Agency Mission:** The Family and Community Resource Center endeavors to educate the community concerning matters that are pre-eminent to the protection of children. We work to: foster cultural sensitivity among family crisis intervention personnel to enhance community awareness regarding the rights of families to develop and effectuate policies that effectively maintain the actual structural and operational integrity of families.

## Farm Resource Center

PO Box 87  
Mound City, IL 62963

(877) 633-3372 Toll-free  
(618) 748-9623 Voice  
(618) 748-9622 FAX

www.frci.org  
frc1@mchsi.com

*Roger Hannan, Executive Director*

**Hours:** M-F, 8:00 am - 4:30 pm; 24-hour emergency phone response

**Area Served:** State of Illinois.

**Other Languages:** Spanish; can make arrangement for interpreters.

### Services

#### ***Outreach Programs \* Rural Residents***

**Description:** Provides a wide variety of stress management and crisis intervention services for rural Illinois families with a special emphasis on farmers, miners, laborers, and at-risk abused and neglected children. Referral services are provided to help rural people throughout Illinois find other assistance or information. Educational programs are available for presentation in rural communities and include a variety of topics such as rural stress, improving family communication, and dealing with change and loss. Services available for the McLean County area include phone coverage and individual visits, as available per funding of agency.

**Fees:** No fee.

**Referral Procedures:** Call the toll-free number. The main office will take your contact information and have a regional outreach worker get back in touch with you.

## Farmer City Public Library

109 E. Green Street  
Farmer City, IL 61842

(309) 928-9532 Voice  
(309) 928-2540 FAX

*Catherine Hoffman, Director*

**Hours:** M, Tu, W, Th, 1:00 - 8:00 pm  
F, Sa, 9:00 am - 1:00 pm

**Area Served:** Farmer City and DeWitt County.

### Services

#### ***Library Services***

**Description:** Basic library services for Farmer City residents.

**Eligibility:** Must be a resident of Farmer City (within city limits) for a no fee card.

**Fees:** No fee for Farmer City residents; outside city limits but in school district area - \$35 fee.

## **First Christian Church-Clinton**

100 N. Jackson Street  
Clinton, IL 61727

(217) 935-3139 Voice

### Services

### **Food**

## **Friends and Families of Suicides**

[www.friendsandfamiliesofsuicide.com/](http://www.friendsandfamiliesofsuicide.com/)

**Area Served:** Nationwide Service.

### Services

### **Web Sites \* Families/Friends of Suicides**

**Description:** Friends and Families of Suicides is a comprehensive website dedicated to remembering those who took their lives. It offers support, information, education, memorials, and much more to anyone whose life has been touched by suicide.

## **Gateways to Opportunity - The Illinois Early Care & Education Professional Development Network**

1226 Towanda Plaza  
Bloomington, IL 61701

(888) 548-8080 Voice/toll-free  
(309) 828-1808 FAX

[www.ilgateways.com](http://www.ilgateways.com)  
[info@ilgateways.com](mailto:info@ilgateways.com)

*Jan Maurina, Executive Director*

**Hours:** M-F, 8:30 am - 4:30 pm

**Area Served:** State of Illinois

### Services

### **Occupational/Professional Associations**

**Description:** Gateways to Opportunity is Illinois' statewide professional development network for early care and education practitioners. It was created by the Professional Development Advisory

Committee (PDAC), a group of highly qualified practitioners, educators, and advocates from around the state. PDAC's overall strategy is to improve the stability of the early care and education workforce through increased professional development and improved opportunities for career advancement. They are accomplishing this through their dedicated efforts and involvement in the six PDAC committees. Promoting professionalism within the early care and education field and providing opportunities and compensation for professionals to further their education and training is also a goal.

**Fees:** No fee.

**Referral Procedures:** By phone.

## **Girl Scouts of Central Illinois**

#3 Westport Court  
Bloomington, IL 61704

(309) 662-5384 Voice  
(800) 777-1912 Toll-free  
(309) 663-8116 FAX

<http://www.girlscouts-gsci.org/>

*Pam Kovacevich, CEO*

*Public transportation accessible.*

**Hours:** Office hours for all locations are:

Mon, 8:30 am - 6:00 pm; Tues - Thurs, 8:30 am - 4:30 pm; Fri, 8:30 am - 3:00 pm.

**Area Served:** Girl Scouts of Central Illinois' headquarters is in Springfield. There are regional service centers in Bloomington, Champaign, Decatur, Peoria, Quincy, and Springfield. Satellite offices are located in Macomb and Peru.

**Other Languages:** Sign Language.

**Accessibility:** Full wheelchair access.

### Services

### **Scouting Programs**

**Description:** The goal of Girl Scouting is to help each girl develop to her full potential through informal, educational group programs. Emphasis is on values clarification, building self-esteem, development of social and leadership skills, and constructive leisure time pursuits.

<continued...>

**Eligibility:** Membership is open to all all girls ages five to 18.

**Fees:** Registration \$10 per year; financial aid is available.

**Referral Procedures:** By phone; walk-ins accepted.

***Baby Think It Over  
Teen Pregnancy Prevention***

**Description:** This program utilizes life-like baby dolls to help teach child care, parenting, and issues dealing with teen pregnancy. Girls/students get an idea of the experience of having a baby -- it cries, needs to be fed, changed, etc., and can be programmed for a week or a few hours.

**Eligibility:** Girls, 5-17 years old; however, will present to mixed gender groups as well.

**Fees:** None.

**Referral Procedures:** When requested, staff from GS will present this free program to students/clients from local schools, troops, and social service agencies. They have several programs for these mobile presentations, including bullying, acceptance/diversity, drugs, etc.

**Growing Strong Sexual Assault Center, Clinton Office**

803 W. Leander  
Clinton, IL 61727

(217) 428-0770 Voice - Accepts collect calls  
(217) 935-0630 Voice

*Peg Kovach, Director*

**Sites**

**1. Growing Strong Sexual Assault Center, Clinton Office**

803 W. Leander  
Clinton, IL 61727

(217) 428-0770 Voice - Accepts collect calls  
(217) 935-0630 Voice

www.growingstrongcenter.org  
growingstrong@growingstrongcenter.org

*Peg Kovach, Executive Director*

**Site Hours:** Growing Strong rents office space at the Dove Facility in Clinton and meets clients there for counseling and advocacy, as needed.

**2. Growing Strong Sexual Assault Center, Decatur Office**

270 West Prairie  
Decatur, IL 62523

(217) 428-0770 Voice  
(217) 428-8537 FAX  
(217) 362-9226 TTY

www.growingstrongcenter.org  
growingstrong@growingstrongcenter.org

*Peg Kovach, Executive Director*  
*Public transportation accessible.*

**Site Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** DeWitt, Piatt, Macon, Moultrie, Shelby Counties.

**Accessibility:** Limited access.

**Services**

***Sexual Assault Hotlines***

**Description:** Growing Strong Sexual Assault Center is a not-for-profit organization that provides a safe place to heal from the trauma of sexual assault and abuse. Specific services include:

- Free and Confidential Counseling
- Crisis Intervention / 24-hour Hotline
- Support Groups
- Medical Advocacy
- Legal Advocacy
- Training for Police/Criminal Justice Personnel
- Prevention Education
- Training For Teachers
- College Programs

**Eligibility:** Growing Strong provides free and confidential services to all persons

<continued...>

irrespective of age, gender, sexual preference, ethnicity or religion, who have experienced, or are close to someone who has experienced, any form of sexual assault or abuse. Sexual assault includes, but is not limited to rape, incest, sexual fondling or taunting, adult survivors of childhood sexual abuse, sexual harassment, or sexual exploitation.

**Fees:** No fee.

**Sites:** 1 2

## **Guardianship and Advocacy Commission**

160 N La Salle Street  
Chicago, IL 60601

(866) 274-8023 Toll-free

[www.state.il.us/igac](http://www.state.il.us/igac)

**Hours:** M-F, 8:30 am - 5:00 pm

**Area Served:** East Central Illinois.

**Accessibility:** Full wheelchair access.

### Services

#### **Legal Advocacy Services Advocacy \* Diseases/Disabilities**

**Description:** The LAS was created so that eligible children and adults, who have a disability, could obtain legal advice and representation to protect and enforce their rights guaranteed by Illinois' mental health laws. LAS attorneys provide needed assistance to persons with disabilities in a variety of settings: mental health facilities, residential programs, community placements, and nursing homes. Issues addressed include, but are not limited to: admission and discharge from hospitalization, adequate treatment, refusal of unwanted services, and confidentiality of mental health records. Assistance takes the form of information, referral, and legal representation in court hearings and administrative proceedings.

#### **Human Rights Authority Disability Rights Groups**

**Description:** The HRA investigates complaints of alleged violations against disability laws. HRA offers a free forum that permits negotiation with providers and avoids the confrontation of a court room. Issues that are not amendable to the legal process can also be addressed.

#### **Office Of State Guardian Public Guardianship/Conservatorship Programs**

**Description:** The OSG can be appointed "guardian of last resort" for adults with disabilities who are unable to make or communicate their own personal or financial decisions. If no family member or friend is able to be the guardian, this office may be appointed by the court.

**Fees:** Sliding scale.

**Referral Procedures:** Call toll-free number and ask for intake worker.

#### **Health Benefits For Workers with Disabilities (HBWD)**

(800) 226-0768 Toll-free

(866) 675-8440 TTY

[www.hbwdillinois.com](http://www.hbwdillinois.com)

[dpawebmaster@mail.idpa.state.il.us](mailto:dpawebmaster@mail.idpa.state.il.us)

**Hours:** Monday thru Friday  
8:30am to 4:30pm

**Area Served:** State of Illinois.

### Services

#### **Medicaid \* Diseases/Disabilities**

**Description:** Through this program, The State of Illinois provides medical benefits to people with disabilities who are working. Many fear that a return to work means losing their Medicaid health care coverage and, often, private insurance is sometimes difficult or impossible to obtain. Therefore, the goal of HBWD is to help people with disabilities return to work with full Medicaid health care benefits. HBWD not only encourages enrollees to work, but to increase the number of hours they are

<continued...>

currently working.

HBWD applications are available through their website or you may request an application to be e-mailed. For more information, call the toll-free number listed.

**Eligibility:** Must be an individual with a disability, between the ages of 16 and 64, and working. Workers with countable income of up to \$1,595 per month for a single person and \$2,138 per month for a couple may qualify for the program. Unlike other Medicaid programs, HBWD allows enrollees to have up to \$10,000 in assets.

**Fees:** Depending on their income, enrollees pay a monthly premium that ranges from \$0 to \$100 to receive the full range of Medicaid services.

The HBWD medical card is the same as any other Public Aid medical card and has the same co-pays, i.e., brand-name prescriptions \$3/each; office visits \$2/visit; hospitalization \$3/day.

## Heartland Christian Counseling

1520 E. College Avenue, Suite M  
Normal, IL 61761

(309) 261-6831 Voice

hccounsel@aol.com

*L. Reed Elam, Director  
Public transportation accessible.*

### Services

#### **Pastoral Counseling**

**Description:** Heartland Christian Counseling is a non-profit organization that offers services to families, couples, and individuals. It is a biblically-based, professional practice. Counseling can address a range of issues--marital difficulties, adolescent adjustment conflicts, divorce, depression, anxiety, abuse, stress, grief. Marriage and family enrichment seminars are available to area churches.

**Fees:** A moderate fee structure has been established to make services

available to as many people that may need them, regardless of their financial situation. The Wounded Heart Fund enables HCC to provide this care, as funds are available.

## Heartland Community College - Essentials Programs

1500 W. Raab Road  
Normal, IL 61761

(309) 268-8048 Essentials Program Registration

(309) 268-8047 Voice

(309) 268-7992 FAX

www.heartland.edu

pam.westerdahl@heartland.edu

*Pam Westerdahl, Director of Workforce Services  
Public transportation accessible.*

**Hours:** M-F, 8:00 am - 5:00 pm

**Area Served:** McLean, Livingston, DeWitt Counties and District #540.

**Accessibility:** Full wheelchair access.

**Documents Needed:** Proof of income, proof of residency, Social Security number, GED, and must take assessment test administered by HCC.

### Services

#### **Business Essentials**

#### **Vocational Education \* Business Issues**

**Description:** Business Essentials is a comprehensive 16 credit hour college level certificate program taught in a closed classroom setting. Successful completers receive an accredited Illinois Community College Board Certificate and the benefits of a program of learning designed to overcome educational, social, and economic barriers to sustainable employment. Successful completers are also provided with job placement assistance and continuing supportive services.

Business Essentials reinforces the skills most desired by employers and necessary for personal, as well as professional, growth. Specifically, this occupational certificate prepares students to meet the challenges of many jobs in an office environment including receptionists, office

clerks, administrative assistants, and office managers. Program curricula focus on office technology, business communication, life and workplace skills, and work ethics. To reinforce classroom learning and provide valuable workplace experience, students are placed in a paid internship with a local employer in the second half of the program (contingent upon availability of appropriate positions).

**Hours:** Program participants meet from 9:00 am to 2:45 pm, four to five days per week.

**Eligibility:** Applicants must:

- Be a resident of HCC District #540
- Be currently unemployed or underemployed
- Possess a high school diploma or GED
- Have a demonstrated financial need

**Fees:** There are no out-of-pocket expenses. Students are required to file for and use financial aid or other available government assistance to pay for tuition. Students receive textbooks, assistance with child care and transportation, all necessary classroom supplies, and a computer complete with all classroom software to use in the home for the duration of the program.

**Referral Procedures:** Must register for and attend a mandatory orientation session.

### ***Information Technology Essentials Vocational Education \* Information Technology Occupations***

**Description:** The Information Technology Essentials program is an comprehensive 16 credit hour, college level certificate program taught in a closed classroom setting. Successful completers receive a Heartland Community College certificate and are qualified to sit for the A+ Certification. Successful completers benefit from a program designed to support students as they overcome social and economic barriers to sustainable employment. Graduates are provided with job placement assistance and continued supportive services as they find positions as computer support specialists.

ITE reinforces the skills most desired by employers and necessary for personal as well as professional growth. Specifically, this HCC certificate prepares students to sit for the A+ Certification exam, and meet the challenges of many jobs in the computer support specialist environment, including help desk positions and PC maintenance and repair. Program curricula focuses on information science, workstation operating systems, PC hardware maintenance and repair, Technical mathematics, and workforce preparation.

**Eligibility:** - Be a resident of HCC District #540

- Be currently unemployed or underemployed
- Posses a high school diploma or GED
- Assess at the Intermediate Algebra level
- Have a demonstrated financial need

**Fees:** There are no out of pocket expenses for students. Text books, classroom supplies, the exam fee, a computer to use in the home, and assistance with transportation and child care are provided.

**Referral Procedures:** Must register for and attend a mandatory orientation session.

### ***Manufacturing Essentials Vocational Education \* Production/Processing Occupations***

**Description:** Manufacturing Essentials is an occupational credit bearing certificate program preparing students to enter employment within manufacturing production. Manufacturing Essentials will provide a fifteen credit hour occupational program certificate that will include a series of hands-on work site and employer-driven experiences integrated into program curriculum and designed to meet workplace as well as life skill development needs. It will be a 16 week schedule, from 9:00 a.m. to 2:30 p.m., five days per week. There are no out of pocket expenses for students, and all textbooks, classroom supplies and tools will be provided. Assistance with transportation and childcare is also included within the

<continued...>



program.

## Home Sweet Home Ministries, Billy Shelper Center

303 E. Oakland Avenue  
Bloomington, IL 61701

(309) 828-7356 Voice  
(309) 828-1530 Mission Mart  
(309) 827-6415 FAX

www.hshministries.org  
hshinfo@hshministries.org

*Mary Ann Pullin, CEO*

*Public transportation accessible.*

**Hours:** 24-hours, 365 days a year.

**Area Served:** Principally McLean, Livingston, DeWitt, Ford, Logan, Tazewell, and Woodford Counties, though open to all as space is available.

**Accessibility:** Full wheelchair access but limited as to capacity.

### Services

#### **Food**

**Description:** Food Services - Provides 3 served meals daily to residents, and lunch/dinner to non-residents. Non-residents must complete brief pre-screening. Please call for appointment.

#### **Homeless Shelter**

**Description:** Temporary Services - Safe shelter, food, clothing, counseling, and ministry support to individuals in crisis. Depending on level of need, services may be basic (short-term stay), or intensive (longer-term stay). The latter usually involves a needs-based case plan designed to move a resident to independent living as quickly as possible.

**Documents Needed:** Clearance card and picture ID, if possible.

**Fees:** No fee for Temporary Services or Food Services.

**Referral Procedures:** No appointment necessary for residential screening. Walk-ins are accepted. Courtesy calls on

referrals from other agencies are always welcomed. Expect up to 2 weeks processing for referrals to Threshold. Applications may be downloaded from website.

#### **Thrift Shops**

**Description:** Mission Mart - Retail thrift stores offering quality goods at less-than-thrift prices. Currently in Bloomington (301 E. Oakland), Clinton (104 E. Side Square), and Lincoln (616 Broadway).

Internet Consignment Shoppe - HSHM accepts donations from the community then offers them online at a discount through an e-bay web site. Proceeds benefit HSHM programs. The URL for that web site is:

<http://stores.ebay.com/Internet-Consignment-Shoppe>.

#### **Threshold Transitional Housing/Shelter**

**Description:** Threshold - A Christian-based residential program (up to 24 months) designed to help students overcome chronic barriers to independence. The program intensively addresses various addictions as well as educational, personal, spiritual, vocational, and emotional needs. Applicants must be prepared for a long-term commitment. Participation fee is based on ability to pay.

#### **Humane Society of Central Illinois**

423 Kays Drive  
Normal, IL 61761

(309) 451-1000 Voice  
(309) 451-1834 FAX

www.hscipets.org

*Jennifer Wake, Kennel Manager*

*Public transportation accessible.*

**Hours:** Office and Shelter closed Tuesdays.  
Office: M, W, Th, F, 10:00 am - 6:00 pm  
Viewing: M, W, Th, F, 1:00 - 6:00 pm; Sat & Sun, 1:00 - 4:00 pm

**Area Served:** Central Illinois communities.

<continued...>

## Services

### **Protective Services for Animals**

**Description:** 1) Pet Adoption Center - Houses relinquished pets and attempts to find permanent, responsible homes. Calling before bringing animals to the shelter is appreciated.

2) Animal Abuse/Neglect Investigation Services - Provides state-licensed humane investigators and a crew of trained field investigators to check into reports of animal abuse or neglect.

Investigators work with pet owners to help provide proper pet care in accordance with the Humane Care for Animals Act.

3) Lost and Found - Records information about lost and found animals in hopes of reuniting lost pets with their owners.

4) Education - Provides speakers to classrooms and community groups to talk about pet care.

5) Spay/Neuter Program - Low cost programs for those who need financial assistance to spay or neuter their pet.

**Eligibility:** Must provide proof of income for the spay/neuter program. Eligibility includes one or more of the following: Low Income, Unemployment Benefits, Social Security Benefits, and DHS Assistance (ie. food stamps).

**Fees:** Call for current adoption fees. The Humane Society operates solely on contributions and donations.

**Referral Procedures:** By phone; walk-in.

**Hours:** M-F, 8:00 am-4:30 pm

**Area Served:** State of Illinois.

**Accessibility:** Full wheelchair access.

## Services

### **Assistive Technology Information**

**Description:** The IATP provides information and referral on assistive technology devices and services for individuals with disabilities and older adults in the State of Illinois.

Services include demonstration and loans of assistive technology, basic skills training, a newsletter on assistive technology, and a resource database of assistive technology vendors and manufacturers, funding, and educational advocacy.

**Eligibility:** People with disabilities and their families.

**Fees:** No fee.

**Referral Procedures:** By phone, walk-in, appointment, email.

### **Low Interest Personal Loans \* Assistive Technology Equipment**

**Description:** The TechConnect Low Interest Loan Program helps people with disabilities and their families borrow money to purchase devices and services, including home modifications so they can learn, work, and live independently. The newest component of this program is the "Telework" Program which expands the scope of loans to cover computers and other equipment someone with a disability needs to telework from home or other remote sites.

## **Illinois Assistive Technology Project**

1 West Old State Capital Plaza, Ste 100  
Springfield, IL 62701

(217) 522-7985 Voice/TTY

(800) 852-5110 Voice/TTY

(217) 522-8067 FAX

[www.iltech.org](http://www.iltech.org)

[IATP@iltech.org](mailto:IATP@iltech.org)

*Wilhelmina Gunther, Executive Director*

## **Illinois Department on Aging**

421 E. Capitol Avenue, #100  
Springfield, IL 62701-1789

(866) 800-1409 To report Elder Abuse 24/7

(217) 785-3356 Administrative

(217) 785-4477 FAX

<http://www.state.il.us/aging>

[ilsenior@aging.state.il.us](mailto:ilsenior@aging.state.il.us)

*Charles D. Johnson, Director*

*A pamphlet is on file.*

<continued...>

**Hours:** M-F, 8:30 am - 5:00 pm

### Services

#### **Senior Advocacy Groups**

**Description:** Designed to help older people live independently, the Community Care Program provides in-home and adult day services to over 40,000 frail seniors each month. Includes services such as: case management, homemaker assistance, adult day services, senior companions, choices for care program, demonstration projects, senior centers, congregate meals, information and assistance, transportation, outreach, employment, volunteer programs, elder abuse and neglect program, ombudsman, legal assistance, Senior Helpline, health awareness programs, intergenerational programs, Grandparents Raising Grandchildren, Gatekeeper Programs, Caregiver initiative, training, publication, audiovisual resources, speakers bureau, special events and awards programs.

**Eligibility:** Clients must be 60 years or over and their asset level (single person) cannot be over \$10,000 (not including home, car and furnishings); a cost share is applied if the client's income is above a specified level.

#### **Illinois Department on Aging - Senior Helpline**

421 E. Capitol, #100  
Springfield, IL 62701-1789

(800) 252-8966 Toll-free  
(866) 800-1409 Toll-free voice/TTY  
Statewide Elder Abuse Hotline

[www.state.il.us/aging/](http://www.state.il.us/aging/)  
[ilsenior@aging.state.il.us](mailto:ilsenior@aging.state.il.us)

**Hours:** M-F, 8:30 am - 5:00 pm

### Services

#### **Information and Referral \* Older Adults**

**Description:** Provides information for a variety of senior programs throughout Illinois.

**Fees:** No fee.

#### **Illinois Healthcare Portal / Illinois Covered**

Illinois Department of Healthcare and Family Services  
(217) 782-1200 Voice  
(800) 526-5812 TTY

[www.health.illinois.gov](http://www.health.illinois.gov)

**Area Served:** State of Illinois.

### Services

#### **Health Insurance**

**Description:** The Illinois Healthcare Portal web site is a one-stop source for Illinois residents' healthcare needs. State government is trying to make sure that everyone in Illinois has access to quality and affordable healthcare.

The Healthcare Portal can help parents sign-up their children for an affordable health insurance program (All Kids); can help seniors sign-up for one of Illinois' affordable prescription drug programs; and can help women find free breast and cervical cancer screenings.

The "Health Program Finder" on the first page of this web site will help individuals find the type of health care program the state may provide for their particular circumstances. Residents choose from drop down boxes for links to prescription drug coverage/discount programs (IL Cares Rx, Rx Buying Club, I-SAVE Rx, ADAP) and different types of health care coverage (All Kids, FamilyCare, Breast and Cervical Cancer Program, Contraceptive Coverage, Women's Health, HBWD, Veterans Care, HFS).

## **Illinois Hunger Coalition - Hunger Hotline**

(800) 359-2163 Toll-free

**Hours:** M-F, 9:00 am - 5:00 pm

**Other Languages:** Spanish.

**Fees:** No fees.

### **Services**

#### ***Hunger/Poverty Action Groups***

**Description:** Individuals can call the Hunger Hotline to apply for food stamps, as well as health coverage (like KidCare) over the phone, and find out whether they qualify for other programs like WIC. Callers can get free, confidential help if they have already applied for benefits and are having a difficult time getting them. They will also refer to emergency food pantries or soup kitchens within the caller's geographic location.

## **Illinois Insurance Hotline**

Illinois Insurance Association  
217 East Monroe Street, Suite 110  
Springfield, IL 62701

(217) 789-6559 FAX

(800) 444-3338 Toll-free

(217) 789-1010 Administrative

[http://www.illinoisinsurance.org/  
insurancehotline@illinoisinsurance.org](http://www.illinoisinsurance.org/insurancehotline@illinoisinsurance.org)

*Kevin Martin, Executive Director*

**Hours:** M-F, 9:00 am - 4:00 pm

**Area Served:** Illinois

### **Services**

#### ***Information Lines \* Insurance Issues***

**Description:** Illinois consumers with insurance questions can get help from a statewide toll-free hotline. The Illinois Insurance Hotline is an industry-sponsored resource providing residents with access to unbiased information about a wide range of insurance topics.

Illinois Insurance Hotline consultants are

available to answer general insurance questions, distribute educational materials, and suggest resources available to those struggling with insurance issues. Hotline consultants do not recommend companies, agents, or types of coverages consumers should buy.

Hours 9 -4 Monday - Friday

## **Illinois Spina Bifida Association**

8765 W. Higgins Road  
Chicago, IL 60631

(800) 969-4722 Toll-free

(773) 444-0327 FAX

[www.sbail.org](http://www.sbail.org)  
[sbail@sbail.org](mailto:sbail@sbail.org)

*Amy Maggio, Executive Director*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** Serves all counties.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Mutual Support Groups \* Spina Bifida***

**Description:** Offers a family outreach program for anyone experiencing the problems of Spina Bifida. Offers an education advocacy program that helps children with Spina Bifida get the education they need, a special camp for children with the birth defect, a quarterly newsletter, emergency assistance for those who qualify, and seasonal get-togethers for members.

**Meetings:** Vary; call for meeting places and times.

**Fees:** \$100 registration fee for Camp Ability and \$100 acceptance fee.

**Referral Procedures:** By phone.

## IllinoisLawyerFinder.com

P.O. Box 1330  
Springfield, IL 62705

(800) 922-8757 Toll-free voice  
(217) 525-5297 Voice

illinoislawyerfinder.com

**Hours:** M-F, 9:00 am - 2:00 pm  
**Area Served:** Serves all counties.

### Services

#### ***Lawyer Referral Services***

**Description:** IllinoisLawyerFinder.com refers persons to private practicing attorneys in their area for the type of legal problem they have. There is no fee for the referral. The referral service is designed to serve everyone who can afford the services of a lawyer; the attorneys are not legal aid, low income, or pro bono.

The referral entitles the caller to a 30 minute consultation either on the phone or in the attorneys' offices for a fee of not more than \$15, with no obligation. After the consultation, the attorney will charge the client regular fees. It is up to the client to discuss fees with the attorney.

Clients must call personally. The caller is to provide their name and mailing address. A referral confirmation will be sent to the client and attorney. Referrals cannot be made for those who are incarcerated, in a hospital, or nursing home. The caller must be able to pay the attorney \$15 for the consultation at the time of the appointment.

**Fees:** No fee for referrals. \$15 for initial 30 minute consultation with referred lawyer.

**Referral Procedures:** By phone or web site.

## InCharge Debt Solutions

2101 Park Center Drive, Suite 320  
Orlando, FL 32835-7626

(800) 565-8953 Toll-free  
(407) 532-5631 FAX

www.incharge.org

*Etta Money, President*

**Hours:** M-F, 8:00 am - 12:00 am (midnight) and Sat, 9:00 am - 9:00 pm (EST)

**Area Served:** United States, Canada, and Military personnel serving overseas that are experiencing financial distress.

**Referral Procedures:** By phone.

### Services

#### ***Personal Financial Management Counseling***

**Description:** InCharge Debt Solutions is a national, non-profit, credit counseling agency offering confidential and professional budget counseling, debt management, and financial education programs to consumers across America. Their goal is to educate consumers and assist them in becoming financially independent.

## Individual Advocacy Group, Inc.

P.O. Box 492  
Normal, IL 61761

(309) 275-8369 Voice/TTY  
(309) 452-1585 FAX

www.individualadvocacygroup.com  
schutz\_h@yahoo.com

*Kathy Bresnahan, Director*

**Area Served:** Champaign, DeWitt, Ford, Iroquois, Livingston, and McLean Counties.

**Other Languages:** Can make arrangement for interpreters.

### Services

#### ***Brain Injury Program***

#### ***Individual Advocacy \* Brain Injuries***

**Description:** Provides case management services to individuals of any age with a brain injury resulting from an accident or medical condition. Those who meet the

<continued...>

eligibility requirements set by the DHS, Division of Rehabilitation, are provided with:

1) Home services; personal assistant, homemaker, and/or CNA/nursing care; 2) Assistance with purchasing medical equipment and with accessing home modifications; 3) Linkage and referral to community resources, public aid, social security, vocational resources, outpatient therapies, and home health agencies; 4) Referral to neuropsychologist for evaluation; and 5) Emergency home response.

**Eligibility:** Brain injury resulting from accident, stroke, tumor, etc. Must meet eligibility requirements of the Division of Rehabilitation Services.

**Maximum Income Guidelines:** Asset based \$17,000 individual; \$35,000 family.

**Fees:** No fee.

**Referral Procedures:** Call for an appointment and eligibility screening.

## **ITAC - Illinois Telecommunications Access Corporation**

3001 Montvale Drive, Suite D  
Springfield, IL 62704

(800) 841-6167 V/TTY  
(217) 698-4170 V/TTY  
(217) 698-0942 FAX

www.itactty.org

**Hours:** M-F, 8:00 am - 5:00 pm

**Area Served:** State of Illinois.

### **Services**

#### ***Specialized Telecommunications Equipment***

**Description:** ITAC's purpose is to provide telecommunications access to people who are Deaf, Hard of Hearing, Late Deafened, Speech-Disabled and Deaf-Blind. They accomplish this by providing the Illinois Relay Service and issuing equipment that ranges from amplified telephones to Braille phones for eligible users. ITAC programs are funded by a charge on all local phone lines in Illinois. ITAC is governed by the

Illinois Commerce Commission, a Board of Directors and an Advisory Council that has a member representing each area of the state. In addition to the free relay service, they offer the following:

1) Voucher Program – The user owns and is responsible for the upkeep of the equipment. Participants in good standing are eligible for a new voucher every four years. ITAC's vouchered equipment includes amplified telephones and TTYs.

2) Loan Program – ITAC owns and provides normal upkeep of the equipment. The Loan program covers repair and exchange services under circumstances of normal wear and tear. Any damage to equipment deemed to be "user abuse" is charged back to the user. ITAC's loaned equipment includes CapTel, TTY with LVD, Braille phone.

**Eligibility:** There are application requirements. Applicants must:

- be a legal resident of the State of Illinois;
- have working land line phone service in your home;
- be certified as Deaf, Hard-of-Hearing, Speech-Disabled or Deaf-Blind by a licensed physician, speech-language pathologist, audiologist, or DHS/DRS Counselor.

**Maximum Income Guidelines:** There are no age or income restrictions to qualify for the programs.

**Referral Procedures:** Call for further information or see the web site for the location of "Selection Centers" where applicants can try out the different phones/TTY's to help decide what equipment will work best for them.

## Land of Lincoln Legal Assistance Foundation, Inc.

302 N. First Street  
Champaign, IL 61820

(217) 356-1351 Voice  
(800) 747-5523 Toll-free  
(217) 356-0684 TTY  
(217) 356-7621 FAX  
(877) 342-7891 Toll-free - LARC

www.lollaf.org  
champaign@lollaf.org

*Valerie McWilliams, Managing Attorney*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** Champaign, Clark, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Effingham, Ford, Jasper, Moultrie, Piatt & Vermilion (except as noted below).

**Accessibility:** Full wheelchair access.

### Services

#### **Legal Aid**

**Description:** Free legal assistance for low income individuals and the elderly in civil matters involving basic needs (i.e., housing, family, consumer, education, public benefits and health issues). The type of services they provide range from telephone advice or brief service, to representation in court or at administrative hearings.

**Fees:** No fees. Donations encouraged when possible.

**Referral Procedures:** By phone. To apply for services, the person who needs legal help should call the Legal Advice and Referral Center. LARC takes calls from 9:00 am to 1:30 pm, M-F. Victim of domestic violence and persons age 60 and over should call the regional office that serves their county.

## Legal Advice and Referral Center (LARC)

8787 State Street, Suite 202  
East Saint Louis, IL 62203

(877) 342-7891 Toll-free  
(618) 394-7300 Voice

**Hours:** Takes calls M-F, from 9:00 am - 1:30 pm.

**Area Served:** 65 counties in central and southern Illinois.

**Referral Procedures:** By phone. To apply for services, the person who needs legal help should call LARC unless they are a victim of domestic violence or age 60 and over. Those individuals should call the legal aid regional office that serves their county (i.e., Prairie State Legal Services or Land of Lincoln Legal Assistance).

### Services

#### **Legal Aid**

**Description:** LARC handles intake for all new cases of legal assistance except for seniors and victims of domestic violence, who should call their local legal aid office for intake.

LARC gets a lot of calls, so people may have to wait to speak to an attorney. Callers are given the option to hang up, keep their place in line, and be called back when an attorney is available. If caller has papers from a court, government agency or other person such as a landlord, they should have them handy when they call. Callers are first determined for eligibility and if found eligible, they will most likely be able to speak to an attorney immediately. If they qualify for more than advice, then the attorney will refer the case to the regional office for review.

## Legal Self-Help Center

Law & Justice Center,  
104 W. Front, 305B  
Bloomington, IL 61701

(309) 888-4801 Voice

<http://mclean.illinoislegalaid.org>  
[elizabeth.barnhart@mcleancountyil.gov](mailto:elizabeth.barnhart@mcleancountyil.gov)

*Amy Zukowski, Computer Navigator*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 2:00 pm

**Area Served:** McLean County.

### Services

#### **Public Internet Access Sites \* Legal Aid**

**Description:** The McLean County Legal Library and Self-Help Office at the Law & Justice Center is now open for self service. The legal self-help center can assist people who are not able to afford an attorney and those persons who are attempting to represent themselves in court proceedings.

The online system can be used to get free legal forms and court procedure information through the Chicago-based Illinois Legal Aid Online. Any Internet-equipped computer can access legal aid online. However, if someone would like to have help navigating the web site, a part-time employee is available. Computer terminals are set up on the third floor of the L&J for public access. The web site listed is tailored for McLean County. The general web site for all Illinois residents is [www.illinoislegalaid.org](http://www.illinoislegalaid.org).

**Fees:** No fee.

## Leukemia & Lymphoma Society - Central Illinois Branch

112 Boeykens Place, Suite 2A  
Normal, IL 61761

(309) 451-1692 Voice

(888) 451-1692 Toll-free

(309) 451-3194 FAX

(800) 955-4572 Information Resource Center

[www.lls.org](http://www.lls.org)  
[infocenter@lls.org](mailto:infocenter@lls.org)

*Beth Hanslow, Patient Services Manager*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm

**Area Served:** Central Illinois.

**Other Languages:** Spanish literature available.

**Accessibility:** Full wheelchair access.

**Fees:** No fee.

### Services

#### **Disease/Disability Information \* Leukemia \* Lymphoma**

**Description:** 1) Information Resource Center - The IRC provides information and resources useful to patients, their families and health care professionals, and is staffed by master's level oncology social workers and health educators. Fact sheets for frequently asked questions and a referral database to other helping organizations are available.

2) Internet - The Society's web site serves a wide variety of education and information needs and features a comprehensive overview of the Society's programs and services, Family Support Group locations, information about the peer-to-peer program First Connection, and other programs.

3) Teleconferences & Web Casts - For patients, caregivers, and health care professionals on leukemia, lymphoma, myeloma and survivorship issues. A calendar of these free events, and archives of past events, are available on the web site.

4) Educational Materials - An extensive collection of educational materials is offered free-of-charge to patients and health care professionals.

<continued...>



### **Medical Expense Assistance**

**Description:** 1) Patient Financial Aid Program - For patients demonstrating significant need, LLS can provide reimbursement of up to \$500 per patient per year to help cover the costs of transportation, drugs and various treatments not covered by insurance.  
2) Co-pay Assistance Program - Available for blood cancer patients and their families to help cope with the additional costs of co-pays. The program is currently available to patients with myeloma, lymphoma, acute myelogenous leukemia and myelodysplastic syndrome. Patients with private insurance, Medicare beneficiaries under Medicare Part B and/or Medicare Part D, Medicare Supplementary Health Insurance or Medicare Advantage are eligible if they meet the income requirements. The Society will provide financial support for patient who meet these criteria.

**Referral Procedures:** By phone; walk-ins accepted.

### **Mutual Support Groups \* Leukemia \* Lymphoma**

**Description:** Please call the Central Illinois Branch for support group meeting times and locations.

1) Family Support Groups for patients, families, and caregivers. Local meetings available in Normal and Champaign-Urbana. Groups are guided by two volunteer oncology health professionals.

2) First Connection is a program that links newly-diagnosed patients to a peer volunteer who has experienced a similar diagnosis. A trained patient-volunteer currently in remission phones (or visits) the new patient to share information and support. This program is available through Society chapters.

3) The Trish Greene Back to School Program for Children with Cancer - This program is designed to increase communication among health care professionals, parents, patients and school personnel to assure youngsters a

smooth transition from active treatment back to school. Printed literature, videos and other materials to aid the process are available through all local chapters.

**Additional Information:** Two "social" groups are also offered by LLS:

1) Blood Cancer Survivors & Caregivers Social Group meets the 4th Monday each month, 5:30-7:00 pm, at the Community Cancer Center, 407 E. Vernon Ave., Normal.

2) Central Illinois Multiple Myeloma Survivors & Caregivers Social Group meets every 3rd Monday each month, 11:00 am - 1:00 pm, at the Peoria Library, Lakeview Branch.

### **LIFE Center for Independent Living**

2201 Eastland Drive, Suite 1  
Bloomington, IL 61704

(309) 663-5433 Voice/TTY

(888) 543-3245 Toll-free

(309) 663-0054 TTY

(309) 663-7024 FAX

[www.lifecil.org](http://www.lifecil.org)

*Gail Kear, Executive Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:30 am - 5:00 pm

**Area Served:** McLean, Livingston, DeWitt, Ford Counties.

**Other Languages:** Can make arrangements for sign language and foreign language interpreters.

**Accessibility:** Full wheelchair access.

### **Services**

#### **ADA Implementation Assistance**

**Description:** Provides accessibility technical assistance and audits.

#### **Centers for Independent Living**

**Description:** LIFE Center for Independent Living is a community-based, not-for-profit, non-residential organization. Services include the following:

1) Advocacy for civil rights of persons with

<continued...>

disabilities.

- 2) Disability awareness in-services and presentations to community groups.
- 3) Communication access for persons with hearing and speech disabilities.
- 4) Independent living skills training (money management, assertiveness training, self-advocacy).
- 5) Information and referral.
- 6) Peer counseling (individual and group settings).
- 7) Personal assistant services.
- 8) Legislative intern program for youth and adults.
- 9) Assistive devices and skills training for persons age 55 and older with vision loss or blindness.
- 10) Medical equipment loan program.
- 11) Sign language interpreter and CART writer information.
- 12) Youth with disabilities empowerment.
- 13) Parents of youth with disabilities mentoring.
- 14) ITAC amplified phone selection center.

**Eligibility:** Services are for people with disabilities and their significant others.

**Fees:** No fee.

**Referral Procedures:** By phone, walk-in, or appointment.

### ***Community Reintegration Program***

#### ***Household Goods***

#### ***Rental Deposit Assistance***

**Description:** The Community Reintegration Program assists individuals with disabilities who have been residing in a nursing home with the help they need to move into their own home. This program is also an option for people who may be headed for nursing home placement, but really do not belong in such a setting at this time. Individuals referred must be able to live semi-independently, with in-home help.

Community Reintegration staff can provide individuals who have found independent housing with the first month's rent and security deposit, buying furniture and other household goods (dishes, linens, etc.), the first month's groceries and bus tokens/bus

pass. Staff continue to monitor the individual's progress for approximately six months, identifying other needs they may have and providing information and referral to helpful resources. The Department of Human Services Division of Rehabilitation Services provides the in-home care that the individual may require to continue living independently.

**Eligibility:** Individuals must:

- Be between the ages of 18 and 59;
- Have a severe disability which will last at least 12 months;
- Reside in a nursing home in Illinois;
- Be a U.S. Citizen or legal alien;
- Need long term care;
- Not have more than \$10,000 in non-exempt assets;
- Already receive or have applied for Medicaid benefits;
- Not already be receiving services from DMHDD, DOA, or DSCC;
- Be able to follow action steps and demonstrate initiative in meeting goals.

**Maximum Income Guidelines:** No more than \$10,000 in non-exempt assets.

**Fees:** No fee.

**Referral Procedures:** By phone.

### ***Medical Equipment/Supplies***

**Description:** Limited medical equipment (wheelchairs, hospital beds, etc.) available for 30-90 day periods at no cost.

### ***Volunteer Opportunities***

**Description:** Purpose: To advance equality and integrate all persons with disabilities by promoting advocacy, educating about rights and responsibilities, providing support services, and raising awareness in Ford, DeWitt, Livingston, and McLean Counties. Opportunities: Volunteers needed for general clerical, assist with bulk mailings, maintain a client loan closet, drive clients, and help with fund raising and consumer events.

Contact person: Marianne Cavanaugh-Wozniak

**Eligibility:** Set fees/sliding scale

## **Lincoln's ChalleNGe Academy - Illinois National Guard**

205 Dodge Avenue  
Rantoul, IL 61866

(217) 892-1397 FAX  
(800) 851-2166 Toll-free

[www.ngycp.org/state/il](http://www.ngycp.org/state/il)

*David Lakin, Regional Coordinator-McLean County*

**Accessibility:** Designated parking.

**Documents Needed:** ID/Driver's License, Social Security Number, Birth Certificate, Immunization Record.

### Sites

#### **1. Lincoln's ChalleNGe Academy - Illinois National Guard**

205 Dodge Avenue  
Rantoul, IL 61866

(309) 697-8759 Voice  
(309) 697-8890 FAX

[www.ngycp.org/state/il](http://www.ngycp.org/state/il)

*David Lakin, Regional Coordinator-McLean County*

#### **2. Regional Office: Camp Lincoln**

1301 N. MacArthur Blvd.  
Springfield, IL 62702

(217) 761-3993 Voice  
(217) 721-3994 Voice

Terry.Rasor@il.ngb.army.mil

*Terry Rasor, Regional Coordinator-DeWitt County*

#### **3. Regional Office: Rantoul, IL**

205 Dodge Avenue  
Rantoul, IL 61866

(217) 892-1386 FAX  
(217) 892-1328 FAX

*Tanya Carson, Regional Coordinator-Livingston County*

### Services

## **Alternative Education**

**Description:** Young people between the ages of 16 through 18 years can volunteer to participate in the academy which provides a seventeen-month life skills program, with the first five months in residency at the Main Facility. They must be a high school drop-out, not seriously involved in the legal system, drug-free, a U.S. Citizen, an Illinois resident, and a volunteer. Youth receive GED instruction, self-discipline, life-coping skills, and career counseling while living in a structured, military environment. During the remaining twelve months, they are assigned a mentor from their community. Youth must continue their education in a post-secondary institution or obtain employment. They may be eligible to receive a monetary stipend from the program to assist in education or employment costs. Youth may also receive scholarships to select post-secondary education institutions.

**Maximum Income Guidelines:** None.

**Fees:** Minimal costs for personal items.

**Referral Procedures:** By phone, walk-in, or by appointment.

**Sites:** 1 2 3

## **Lions of Illinois Foundation**

2814 DeKalb Avenue  
Sycamore, IL 60178

(800) 955-5466 Toll-free  
(815) 748-9087 FAX

[www.lionsclubsinternational.org](http://www.lionsclubsinternational.org)

*Van Stone, Executive Director*

**Hours:** M-F, 8:30 am - 4:30 pm

**Area Served:** State of Illinois.

**Referral Procedures:** Individuals who are requesting financial help for eyeglasses or hearing aids should call their local Lions Club contact. There is a Club Locator on the web site.

### Services

<continued...>

## **Eye Care**

### **Hearing Screening \* Hearing Aids**

**Description:** 1) The Normal Lions Club Eye Care/Hearing Program - Low-income individuals who are not eligible for eye exams, glasses, hearing tests, or hearing aids through other public benefit sources can apply for those services through the local club. Individuals must complete an application and send it back to the local P.O. Box address. Applications are reviewed, then accepted or denied, by letter, to the applicant. No fees.

2) Low Vision Clinic - Helps children with extremely minimal vision become more independent. Clinics are held twice per year at the State School in Jacksonville. Clinics are also held in Bloomington; call for dates.

3) Used Eyeglasses Collection - Eyeglasses collected for distribution and re-use in poverty areas worldwide.

4) Mobile Hearing Screening Unit - Travels the state to give free screenings to adults, detect possible hearing loss, and educate the public.

5) Used Hearing Aid Bank - Provides reconditioned hearing aids to persons who cannot afford them.

6) Diabetic Eye Screening - Travels the state to give free, basic screenings to adults with diabetes and adults over 55 years of age to detect diabetic retinopathy and macular degeneration.

**Meetings:** Normal Lions Club meets the first Wednesday each month, 5:30 pm, at Swingers Grille, 1304 Cross Creek Drive, Normal.

**Referral Procedures:** Individuals with visual or hearing impairments who are requesting direct services should call their local Lions Club contact for assistance. There is a Club Locator on the web site.

## **Therapeutic Camps**

**Description:** Camp Lions is for children with visual or hearing impairments, ages eight to 16 years of age. Helen Keller Camp is available for adults with vision or hearing impairments.

**Referral Procedures:** Camp registration is through the Foundation office in Sycamore.

## **Lutheran Child and Family Services**

311 N. Hershey  
Normal, IL 61761

(800) 363-5237 Service/Intake

(309) 454-9111 FAX

(309) 454-9111 Administrative

www.lcfs.org

sld1@trinkluth.org

*Gene Svebakken, ACSW, President/CEO*  
*Public transportation accessible.*

**Hours:** By appointment only.

**Area Served:** McLean, Livingston, DeWitt Counties.

**Accessibility:** Designated parking, limited access.

## **Services**

### ***Outpatient Mental Health Care***

**Description:** Provides marital counseling, as well as counseling for individuals, families, and children.

**Fees:** Sliding scale, covered by most insurance companies.

**Referral Procedures:** Call for intake appointment.

## **Mid-Illinois Talking Book Center**

600 High Point Lane, Suite 2  
East Peoria, IL 61611

(800) 426-0709 Toll-free

www.mitbc.org

**Hours:** M-F, 8:00 am - 5:00 pm

**Area Served:** McLean and 53 surrounding counties.

**Accessibility:** Full wheelchair access.

## Services

### **Recordings for the Blind Visual/Reading Aids**

**Description:** This is a sub-regional library of the National Library Service for the blind and physically handicapped, a division of the Library of Congress, offering free library service to persons with visual or physical disabilities who are unable to read standard print, hold a book, or turn its pages. Certain learning disabilities also qualify for service. Institutions serving eligible patrons may also register for service.

Readers are provided with books and magazines on cassettes and in Braille. Thousands of fiction and non-fiction titles are available. Readers receive a bimonthly magazine which lists new selections. The necessary cassette machine is provided at no charge. Descriptive videos and old-time radio show cassettes are also available. All materials are sent and returned postage free through US mail.

Staff will provide an exhibit or present a program for groups, organizations, schools, and institutions within its service area. Please contact the Outreach Librarian to arrange a presentation that will meet the needs and interests of the group.

**Fees:** No fee.

**Referral Procedures:** By phone, mail, appointment. Patrons must fill out an application for service.

### **Midwest Immigrant & Human Rights Center (MIHRC)**

TIA/Chicago Connections  
208 S. LaSalle Street, Ste 1818  
Chicago, IL 60604

(312) 660-1300 Voice

(312) 660-1500 FAX

[www.heartlandalliance.org](http://www.heartlandalliance.org)

*Sherizaan Minwalla, Staff Attorney*

## Services

### **New Futures Project Legal Services \* Battered Women**

**Description:** MIHRC's New Futures Project includes four primary objectives: 1) to provide direct legal services to immigrant survivors of domestic violence and their families; 2) to provide victims with referrals to social services, including domestic violence shelters and other community resources; 3) to conduct outreach and training to community-based organizations and victim service providers in order to raise awareness about legal remedies available to immigrant survivors of domestic violence; and 4) to provide training to legal advocates and private attorneys who can assist immigrant survivors to apply for relief under the Violence Against Women Act (VAWA).

## **Mission Mart**

301 E. Oakland Avenue  
Bloomington, IL 61701

(309) 828-1530 Blm Mission Mart  
(217) 732-8806 Lincoln Mission Mart  
(217) 935-1376 Clinton Mission Mart

*Public transportation accessible.*

**Accessibility:** Full wheelchair access.

## Services

### **Thrift Shops**

**Description:** Mission Mart provides quality clothing and house wares at less-than-thrift prices. Proceeds are used to support homeless services. HSH operates three Mission Mart thrift stores:

1) Bloomington - 301 E. Oakland Avenue

Hours:

M-F, 9:00 am - 5:00 pm

Sat, 8:00 am - 4:00 pm; closed Sun.

2) Lincoln - 616 Broadway

Hours:

M-F, 9:00 am - 5:00 pm

Sat, 9:00 am - 4:30 pm; closed Sun.

3) Clinton - 104 East Side Square

<continued...>

Hours:  
M-Sat, 9:00 am - 5:00 pm; closed Sun.

### Mobile Home Hotline

Illinois Department of Public Health  
(800) 494-2645 Toll-free

**Hours:** 24-hours. Callers may leave a message at anytime and IDPH will get back with them.

**Area Served:** Illinois.

### Services

#### **Mobile Home Manufacturer Complaints**

**Description:** The Illinois Department of Public Health, which regulates mobile home parks and mobile home construction, has set up a hotline number for residents to call if they encounter problems. It can also be helpful to the people who install mobile homes. It offers one central place to call with any questions, concerns, or complaints. If residents are having problems with their rent or other mobile home park services, they should call the Mobile Homeowners Association of Illinois, as this hotline is mainly for mobile home manufacturing concerns.

### ModestNeeds.Org

Modest Needs Foundation  
115 E 30th St, FL 1  
New York, NY 10016

(212) 463-7042

[www.modestneeds.org/](http://www.modestneeds.org/)  
[questions@modestneeds.org](mailto:questions@modestneeds.org)

**Hours:** M-F, 9:00 am to 5:30 pm Eastern Time. Please note that you cannot make a request for help via telephone; you must access the website.

**Area Served:** Nationwide Service.

### Services

#### **Temporary Financial Aid**

**Description:** Modest Needs is a registered charity (501c3) that works to stop the cycle of poverty before it starts for low-income workers struggling to afford emergency expenses like those we've all encountered before: the unexpected auto repair, the unanticipated trip to the doctor, the unusually large winter heating bill. Requests for assistance must be placed through website.

In keeping with its mission, Modest Needs offers the following three types of grants:

- 1) Self-Sufficiency Grants - Modest Needs makes Self-Sufficiency Grants by remitting payment to a creditor for an expense on behalf of an otherwise self-sufficient individual or family for a relatively small, emergency expense which the individual or family could not have anticipated or prepared for. In making a Self-Sufficiency Grant, our goal is to prevent an otherwise self-sufficient individual or family from entering the cycle of poverty as a result of the financial burden posed by a relatively small emergency expense. For example, we might make a Self-Sufficiency Grant to cover the cost of an emergency auto repair that must be made if an individual is to continue working.
- 2) Back-to-Work Grants - Modest Needs makes Back-to-Work grants by remitting payment for a small work-related fee or expense on behalf of a temporarily unemployed individual. In making a Back-to-Work grant, our goal is to provide a willing but temporarily unemployed individual with the means to return to work. For example, we might make a Back to Work grant to cover the cost of a professional license renewal for a temporarily displaced worker.
- 3) Independent Living Grants - Modest Needs makes Independent Living Grants by remitting payment to a creditor for an

<continued...>

expense on behalf of persons who are permanently unable to work but who nevertheless are living independently on the limited income to which they are entitled - their retirement income, or their permanent disability income, for example. In making an Independent Living Grant, our goal is to empower financially responsible persons who cannot work to continue to live independently on their limited incomes, despite an unexpected expense which no conventional agency is prepared to address. For example, we might make an Independent Living Grant to cover the cost of maintenance on a piece of accessibility equipment not covered by Medicaid, to cover an unexpectedly large prescription medication co-pay, or to assist with a large summer cooling bill.

**Agency Mission:** Modest Needs exists:  
-To prevent otherwise financially self-sufficient individuals and families from entering the cycle of poverty, when this might be avoided with a small amount of well-timed financial assistance;  
-To restore the financial self-sufficiency of individuals who are willing to work but are temporarily unable to do so because they do not have the means to remit payment for a work-related expense; and  
-To empower permanently disadvantaged individuals who otherwise live within their limited means to continue to live independently, despite a temporary, unexpected financial set-back.

### **Mount Pisgah Baptist Church Food Pantry and Clothing Closet**

801 W. Market Street  
Bloomington, IL 61701

(309) 828-2571 Voice/Church/Pantry

<http://www.mt-pisgah.org/>

*Alice Gillispie, Director*

*Public transportation accessible.*

**Hours:** Every Wednesday, 4:00 - 7:00 pm.

**Area Served:** Central Illinois.

### **Services**

#### ***Mount Pisgah Quality Clothing Closet Clothing***

**Description:** Anyone can obtain four clothing items a month. Children 12 and younger must be accompanied by an adult. Crisis situations are evaluated individually; participants will sign for the items and complete a registration card.

Donations can be dropped off at the church's Fellowship Hall from 1:30-2:30 pm on Sundays or during worship on Sundays.  
Hours: Wed, 5:00 - 7:00 pm.

#### ***Food Pantries Personal/Grooming Supplies***

**Description:** The food ministry distributes non-perishable and perishable food items, as well as personal hygiene products, to needy families in Central Illinois.

Hours: Wed, 4:00 - 7:00 pm

**Documents Needed:** None.

**Fees:** No fee.

**Referral Procedures:** By phone; walk-ins accepted.

### **National Runaway Switchboard (NRS)**

3080 N. Lincoln Avenue  
Chicago, IL 60657

(800) 786-2929 Toll-free - 1-800-RUNAWAY

(773) 880-9860 Administrative

(773) 929-5150 FAX

(800) 621-0394 TTY

[www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)

*Maureen Blaha, Executive Director*

**Hours:** 24-hour service.

**Area Served:** Nationwide Service.

**Other Languages:** Spanish, French.

### **Services**

## **Runaway Hotlines**

**Description:** NRS is the federally-designated national communication system (hotline and website) for runaway and homeless youth. Youth and family members – parents, siblings, other relatives – call at all times to work through problems and to find local help – agencies, organizations. Some callers just need someone to talk to, others need help finding shelter, food, medical assistance, or counseling. Some callers are on the streets, others are struggling with other issues and hotline volunteers will work with them to identify options to prevent them from leaving their home, when possible and if appropriate.

**Agency Mission:** The National Runaway Switchboard's mission is to keep America's runaway and at-risk youth safe and off the streets.

## **Nursing Home Hotline**

535 W. Jefferson St.  
Illinois Dept of Public Health  
Nursing Home Hotline  
Springfield, IL 62761

(800) 252-4343 Toll-free  
(800) 547-0466 TTY  
(217) 785-0321 Out of state calls

[http://www.cbrx.il.gov/aging/1abuselegal/ombuds\\_reporting.htm](http://www.cbrx.il.gov/aging/1abuselegal/ombuds_reporting.htm)

**Hours:** Office Hours: M-F, 8:30 am - 5:00 pm

Answering Service: 24 hours

**Area Served:** Illinois.

### **Services**

## **Health Facility Complaints**

**Description:** To file a complaint against a long term care facility (nursing home), call number listed. The Illinois Department of Public Health operates a Central Complaint Registry to record and investigate complaints regarding hospitals, nursing facilities and home health agencies and the care of, or lack

of care of, the patients.

## **ODC (Occupational Development Center)**

360 Wylie Drive  
Normal, IL 61761

(309) 820-0723 Voice/TTY

(309) 820-0891 FAX

[www.odcbn.org](http://www.odcbn.org)

*Matt Jackson, President/CEO*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:30 pm

**Area Served:** McLean and surrounding counties.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Vocational Rehabilitation***

**Description:** ODC offers vocational rehabilitation for individuals with diagnosed disabilities, City of Bloomington Township General Assistance Recipients, and individuals meeting the federal definition of homeless. Services vary based on the funding source for specific populations. All services are intended to support an individual's potential to train, work, and live in the community independently. Services for each of the populations described above are offered as listed:

- For individuals with a diagnosed disability -
- Assessment of work potential.
- Training to maximize work skills.
- Job readiness training to learn how to represent and sell self to employers.
- Job development to obtain a position.
- Support on the job via follow-up and/or job coaching.
- Assistance to employers with hiring and accommodations.
- Recovery based programming for individuals with mental health diagnoses.
- Comprehensive services for individuals with developmental disabilities.
- Services are provided in and out of house, depending on the department enrolled into.

<continued...>



For individuals receiving General Assistance, through 3 sessions:

- Coordination of Workfare activities.
- Assistance for not-for-profit agencies in B-N to complete low-skill work.
- Training on job readiness to learn how to represent and sell self to employers.
- Job development to obtain a position.
- Individuals are referred directly by the City of Bloomington Township (CoBT) office.

For individuals meeting the federal definition of homeless in the Continuum of Care (COC):

- Job readiness training to learn how to represent and sell self to employers.
- Access to job leads in the community.
- Assistance with completing applications and creating a resume.
- Transportation allowances.
- Follow-up to assure transition to community job.
- Linkage to other community resources.
- Individuals must provide verification of homelessness.

**Referral Procedures:** Referrals are accepted from the State's Division of Rehabilitative Services (DRS), the City of Bloomington Township Office, McLean County Center for Human Services, PATH, or other local non-profit agency. Individuals may also self-refer.

### **Office of the Inspector General (OIG)**

160 North LaSalle, 7th Floor  
Chicago, IL 60601

(800) 368-1463 Voice/TTY  
Toll-free 24-hour Reporting Hotline  
(217) 786-6860 FAX

[www.dhs.state.il.us/organization/Secretary/OIG/](http://www.dhs.state.il.us/organization/Secretary/OIG/)

*William M. Davis, Inspector General*

**Hours:** Office: M-F, 8:00 am - 5:00 pm

**Area Served:** State of Illinois.

**Other Languages:** Spanish.

### **Services**

#### **Adult Protective Intervention/Investigation \* Diseases/Disabilities**

**Description:** The DHS Office of Inspector General investigates allegations of abuse, neglect and exploitation of adults with disabilities, 18 to 59 years old. OIG also trains people who work with adults with disabilities and makes site visits to state psychiatric hospitals and developmental centers to assist in preventing abuse and neglect. All calls and investigations are kept confidential.

**Agency Mission:** The Office of the Inspector General assists individuals with physical and/or mental disabilities by investigating all reports of abuse, neglect and exploitation in order to foster humane and caring treatment of individuals with disabilities.

**Fees:** No fee.

**Referral Procedures:** By phone.

### **OPTIONS - Collaborative Solutions Institute**

200 W. Front Street, St 400A  
Bloomington, IL 61701

(309) 828-2860 Voice  
(309) 827-2637 FAX

[www.collaborativesolutions.org](http://www.collaborativesolutions.org)  
[admin@collaborativesolutions.org](mailto:admin@collaborativesolutions.org)

*Julia Bozarth, MA, MS, LCPC, Director of OPTIONS*

*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm; evening hours by appointment.

**Area Served:** McLean, DeWitt, Livingston, Woodford Counties.

**Other Languages:** Can make arrangements for interpreters.

**Accessibility:** Full wheelchair access.

## Services

### **Adolescent/Youth Counseling \* Anger Management**

**Description:** Counseling and intervention for youth and their families addressing volatility, anger management, ADHD, oppositional defiance, depression, anxiety, eating disorders, and other mental health issues. Offers one-on-one counseling involving the entire family.

**Fees:** Sliding scale and/or private pay; insurance accepted.

**Referral Procedures:** By phone; walk-ins accepted.

### **OSF Home Care/Hospice**

2416 E. Washington, Suite B  
Bloomington, IL 61704

(309) 662-8810 Voice  
(309) 664-4486 FAX  
(800) 673-5288 Toll-free

[www.osfhomecare.org](http://www.osfhomecare.org)

*Barbara Toohey, RN, Manager*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 5:00 pm  
24-hour on-call staff.

**Area Served:** McLean, Livingston, DeWitt, parts of Ford, Woodford, Logan, Tazewell Counties.

**Other Languages:** Can arrange for interpreters.

## Services

### **Home Health Care**

**Description:** Under the direction of a physician, a team of health care professionals will develop a plan of care based on individual needs. Services offered to home health patients include Case Management, Telemonitoring, Rehabilitation Services, Supportive Counseling, Pediatric Care, Intravenous Therapy, Pain Management, Wound and Ostomy Care, Diabetes Management, and more. Registered nurses are available 24 hours a day to provide specialty care for

patients with virtually any medical diagnosis.

OSF Home Care also offers:

1) Diabetes Supply Program which provides comprehensive, convenient supply services and home delivery of diabetes products.

2) Home Infusion Pharmacy which specializes in providing home intravenous therapies, clinical therapy management, and other related support services not available from most traditional retail pharmacies.

**Fees:** Medicare covers skilled nursing care, physical therapy, speech therapy, and other services, depending on the individual's needs. Medicare, Medicaid, and other third-party insurances are accepted and handled on the patient's behalf for the Diabetes Supply Program and Home Infusion Pharmacy.

**Referral Procedures:** Referrals and requests for service are accepted from family members, patients, hospitals, nursing homes, physician offices and clinics, and community agencies. A doctor's order is needed before home health services can begin.

### **In Home Hospice Care**

**Description:** Provides care to terminally ill patients in their home, hospital, or nursing home, whichever is the most appropriate setting. With an emphasis on comfort and quality of life, a team of physicians, nurses, therapists, bereavement counselors, pharmacists, personal care assistants, volunteers, social services, and clergy provide clinical, spiritual, and emotional care to patients and their families experiencing a life-limited illness.

**Meetings:** The Grief Support Group meets the 1st and 3rd Monday of the month, 5:00-6:15 pm at St. Joseph Medical Center. Please see the separate listing (Grief Support Group OSF) or call Hospice for more information.

**Fees:** Hospice coverage is provided by Medicare, Medicaid, and many private health insurance plans.

<continued...>

**Referral Procedures:** Phone for appointment; physician order required for services.

### ***Medical Equipment/Supplies \* Home Health Care***

**Description:** OSF Home Medical Equipment helps convalescent individuals of any age remain at home by offering a full range of respiratory supplies and services, mobility equipment (canes, crutches, walkers, wheelchairs), bathroom safety equipment and commodes, hospital beds, and more. In-home delivery, pick-up, education, emergency on-call and repair services are also offered.

**Fees:** Medicare, Medicaid, and insurance is accepted and handled on the patient's behalf; provides billing and reimbursement expertise.

**Referral Procedures:** By phone.

### ***Personal Emergency Response Systems***

**Description:** Health Watch provides a comprehensive range of personal monitoring options to help people continue to live in their own homes -- maintaining their independence and their quality of life.

The Health Watch System features automatic daily self-tests, emergency communication mode, medication and personal reminder assistant, wellness check-in, fall detector, and the latest technology in the personal transmitter pendant that the client wears.

**Fees:** \$50 installation charge (some discounts may apply). Monthly fee of \$37.00.

## **OSF St. Joseph Medical Center**

2200 E. Washington St.  
Bloomington, IL 61701

(309) 662-3311 Voice  
(888) 627-5673 Physician Referral  
(309) 663-8058 FAX

[www.osfstjoseph.org](http://www.osfstjoseph.org)

*Kenneth J. Natzke, Administrator*  
*Public transportation accessible.*

**Hours:** 24-hour service.

**Area Served:** Central Illinois.

**Other Languages:** Translation services available for all languages.

**Accessibility:** Full wheelchair access.

### **Services**

#### ***Hospitals***

**Description:** Full service acute care and outpatient health care. Designated by the State of Illinois as a Level II Trauma Center. Special features include Heart Care Midwest, Birthing Center, Center for Home Care, Hospice, Emergency Department, Lithotripsy, Renal Care Group, Pediatrics, Radiation Therapy, Transitional Care Unit, Pharmacy, Endoscopy Center, Physical Rehabilitation Services, Occupational Health Care, Prompt Care, Surgi Center, Pastoral Care, Social Services, Patient Advocacy, and OSF Medical Group (primary care physicians).

**Fees:** Vary, according to service.

#### ***Physician Referrals***

**Description:** Refers individuals to physicians based on the patient's needs.

## **Parents Of Murdered Children (POMC), Central Illinois Chapter**

PO Box 5793  
Bloomington, IL 61702-5793

(309) 750-3119 Voice - Chapter Cell Phone

[www.pomc.org](http://www.pomc.org)

*Lisa Bobb, Chapter Co-Leader*  
*Public transportation accessible.*

<continued...>

**Area Served:** Central Illinois.

### Services

#### ***Mutual Support Groups \* Families/Friends of Murder Victims***

**Description:** POMC offers support through meetings and telephone contact. Will furnish grief processing information and communicate with professionals in the helping fields about problems faced by those surviving a homicide. Also supplies criminal justice system information, accompanies survivors in court, and attempts to increase society's awareness of survivors' issues and problems.

**Meetings:** Meetings are held the third Monday of the month, 7:00 - 8:30 pm, as outlined below:

During the first (Jan-Feb-Mar) and third (July-Aug-Sept) quarter of the year, meetings are held at Mennonite Community Building, Mennonite Church of Normal, 805 S. Cottage (corner of Hovey and Cottage).

During the second (April-May-June) and fourth (Oct-Nov-Dec) quarter of the year, meetings are held in Lincoln at the First United Methodist Church, 302 Broadway Street, Lincoln.

**Fees:** No fees, but donations are accepted.

**Referral Procedures:** Prefer contact by phone initially; walk-in at meetings acceptable.

#### **Partnership for Prescription Assistance**

(888) 477-2669 Toll-free

www.pparx.org

**Area Served:** Nationwide Service.

### Services

#### ***Prescription Drug Information Clearinghouses***

**Description:** The Partnership for Prescription Assistance is an effort to help people under age 65 connect with programs that provide free or discounted drugs.

PPA brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations, and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that is right for them. Many will get them free or nearly free. Its mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible.

Information can be accessed by phone (toll-free number listed above) or through their website. The PPA website offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. Applications are available online.

#### **PATH - Providing Access To Help**

201 E. Grove Street  
Bloomington, IL 61701

(309) 827-4005 Voice  
(800) 570-7284 Toll-free  
(309) 828-1022 Business  
(309) 827-7485 FAX  
(309) 829-9027 TTY

www.pathcrisis.org  
swilliams@pathcrisis.org

*Karen Zangerle, Executive Director*  
*Public transportation accessible.*

**Hours:** Business Hours: M-F, 8:30 am - 5:00 pm

24-hour Crisis, Information & Referral Services

**Fees:** No fee.

**Referral Procedures:** By phone or appointment.

<continued...>

## Services

### **Caregiver Counseling**

**Description:** PATH Senior Services Caregiver Advisory Services - Includes information, assistance, expert advice, connection to respite services, counseling and emotional support, education and training programs, and support groups for caregivers. This service is provided to family caregivers of persons age 60 and older and grandparents who are raising grandchildren.

**Area Served:** DeWitt, Livingston, McLean Counties.

### **Caregiver Support Network Caregiver Support Groups**

**Description:** The Caregiver Support Network is a support group designed to provide understanding, support, and education to caregivers of aging or disabled relatives and friends. Anyone who is providing care for a loved one, no matter what the situation, is welcome to attend meetings.

If you are unable to leave your loved one alone while you attend a meeting, the support facilitators may be able to arrange assistance. Funds may be available to provide a respite worker at your home or at BroMenn's Adult Day Center. Call for more information.

**Area Served:** DeWitt, Livingston, McLean Counties.

**Meetings:** 1) For McLean County Residents: Third Monday each month, 12:00 noon, BroMenn Adult Day Center, 202 E. Locust St., Bloomington. Please feel free to bring your lunch.

2) For Livingston County Residents: Second Wednesday every month, 12:00 noon, OSF Saint James Medical Center, 2500 W. Reynolds St., Pontiac. Please feel free to bring your lunch.

### **Caregiver Training**

**Description:** Caregiver Training & Education - Offers family caregivers (those who provide in-home care to an older individual or grandparents who are raising grandchildren) the opportunity to acquire knowledge and skills that address their caregiving roles through personalized in-home instruction and/or formally structured, group oriented lectures, classes, workshops, or conferences.

**Area Served:** DeWitt, Livingston, McLean Counties.

**Referral Procedures:** By phone.

### **Directory Publication**

**Description:** PATH's Directory of Human Services is a comprehensive directory of local social service agencies/programs. The directory is available for purchase through the business office and can be picked up or invoiced and mailed. PATH has the resources to print specialty directories for agencies and/or selected populations. Call for more information.

Another source of up-to-date information on local services and events is the "PATH-O-GRAM" e-mail subscription service. The PATH-O-GRAM is sent approximately every other week. Anyone is welcome to subscribe and/or send information to be published. Please contact [swilliams@pathcrisis.org](mailto:swilliams@pathcrisis.org) for more information.

### **Information and Referral**

**Description:** Information and referral service available 24-hours by telephone. PATH maintains a comprehensive database of community resources.

### **Telephone Crisis Intervention**

**Description:** Twenty-four hour telephone service providing crisis assessment, response, and linkage to professional intervention for McLean, Livingston, DeWitt, and Iroquois Counties. Also provides answering services for Stepping Stones Sexual Assault Program, Project Oz, and

<continued...>

organizations needing a 24-hour contact.

### **Pathways Support Ministry - Eastview Christian Church**

1500 N. Airport Road  
Normal, IL 61761

(309) 451-5056 Voice  
(309) 888-9903 FAX

www.eastviewcommunity.com  
cbussmann@eastviewcc.org

*Sara Thompson, Counselor*

**Area Served:** McLean, Livingston, DeWitt  
Counties.

**Accessibility:** Full wheelchair access.

**Fees:** Varied, depending on program.

**Referral Procedures:** Call for specific  
dates and times that groups are offered; all  
inquires will be kept confidential.

#### Services

#### ***Mutual Support Groups \* Christians***

**Description:** Pathway's purpose is to  
provide Biblical insight into specific  
emotional struggles.

- 1) Grief Share is a special 13-week seminar and support group for people grieving the death of someone close to them. Grief Share provides valuable information about recovering from grief and renewing hope for the future.
- 2) Divorce Care is a 13-week group that offers a special place of encouragement, education, and sharing for anyone experiencing the pain of separation and/or divorce.
- 3) Healing Hearts is an 11-week ministry that offers hope and healing after abortion. It is a safe place where women can openly share their pain with other women without fear of judgment or condemnation.
- 4) Stairway To Heaven offers participants a biblical journey through the 12 steps of recovery. This group is also for Adult Children from Hurtful Families.
- 5 Live, Love, Laugh, and Learn with ADD(H) - This is a special group for

parents of children with ADD(H).

### **Peace Meal Senior Nutrition Program**

915 Lincoln  
Charleston, IL 61920

(309) 823-4224 Scott Health Answers  
(217) 581-3612 General information  
(217) 581-7075 FAX

*Barbara Wylie, Director*

**Hours:** M-F, 8:00 am - 4:30 pm

**Accessibility:** Full wheelchair access.

#### Services

#### ***Congregate Meals/Nutrition Sites***

**Description:** Nutritious noon meals and the opportunity for fellowship are offered to persons 60 years of age and older. Meals are served Monday through Friday at 11:45 am at various locations throughout McLean County. Reservations are required and can be made by phoning before 12:00 pm one day in advance on week days.

**Services Provided:** Peace Meal provides limited transportation to the Normal meal site. Outreach and recreational activities are often available.

**Documents Needed:** Birth certificate, photo ID.

**Fees:** \$3.00 contribution per congregare meal for those who can afford it, but no one is denied a meal because of inability to pay. The Link Card is also accepted.

### **Planned Parenthood of East Central Illinois**

318 W. Washington, 3rd Floor  
Bloomington, IL 61701

(309) 827-4368 Education, TAG  
(309) 827-4014 Health Center  
(309) 828-6626 FAX

www.ppeci.org  
gingers@ppil.org

*Ginger Steinhousen, Regional Manager*  
*Public transportation accessible.*

**Hours:** Medical Services: T, W, F, 8:30 am -

<continued...>

4:30 pm; M, Th, 8:30 am - 7:30 pm; Sat, 9:30 am - 2:00 pm

**Area Served:** McLean, DeWitt, Livingston Counties.

**Accessibility:** Full wheelchair access.

**Eligibility:** There is no eligibility restrictions for medical, educational, or counseling services. Parental consent is not required for minors to receive services. All services are provided on a confidential basis.

**Maximum Income Guidelines:** Services available to all; sliding fee scale up to 250% of poverty level. Medicaid and private insurance accepted.

**Documents Needed:** Proof of income required.

**Fees:** 1) All medical services are provided on a sliding scale basis; however, no one is turned away due to inability to pay.

2) Educational service fees are generally \$25 per presentation. Workshops, training, and consultations are negotiable. Nominal fees for using resources.

**Referral Procedures:** Services available by appointment only.

**Sites**

**1. Planned Parenthood of East Central Illinois**

318 W. Washington, 3rd Floor  
Bloomington, IL 61701

(309) 827-4014 Clinic, Counseling & Administration

(309) 827-4368 Education, TAG

(309) 828-6626 FAX

www.ppeci.org  
gingers@ppil.org

*Ginger Steinhousen, Regional Manager*

**2. Planned Parenthood, Clinton Office**

1253 State Route 54 East  
Clinton, IL 61727

(217) 935-9546 Voice

**Services**

***Birth Control***

**Description:** Provision of birth control; emergency contraception.

**Sites:** 1 2

***Child Sexual Assault Prevention***

**Description:** Training and Consultation through "OK Bears," a sexual abuse prevention program, for young children and parents. Training can also be specially designed and provided upon request.

**Sites:** 1

***Obstetrics/Gynecology***

***Sexually Transmitted Disease Treatment***

**Description:** Medical Services provided to women and men, by appointment:

1) Women's Services include reproductive health screening/education including pap smear and breast exam for cancer screening; mid-life services and hormone replacement therapy for patients entering menopause; colposcopy and cryotherapy for abnormal pap smears.

2) Men's Services are limited to testing and treatment for STI's.

**Fees:** Males are full fee.

**Sites:** 1 2

***Pregnancy Counseling***

***Pregnancy Testing***

**Description:** Pregnancy testing and counseling available to anyone age 13 or older.

**Fees:** \$20 set fee.

**Sites:** 1 2

***Sex Education***

**Description:** Education Services are provided to community members, agencies, schools, and youth groups.

1) Education Presentations/Workshops - Askable Parent, Contraception, STI's, AIDS, Decision-Making, Relationships, Empathy Belly (pregnancy simulation), Baby Think it Over, and more.

<continued...>

2) TAG (Teen Awareness Group) - A support/peer education group for teens that meets August through May with a focus on prevention of teen pregnancy. Members are available for community education presentations on a wide range of topics.  
3) Resource Center - Parent Packs include information for parents about sexuality in age appropriate terms, videos, books, pamphlets, and curricula on various topics relating to sexuality and family life. Also provides instruction to individuals, couples, and families in the areas of birth control methods, including sterilization, pregnancy options, and communication about sexuality issues.

**Sites:** 1 2

## **Project Oz**

1105 W. Front Street  
Bloomington, IL 61701

(309) 827-0377 Voice  
(309) 829-8877 FAX

www.projectoz.org  
projectoz@projectoz.org

*Peter Rankaitis, Executive Director*  
*Public transportation accessible.*

**Hours:** Office: M-F, 8:00 am - 4:00 pm;  
24-hour emergency services.

**Area Served:** McLean, Livingston, DeWitt  
Counties (depending on program).

**Accessibility:** Full wheelchair access.

**Referral Procedures:** By phone.

## **Services**

### ***Parents Forever***

#### ***Co-Parenting Workshops \****

#### ***Divorced/Divorcing Persons***

**Description:** Parents Forever is a researched-based educational program designed to help parents learn how to make informed, child-supportive decisions during separation and divorce, resulting in healthy children and positive parent-child relationships. Each parent has to attend a different session and each parent is charged the workshop fee. Individual (one-on-one) sessions are available for an additional fee.

**Fees:** \$125 per parent. This covers the fee for the class and includes a Parents Forever handbook and light snacks. Payment is due, in full, prior to the start of class. Partial scholarships are available for those qualifying families; please inquire at registration.

**Referral Procedures:** Parents may self-refer, though they may also be referred through the court system. Parents Forever meets the 4-hour parenting education requirement of Illinois Rule 924.

### ***Youth Initiative Program***

#### ***Outpatient Mental Health Care \* Homeless Youth***

**Description:** 1) 24-hour crisis intervention services to runaway youth ages 10-18 and their families. Host Homes Program allows placement of youth for 1-2 nights as needed. Entry to placement is through Oz staff only.  
2) Family counseling using "Choice Theory/Reality Therapy." Project Oz is certified by the Glasser Institute to use this program.

3) Individual counseling services available in community or school settings to youth 10-18 years of age.

**Area Served:** McLean, DeWitt, Livingston  
Counties.

**Fees:** No fee.

**Referral Procedures:** Primarily through law enforcement, parents, schools, and self-referred.

### ***School Outreach for High-Risk Youth:***

#### ***Project SAME***

#### ***Outreach Programs \* At Risk Youth***

**Description:** School-based outreach and intensive services to high-risk youth. Services focus on youth in junior and senior high school. Additional targeted services in diversion, which works with youth who have had contact with law enforcement but no court involvement (this service is limited to junior-high students in McLean County). Also available:

- 1) Individual counseling for high-risk youth.
- 2) Home visits with families of high-risk youth.

<continued...>



- 3) In-school counseling sessions with youth.
- 4) Building skills in areas of conflict resolution, anger management, impulse control, goal setting, and links to academic skills.

**Fees:** No fee.

**Referral Procedures:** Entry into programs is primarily through schools or parents.

### **Street Outreach Programs \* Homeless Youth**

**Description:** Street and shelter outreach for youth ages 10-21. Individual counseling, small group education and connections to resources to increase skills and reduce vulnerability of street and shelter youth. Help with attaining jobs, GED, re-entering school, and eligibility to join the TLP Life Skills classes.

**Area Served:** McLean and DeWitt Counties.

**Fees:** No fee.

**Referral Procedures:** Primarily through shelters, PATH and Compassion Center staff, through the Oz TLP staff, or through peers.

### **Psychological Services Center**

Campus Box 4625  
Normal, IL 61790-4625

(309) 438-5629 Voice  
(309) 438-7476 FAX

www.psychology.ilstu.edu/psc  
psc@ilstu.edu

*Brenda Huber, PhD, Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:30 pm

**Area Served:** Central Illinois.

#### Services

### **Psychological Testing \* Youth**

**Description:** Provides a range of services to deal with the educational, social, and emotional problems of children, adolescents, and their families. Psychological assessment and treatment of children, adolescents, and families

having difficulties dealing with a child who has disturbed social relationships, behavioral problems, and/or difficulty in school. Consultation with school personnel. Psychoeducational assessment of young adults and specialized therapeutic services are also provided to children with autism and their families. The services for children with autism can be provided to them at a clinic, school, or their own home. Also there are services provided to children who have witnessed domestic violence.

**Maximum Income Guidelines:** Call for information.

**Fees:** \$400 for child evaluations, \$400 for adolescent and young adult evaluations; \$30 per hour for therapy.

**Referral Procedures:** Phone for appointment.

### **Reach to Recovery - American Cancer Society**

Community Cancer Center  
407 E. Vernon Avenue  
Normal, IL 61761

(309) 451-8500 Voice  
(309) 451-2200 FAX

www.cancercenter.org

*Jolene Clifford, RN, Breast Health Navigator*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 5:00 pm

**Accessibility:** Full wheelchair access.

#### Services

### **Patient to Patient Networking \* Mastectomy Patients**

**Description:** Volunteers provide one-on-one education and support to individuals having surgery for breast cancer. This includes women that have had, or are going to have, a mastectomy or a lumpectomy. All volunteers have had a mastectomy or lumpectomy themselves. The volunteer will call a woman before surgery or after discharge to lend support and education to help her deal with the stress of having surgery. Volunteers will be

<continued...>

matched to patients by age and other similarities. Pamphlets from the American Cancer Society, a temporary prosthesis, and an underarm pillow are given to patients. Information on where breast prostheses can be purchased in the area is also provided. See separate listings for more information about the Community Cancer Center and the American Cancer Society in general.

**Fees:** No fee.

**Referral Procedures:** By phone.

### **Regional Alternative School - DeWitt, Livingston & McLean Counties**

408 W. Washington  
Bloomington, IL 61701

(309) 828-5807 Voice

(309) 828-8564 FAX

[www.roe17.k12.il.us](http://www.roe17.k12.il.us)

*Glen Hoffmann, Director*

**Hours:** This program is a Store Front School concept operating from 8:30 am - 6:00 pm.

**Area Served:** DeWitt, Livingston, McLean Counties.

#### Services

#### **Dropout Programs**

**Description:** The Alternative School/SAVE Program is designed to assist students who need additional credits to graduate from High School. It is specifically for those students who need one or two courses per semester to maintain their Junior or Senior status. The goal of this program is to assist any School Administrator in finding an appropriate program to meet the needs of any at-risk youth who is not functioning in the traditional education environment.

All Alternative School Programs contain the following components:

\*Safety - School uniforms, dress requirements, daily check-ins through metal detectors, closed campus

environment

\*Behavior Management Program - Student success plans, individual education plans, behavior level systems, attendance requirements, effort grades, collaboration with social agencies and court services.

\*Standardized Curriculum - Instruction in math, science, language arts, and social studies at all grade levels; course objectives based on Illinois Learning Standards; use of Internet and computer daily in all programs.

\*Work Coop and Community Service - Students are involved in work coop instruction and receive credit for community service activities.

\*Street Outreach Program - Social workers who work closely with local social agencies, court services, police, school resource officers and truant officers to coordinate and communicate additional services for our students.

**Agency Mission:** To provide a comprehensive program to meet the needs of any type of "at-risk student" in the DeWitt, Livingston & McLean ROE service area.

**Referral Procedures:** Students must be referred by their home school.

### **Regional Office of Education for DeWitt - Livingston - McLean**

905 N. Main Street, Suite 1  
Normal, IL 61761

(309) 888-5120 Voice

(309) 862-0420 FAX

(800) 334-6509 Toll-free

[www.roe17.k12.il.us](http://www.roe17.k12.il.us)

*Mark Jontry, Superintendent*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:30 pm

**Area Served:** McLean, Livingston, DeWitt Counties

**Accessibility:** Full wheelchair access.

## Services

### **Adult Basic Education**

**Description:** Tutoring and classes in basic literacy, GED, English as a Second Language, and pre-employment computer skills.

### **Education**

**Description:** There are 45 Regional Offices of Education throughout the state that serve to promote quality education for school children and citizens of Illinois, provide educational leadership, impact public policy, and deliver educational services effectively for the benefit of Illinois school districts, other educational entities, and educational system clients of all ages.

### **RESOLVE - Collaborative Solutions Institute**

200 W. Front Street, Suite 400A  
Bloomington, IL 61701

(309) 828-2860 Voice  
(309) 827-2637 FAX

www.collaborativesolutions.org  
admin@collaborativesolutions.org

*Carol A. Reitan, Administrator*  
*Public transportation accessible.*

**Hours:** By appointment.

**Area Served:** McLean, Livingston, DeWitt, Woodford Counties.

**Accessibility:** Full wheelchair access.

## Services

### **Mediation**

**Description:** Mediators aid the process of dialogue between disputing parties as they attempt to understand each other and come to a win-win outcome. Mediators have a minimum of 30 hours of training plus supervised mediation experience.

People who are in conflict over landlord/tenant disputes, neighborhood

disputes, business office conflicts, or victim-offender situations are examples that can be mediated. Note that in victim-offender situations, the offender must admit guilt but dialogue about the situation is desired by the victim; the offender agrees voluntarily to have a dialogue, after which the victim and offender will try to agree on a means to repair the harm.

**Fees:** Sliding fee scale, depending on the income of participants and the problem to be mediated. The minimum fee is \$50 for each party in the dispute.

**Referral Procedures:** By phone.

### **Retro-Tech Electronics Inc. - A Division of Recycling For Illinois Inc.**

401 NE Rock Island Avenue  
Peoria, IL 61603

(309) 682-0675 Voice  
(309) 682-3209 Voice  
(309) 682-0792 FAX

www.retro-tech.org  
retroinfo@gmail.com

*Cathy Armstrong, Consumer Services Manager*

**Hours:** M-F, 10:00 am - 6:00 pm

Sat, 9:00 am - 5:00 pm

**Area Served:** State of Illinois

**Accessibility:** Full wheelchair access.

**Eligibility:** Individual with a disability, low-income, or student.

**Documents Needed:** State ID; proof of income; Social Security number; letter of intended use of computer from program.

**Fees:** A non-refundable application fee of \$35 is required to secure a computer. All computer systems include the following: Complete CPU with Windows 98SE, sound card, video Card, 128 Mb of RAM, CD-ROM, monitor, keyboard, mouse, and power cords. Printers, modem or NIC, speakers, and other hardware is available for additional fees.

## Services

### **Computer Donation Programs Mercury Products/Materials Recycling**

**Description:** Recycling For Illinois Inc. and Retro-Tech Electronics Inc.'s goals are to create an e-waste solution for non-working and unwanted electronics to spare our landfills from this waste stream.

Recycling For Illinois collects e-waste and turns items that are easily repaired over to Retro-Tech, who then makes these items available to low-income families and individuals with disabilities, students of all ages, and the general public either through their placement programs or by browsing their retail sales floor. Programs include KidsDreams Activities for children age 12 and younger. The Young Masters Program gives teens an opportunity to learn practical work experience and life skills.

**Additional Information:** E-Waste Recycling - Recycling For Illinois Inc. is committed to saving local communities from the hazardous materials contained in most electronics that include Mercury, Lead, and other chemicals that can pollute ground water tables. Items may be dropped off at the warehouse facility in Peoria or for larger items and bulk volumes, they offer pick-up services. RFI takes all professional steps to make sure that data on each computer donated is destroyed, including providing Certificates of Destruction. All donations of items are tax deductible with forms provided.

**Referral Procedures:** By phone, appointment, walk-in.

## **Safe Homes Act**

Shriver National Center on Poverty Law,  
50 E. Washington Street, Suite 500  
Chicago, IL 60602

(312) 263-3830 Voice  
(312) 263-3846 FAX

<http://www.povertylaw.org//advocacy/women-and-family/safe-homes-act>

*Kate Walz, General Contact*

**Area Served:** Nationwide Service.

## Services

### **Advocacy \* Domestic Violence Issues \* Sexual Assault Issues**

**Description:** On January 1, 2007, the Safe Homes Act went into effect in Illinois providing important new protections to survivors of domestic and sexual violence who live in rental housing (private market housing and subsidized housing). In particular, it allows tenants and members of their households who are survivors of violence to: 1) change the lock on an emergency basis to keep their abusers out of the home (written leases only); or 2) leave their housing and end their leases early to protect their physical safety and emotional well being (for tenants with written or oral leases). Please visit the Shriver Center web site for more information and details.

### **Advocacy \* Poverty Issues**

**Description:** Please visit the Shriver Center web site for more information and details about poverty issues advocacy.

## **Salvation Army of DeWitt County**

First Christian Church  
100 N. Jackson Street  
Clinton, IL 61727

(217) 935-3139 Voice

<continued...>

## Services

### **Food**

### **Save Abandoned Babies Foundation**

(888) 510-2229 Toll-free - (888-510-BABY)  
(312) 440-0229 Voice - General Info

www.SaveAbandonedBabies.org  
info@SaveAbandonedBabies.org

**Area Served:** State of Illinois

**Other Languages:** Spanish

## Services

### **Safe Havens for Abandoned Newborns**

**Description:** Illinois offers a safe option for a desperate parent in crisis. By handing your unharmed baby, seven days old or younger, to personnel at any hospital, emergency medical facility, staffed fire station, or police station you can walk away with no questions asked. The baby will be cared for and placed in a loving home for adoption. No attempt whatsoever will be made to contact you. No crime will have been committed. This is a TRULY safe process. This law was written to provide a safe alternative to abandonment for Illinois parents who feel they cannot cope with a newborn baby. It offers safe havens for newborns, and is:

- Private - No one will ask your name.
- Legal - You will not be breaking any laws.
- Safe - Your baby will be given medical care and placed in a good home.
- Supportive - You will be offered medical care and counseling.

**Additional Information:** The Save Abandoned Babies Foundation's web site has lots of good information, legal facts, real stories, teaching tools, printable cards for teens, and more that can be downloaded and used for distribution and awareness of this new Illinois law.

## **Self Mutilators Anonymous**

www.selfmutilatorsanonymous.org/  
info@selfmutilatorsanonymous.org

**Area Served:** Nationwide Service.

## Services

### **Web Sites \* Mutual Support Groups \* Self Abuse**

**Description:** Self Mutilators Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other, that they may solve their common problem and help others to recover from physical self-mutilation. By physical self-mutilation, we mean deliberately causing injury to our bodies without the intention of ending our lives. This includes cutting ourselves, tearing out body hair (Trichotillomania), self-injurious skin picking (also called acne mutilation, psychogenic or neurotic excoriation, self-inflicted dermatosis or dermatillomania), burning ourselves, scratching until blood is drawn, reopening wounds, swallowing objects, banging our heads against the wall, breaking bones or teeth, tearing or severely biting cuticles or nails, chewing the inside of the mouth, compulsive body-tattooing, excessive cosmetic surgeries, body-piercing, etc.

The only requirement for membership is a desire to stop mutilating oneself physically. There are no dues or fees for SMA membership. We are self-supporting through our own contributions. SMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stop mutilating ourselves and to help others to recover from self-mutilation.

**Meetings:** SMA meets once a week on-line and uses the 12 Steps of AA to stop compulsive self-mutilation. Our wish is to help others to recover from self-mutilation. If you identify with us, join us in our on-line fellowship. There is a solution.

<continued...>

## SHOW BUS

24588 Church Street  
Chenoa, IL 61726

(800) 525-2454 Toll-free  
(309) 747-2454 Business  
(309) 747-2873 FAX

showbus@gridcom.net

*Laura Dick, Executive Director*

**Hours:** M-F, 8:00 am - 5:00 pm

**Area Served:** DeWitt, McLean, Livingston, Ford, Kankakee, Iroquois Counties.

**Accessibility:** Full wheelchair access; all vehicles are wheelchair accessible.

### Services

#### **Transportation \* Rural Residents**

**Description:** Offers rural public transportation, Monday through Friday, to persons of all ages. Passengers may ride scheduled routes (by reservation) for any trip purpose or may request special service for medical or other appointments (due to cutbacks, not all special service requests can be fulfilled at this time). Pick up is at central community locations and at passengers' homes. SHOW BUS vehicles are lift-equipped to accommodate wheelchairs. Service brochures are available upon request.

**Fees:** \$5 or \$7 for people younger than 60, depending on whether the ride is in-county or out-of-county. Rides are donation-only for those older than 60.

**Referral Procedures:** Call for a reservation. Reservations are required by 9:00 am at least one weekday in advance for scheduled routes. All requests for special service should be made as far in advance as possible.

## Shriners' Hospitals for Children

P.O. Box 31356  
Tampa, FL 33631-1356

(800) 237-5055 Toll-free  
(800) 361-7256 Toll-free in Canada

www.shrinershq.org

*Peter Armstrong, MD, FRCSC, FACS, FAAP,  
Director of Medical Affairs*

**Hours:** M-F, 8:00 am - 5:00 pm Eastern Time

### Services

#### **Specialty Hospitals**

**Description:** Free physician care and hospitalization for children under the age of 18 who have any type of orthopaedic problem. Burn victims are also treated. There are 18 orthopaedic hospitals and three burn hospitals located throughout the country. In addition, there are three spinal cord clinics located in Chicago, Philadelphia, and Sacramento. The Northern California Hospital in Sacramento serves burn injuries, orthopaedic problems, and spinal cord injuries.

**Referral Procedures:** Call the toll-free number for assistance and referral to the nearest hospital. Must complete an application by phone or mail to the nearest Shriners' Hospital.

## Sibshop

Easter Seals  
2404 E. Empire Street  
Bloomington, IL 61704

(309) 663-8275 Voice  
(309) 662-7872 FAX

www.ci.easterseals.com

*Erin Rogers, VP Program Services  
Public transportation accessible.*

**Area Served:** McLean, Livingston, Champaign, and Woodford Counties.

**Documents Needed:** Social Security number.

<continued...>

**Services**

***Mutual Support Groups \* Families/Friends of People with Disabilities***

**Description:** Sisters and brothers of children with special needs now have a chance to meet and talk with other children whose brothers and sisters have disabilities. They'll have the opportunity to talk about the good and not so good parts of having a sibling with a disability. Most importantly, they'll have fun! In addition to peer support, Sibshops provide participants with a chance to learn more about their sibling's disability. Having fun is an important part of any Sibshop: participants play new games (offbeat games designed to appeal to a wide range of ages and abilities), cook lunches and make new friends. Sibshops are co-sponsored by Easter Seals, McLean County Local Interagency Council and The Baby Fold.

**Eligibility:** For 7 - 11 year old brothers and sisters of children with disabilities. Slightly younger or older siblings may be accepted; please ask when registering.

**Fees:** \$5.00 per day per child; lunch included.

**SIDS - Sudden Infant Death Services of Illinois, Inc.**

710 E. Ogden, Suite 550  
Naperville, IL 60563

(800) 432-7437 Toll-free  
(630) 305-7300 Voice  
(630) 305-4773 FAX

www.sidsillinois.org  
pam@sidsillinois.org

*Pam Borchardt, Co-Executive Director*

**Hours:** M-F, 8:30 am - 4:30 pm

**Area Served:** State of Illinois.

**Services**

***Charities/Foundations/Funding Organizations \* Sudden Infant Death Syndrome***

**Description:** A statewide not-for-profit organization dedicated to the elimination of infant deaths. Sudden Infant Death Services of Illinois (SIDS of Illinois) is commemorating their 40th year of service to Illinois families. As SIDS of Illinois works to reduce the number of infant deaths in Illinois through educational initiatives, the organization continues to accomplish the original mission of supporting families who have babies die. Providing comprehensive and compassionate bereavement services to family members and others that have been touched by the tragedy of an infant's death is a unique service that SIDS of Illinois can provide to distraught families. There is currently no support group meeting in McLean County, though on-to-one support is available through the toll-free line.

**Fees:** No fee.

**Referral Procedures:** By phone, email, or fax.

**SOAR - Special Opportunities Available in Recreation**

109 E. Olive Street  
Bloomington, IL 61701

(309) 434-2260 Voice  
(309) 434-2483 FAX  
(309) 829-5115 TTY

www.cityblm.org/soar

*Shelley Schultz/Mary Jo Johnson, Program Coordinators*

*Public transportation accessible.*

**Hours:** 8:00 am - 5:00 pm

**Other Languages:** Can make arrangement for interpreters.

**Accessibility:** Full wheelchair access.

## Services

### **Recreational Activities/Sports \* Diseases/Disabilities**

**Description:** A community therapeutic recreation program serving individuals with disabilities who are unable to successfully participate in regular recreation programs. Provides services in four component areas:

- 1) Cultural Arts (dance, performing arts, music, crafts).
- 2) Special Events (out of town trips and events, overnights, holiday events, dances).
- 3) Special interest (educational, outdoor/nature, cooking, social, horticulture, games, self-improvement).
- 4) Sports and Fitness (exercise, fitness, recreational, 11 Special Olympics Sports).

**Eligibility:** Individuals, ages four through adult, who are in special education classes, workshops, nursing homes or who have leisure needs not met by traditional recreation programs are eligible.

**Fees:** Vary; scholarships and payment plans are available.

**Referral Procedures:** By phone for initial contact.

## **Social Security Administration**

207 N. Williamsburg Drive  
Bloomington, IL 61704

(309) 662-1836 Voice  
(800) 772-1213 Toll-free  
(309) 662-9194 TTY  
(800) 325-0778 TTY Toll-free  
(309) 662-6893 FAX  
(800) 633-4227 Toll-free Medicare Hotline

[www.socialsecurity.gov](http://www.socialsecurity.gov)

*Bill Carter, Assistant District Manager  
Public transportation accessible.*

**Hours:** M-F, 9:00 am - 4:00 pm.

**Area Served:** McLean, Livingston, DeWitt Counties.

**Other Languages:** Spanish.

**Accessibility:** Full wheelchair access.

## Services

### **Social Security Disability Applications Social Security Retirement Benefits**

**Description:** Applications are taken for retirement, disability, Medicare, and Supplemental Security Income (SSI) benefits.

Social security applications generally take 30 to 90 days to process. Disability claims take up to 120 days\*. Supplemental Security applications take from 30 to 90 days for payment. General Assistance Funds can sometimes be obtained on very rare occasion, if needed, during the waiting period.

\*QDD - The SSA has recently implemented a new quick disability determination (QDD) process that will accelerate benefits to those deemed clearly disabled. The QDD is expected to cut the time that it takes to approve disability claims for thousands of Illinois workers from 2-3 months down to a matter of days. Under QDD, a predictive model analyzes specific elements of data within the electronic claims file to identify claims where there is a high potential that the claimant is disabled and where evidence of the person's allegations can be quickly and easily obtained. See the web site for more information and details.

**Eligibility:** To be eligible for retirement, survivors, or disability payments, a person must have paid into Social Security long enough to be insured or be a qualified dependent. Medicare, Part A, also has these requirements or a premium must be paid.

**Fees:** Medicare, Part B, always requires a premium payment; Medicare, Part A, is free unless they do not have insurance.

**Referral Procedures:** By phone, walk-in, appointment, or mail. If it is known that a claim will be filed, an appointment is encouraged. In order to apply for benefits, a person should phone the toll-free number above and ask to schedule an appointment.

<continued...>



## **SSI**

**Description:** A federal income maintenance program with supplemental state funds administered by the Social Security Administration that provides basic financial assistance in the form of monthly checks for people.

**Eligibility:** Supplemental Security Income eligibility is based on financial need as well as being age 65, blind, or disabled.

## **SOLUTIONS - Collaborative Solutions Institute**

200 W. Front Street, 400A  
Bloomington, IL 61701

(309) 828-2860 Voice  
(309) 827-2637 FAX

[www.collaborativesolutions.org](http://www.collaborativesolutions.org)  
[admin@collaborativesolutions.org](mailto:admin@collaborativesolutions.org)

*Cheryl Gaines, MA, LCPC, President/CEO*  
*Public transportation accessible.*

**Hours:** M-F, 9:00 am - 5:00 pm; evening hours by appointment.

**Area Served:** McLean, Livingston, DeWitt, Woodford Counties.

**Other Languages:** Can make arrangements for interpreters.

**Accessibility:** Full wheelchair access in main office.

**Referral Procedures:** By phone.

### **Services**

#### **Outpatient Mental Health Care**

**Description:** Counseling for individuals, couples and families for coaching, personal enhancement, relationships, strategies for life, improved communications, crisis management, eating disorders, and other mental health issues.

**Fees:** Sliding scale and/or private pay; insurance accepted.

#### **Outpatient Mental Health Care \* Eating Disorders**

**Description:** CSI offers comprehensive outpatient treatment plans for eating disordered clients involving therapy and counseling.

**Fees:** Sliding scale and/or private pay; insurance accepted.

#### **Outpatient Mental Health Care \* Homeless People**

**Description:** Licensed professionals can provide services through the Continuum of Care for mental health or substance abuse evaluations and short-term treatment until placement is found.

**Eligibility:** Must be homeless (living on the streets, in a shelter, or transitional housing). An individual may also receive services for six months following a move into permanent housing.

**Fees:** No fee.

#### **Special Olympics, Heartland (Area 6)**

605 E. Willow Street  
Normal, IL 61761

(309) 888-2551 Voice  
(309) 888-2577 FAX

[www.soill.org](http://www.soill.org)  
[kherrriott@soill.org](mailto:kherrriott@soill.org)

*Katie Herriott, Area Director*  
*Public transportation accessible.*

**Hours:** M-F, 8:00 am - 4:30 pm

**Area Served:** McLean, Livingston, DeWitt, Woodford, Tazewell, Peoria, Mason Counties.

**Accessibility:** Full wheelchair access.

**Documents Needed:** Volunteer form/medical application for athletes.

### **Services**

#### **Special Olympics**

**Description:** An international program of physical fitness, sports training, and athletic competition for individuals with intellectual disabilities who are eight years of age or older. Athletes have the opportunity to participate in basketball, bowling, gymnastics, power lifting, soccer, tennis,

<continued...>

skiing, swimming, track and field, wheelchair events, softball, volleyball, and developmental skills. Through sports training and competition, Special Olympics athletes develop better coordination, get needed exercise, improve concentration and discipline, meet other athletes and gain a feeling of satisfaction and success.

**Fees:** No fee.

**Referral Procedures:** Call for information regarding volunteer opportunities or potential athletes.

## Stepfamily Counseling Services

P.O. Box 3512  
Bloomington, IL 61702-3512

(309) 828-8928 Voice

www.stepfamily.org  
bonita@springnet1.com

*Bonita or Robert Hopkins, Contacts*

### Services

#### **Family Counseling \* Stepparents**

**Description:** Counseling services are based on a solution and educational approach.

**Fees:** Sliding scale for personal or family counseling.

**Referral Procedures:** Phone for appointment.

## Survivors of Suicide (SOS) Support Group

ABC Counseling & Family Services  
705 E. Lincoln, Suite 303  
Normal, IL 61761

(309) 451-9495 Voice

www.abccounseling.org  
lwillard@abccounseling.org

*Lynn Willard, Executive Director, ABC Counseling*

*Public transportation accessible.*

**Area Served:** Central Illinois.

**Other Languages:** Spanish.

**Accessibility:** Full wheelchair access.

### Services

#### **Mutual Support Groups \* Families/Friends of Suicides**

**Description:** For those who have lost friends, relatives, or other loved ones because of suicide.

**Meetings:** Second Wednesday each month, 6:30 pm, ABC Counseling, 705 E. Lincoln, Suite 303, Normal.

**Fees:** No fee.

**Referral Procedures:** By phone.

## TCRC Sight Center

111 W. Washington Street  
Suite 410  
East Peoria, IL 61611

(309) 698-4001 Voice/TTY  
(309) 698-9227 FAX

*Jennifer Lee, Director*

**Hours:** M-Th, 8:00 am - 4:30 pm  
F, 8:00 am - 4:00 pm (or by appointment)

**Area Served:** State of Illinois.

**Accessibility:** Full wheelchair access.

### Services

#### **ADA Implementation Assistance**

#### **Eye Care**

#### **Independent Living Skills Instruction \* Blindness**

**Description:** The following services are available to persons of all ages who are blind or partially sighted:

- 1) Low Vision Clinic - Comprehensive low vision examinations, prescription of specialized optical aids, training in their use, and follow up. Helps individuals with non-correctable vision loss to make best use of remaining vision with aid of magnifiers, telescopes, glare-control lenses, lighting, etc. May aid in reading, writing, working, watching television, viewing chalkboards, or street signs. Mobile Clinics are available. Call for details and locations.
- 2) Support Services - Assessment of needs, counseling, guidance, referrals, and advocacy for blind/visually impaired

<continued...>

persons and their families.

- 3) Orientation and Mobility Training - Enables individuals who are blind or partially sighted to learn to walk and travel safely and confidently at home and in the community. Includes training in use of the long white cane and other travel techniques.
- 4) Specialized Aids and Appliances Center - Writing and Braille aids; canes and accessories; clocks, watches, and calculators; reading stands; large print Bibles and books; special tape recorders; health aids; household aids; games and recreation items; etc. All are available for viewing, demonstration, and purchase.
- 5) Independent Living Services - Includes individualized teaching, special equipment demonstrations, environmental assessments, Braille and art instruction.
- 6) Accessibility and A.D.A. Compliance Assistance for Persons with Visual Impairments - Raised print/Braille facility signs, Americans With Disabilities Act Compliance consultation, Braille, and large print production service.
- 7) Public Education and Information - Programs for community groups, speakers bureaus, and community outreach.
- 8) Technology Services.

**Fees:** Moderate fees are charged for some services. However, no one is refused services because of inability to pay.

**Referral Procedures:** Doctor referral or by phone, depending upon client's needs.

### ***Mutual Support Groups \* Blindness***

**Description:** New Insights Support Group is for people who are blind or partially sighted and their family members or friends. Please call for meetings times.

## **Tourette Syndrome Association (TSA)**

42-40 Bell Boulevard, Suite 205  
Bayside, NY 11361

(718) 224-2999 Voice

(718) 279-9596 FAX

<http://www.tsa-usa.org/>

[ts@tsa-usa.org](mailto:ts@tsa-usa.org)

**Area Served:** Nationwide Service.

### **Services**

#### ***Disease/Disability Information \* Tourette's Syndrome***

**Description:** Founded in 1972 in Bayside New York, TSA is the only national voluntary non-profit membership organization in this field. Their mission is to identify the cause of, find the cure for and control the effects of Tourette Syndrome. They offer resources and referrals to help people and their families cope with the problems that occur with TS and raise public awareness and counter media stereotypes about TS. Membership includes individuals, families, relatives, and medical and allied professionals working in the field. Their web site has a list of medical professionals, information and referral to many resources, and contact information to a local chapter, if available.

## **Waynesville Township Library**

303 E. Second  
Waynesville, IL 61778

(217) 949-5111 Voice

*Margie Rich, Librarian*

**Area Served:** DeWitt County.

### **Services**

#### ***Library Services***

**Description:** Basic library services for Waynesville residents.

## Weldon Public Library District

505 Maple Street  
Weldon, IL 61882

(217) 736-2215 Voice/FAX

www.weldon.lib.il.us/  
lweaver@rpls.lib.il.us

*Lori Weaver*

**Hours:** Tu, 1:00 - 7:00 pm

W, 1:00 - 7:00 pm

Th, 1:00 - 6:00 pm

F, 10:00 am - 6:00 pm

Sat, 10:00 am - 3:00 pm

Closed Sunday & Monday.

**Area Served:** DeWitt County

**Accessibility:** Limited access.

**Documents Needed:** Proof of residency.

**Fees:** No fees.

### Services

#### **Libraries**

**Description:** Public library.

## WHOW-AM 1520 & WHOW-FM 95.9

RR2, Box 117M  
Clinton, IL 61727

(217) 935-9590 Voice

(217) 935-9909 FAX

www.whowradio.com  
whownews@randyradio.com

*Randal J. Miller, President, Miller Media Group*

**Area Served:** Clinton, DeWitt County,  
Central Illinois.

### Services

#### **Radio Stations**

**Description:** 1) The Big 1520 WHOW news/ag/talk, since 1947, is focused on providing local news and agriculture programming to Clinton, DeWitt County, and Central Illinois.

2) 95.9 WHOW-FM plays easy listening music; CNN Radio Network News.

3) www.whowradio.com is a free, on-line, daily source of local news, arrests, obituaries, sports, and much more.

Updated several times daily.

## Wounded Warrior and Family Hotline

(800) 984-8523 National Toll-free

(270) 956-0208 FAX

http://supportourwoundedsoldiers.com/wounded.html

carrdona@us.army.mil

**Hours:** Initially, the hotline will be staffed M-F, 7:00 am - 7:00 pm (EDT). Hours of operation will expand to 24/7 as additional personnel are trained to receive calls and refer them to the proper organization or agency for resolution.

**Area Served:** Nationwide Service.

### Services

#### **Health Supportive Services \* Active Military \* Families of Military Personnel**

**Description:** The "Wounded Warrior and Family Hotline" has two purposes:

\* To provide soldiers wounded and injured in support of the Global War on Terror and their families with a resource to obtain outpatient-related assistance regarding issues they have not been able to resolve through their own chain of command or medical treatment facility (MTF).

\* To capture timely and accurate information from soldiers and their families on the quality of outpatient care in order to ensure prompt and thorough response to concerns and to increase the reality and perception of soldiers receiving timely, quality care.

**Additional Information:** Also available is the National Resource Directory, an online partnership of "shared care" providing information on, and access to, services and resources for wounded, ill and injured service members and veterans, their families and families of the fallen, and those who support them from recovery and rehabilitation to community reintegration. It is maintained by the Departments of Defense, Labor and Veterans Affairs. The information in the Directory is from federal, state and local governmental agencies; veteran service and benefit organizations; non-profit community-based and faith-based organizations; academic institutions,

<continued...>

professional associations and philanthropic organizations. See this web site at <http://www.nationalresourcedirectory.org/>

In addition, the Wounded Warrior Resource Center (online) provides wounded service members, their families and caregivers with information they need in the areas of military facilities, health care services and benefits. See this web site at <http://www.woundedwarriorresourcecenter.com/>